100 Military Rd, West Lakes Shore SA 5020
t: + 08 8242 3288
w: rowingsa.asn.au

West Lakes Permit Conditions

1. Purpose

Rowing activities conducted at West Lakes are subject to the City of Charles Sturt Aquatic Use Permit and associated operational conditions.

All persons participating in rowing activities at West Lakes must comply with applicable permit conditions, Rowing SA operational directions, and any temporary safety or operational requirements issued from time to time.

This document provides operational guidance relating to the City of Charles Sturt Aquatic Use Permit and associated operational requirements applying to rowing activities conducted at West Lakes.

This document supports:

- safe rowing operations.
- shared use of public spaces.
- compliance with permit conditions.
- and protection of Rowing SA's ongoing access to waterways and reserve areas.

This document should be read in conjunction with:

- the Rowing SA Safety and Training Policy.
- event operational procedures.
- emergency management procedures.
- and applicable legislation.

2. Permit Operating Hours

Unless otherwise approved under permit conditions or specific event approvals:

- permitted activities are restricted to 0600 hours to 2000 hours Monday to Saturday; and
- 0700 hours to 2000 hours on Sundays and Public Holidays.

Participants, clubs, schools, and coaches are expected to ensure rowing activities operate within approved operational times.

3. Shared Use of Public Areas

The West Lakes precinct is a shared public environment used by rowers, coaches, cyclists, pedestrians, residents, reserve users, and members of the public. Public access routes, pathways, and emergency access points must remain unobstructed at all times.

Participants, coaches, clubs, schools, officials, volunteers, contractors, and spectators are expected to support the safe shared use of pathways, reserves, waterways, and public areas.

Public access to local government land must be maintained at all times unless specific event approvals or reserve bookings apply.

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4. Shared Path and Coaching Requirements

The West Lakes shared pathways are public environments used by pedestrians, cyclists, runners, residents, reserve users, and rowing participants. Coaches and support personnel operating bicycles or vehicles near shared paths must exercise caution at all times and operate in a safe and respectful manner.

Coaches using bicycles for operational or coaching activities must ensure bicycles are maintained in a safe and roadworthy condition and comply with applicable South Australian Road rules and cycling requirements.

This includes ensuring bicycles are fitted with:

- effective braking systems;
- required lighting during low-light conditions;
- and any other mandatory safety equipment required by law.
- approved bicycle helmets must be worn at all times while operating bicycles in connection with rowing activities.

Coaches are expected to act respectfully and professionally while operating within shared public environments.

Unsafe or aggressive behaviour toward pedestrians, cyclists, members of the public, or other waterway users is not acceptable.

The following requirements are mandatory for coaches operating bicycles in connection with rowing activities at West Lakes:

Requirement	Mandatory Requirement
High Visibility Vest	Coaches must wear an approved high-visibility vest issued or approved by Rowing SA.
Coach Identification Number	Coaches must display their allocated coach identification number, so it is clearly visible while operating on shared paths and public reserves.
Helmet Use	Approved bicycle helmets must be worn at all times.
Lighting	Bicycles used during low-light conditions must display the lighting required by law.
Shared Path Use	Coaches must give way to pedestrians and operate safely around all shared path users.
Mobile Phones	Mobile phones must not be used unsafely while riding.
Obstruction	Coaches must not obstruct pathways, emergency access points, or public access areas.

Unsafe or aggressive behaviour toward pedestrians, cyclists, members of the public, or other waterway users is not acceptable.

Coaches are expected to act respectfully and professionally while operating within shared public environments.

The use of bicycles is not permitted on shared paths adjacent to any course being used for a Rowing SA Regatta, for the duration of that regatta, unless explicit permission has been granted by the Regatta Referee.

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Coach and Club/School Identification Numbers

Coach identification numbers assist:

- permit compliance;
- operational identification;
- community management;
- and reporting of operational concerns.

Failure to comply with coach identification or high visibility vest requirements may result in:

- removal from operational activities;
- restrictions on coaching access;
- or further disciplinary action.

The vest/ID number allocated to each affiliated club or school for the purpose of coach and support-personnel identification is set out below.

Clubs and schools must ensure coaches and support personnel display the correct allocated number on their high-visibility vest at all times while operating on the shared path.

Vest/ID Number	Club / School Name
1	Adelaide High School
2	Adelaide Rowing Club
3	Adelaide University Boat Club
4	Christian Brothers College
5	Loreto College
6	Norwood International High School
7	Prince Alfred College
8	Pembroke School
9	Pulteney Grammar School
10	Riverside
11	Saint Ignatius' College
12	SASI
13	Scotch College
14	Seymour College
15	St Peters College
16	St Peters Girls
17	Torrens Rowing Club
18	Unley High School
19	Walford
20	Wilderness School
21	Other/Not Assigned
22	Rowing SA - State Team

5. Safety Vessels and On-Water Operations

Safety vessel requirements for regattas and organised on-water activities are managed through Rowing SA event operational procedures and applicable permit conditions. Clubs and schools must comply with any directions issued for their activities.

6. Adverse Weather and Low-Light Operations

No on-water activity is to be conducted during adverse weather conditions where the health or safety of any person may be endangered.

Persons engaged in water activities before daylight or after dark must use lighting equipment as required under applicable South Australian requirements and as outlined by Rowing SA.

At West Lakes, activation of the finish tower red light should be treated as an operational indicator that low-light conditions exist, and lighting requirements apply. The red light operates via a light-sensitive switch and will generally activate during periods of darkness or reduced visibility.

Failure of the red light, sensor, or associated equipment does not remove the obligation to comply with applicable lighting requirements. Rowers, coaches and clubs remain responsible for assessing visibility and ensuring boats display the required lights whenever conditions require, regardless of whether the red light is operating.

All participants must ensure boats are equipped with lights and operate in accordance with the Rowing SA Boat Lighting Requirements when low visibility conditions are present.

7. Vehicle Access and Parking

- Vehicle access to reserve areas is only permitted where authorised under permit conditions, approved through separate access approvals,
- Participants and visitors must comply with parking restrictions, operational traffic management directions, Council By-Laws, and any temporary event parking controls.
- Emergency access routes, pathways, and operational areas must not be obstructed.

Vehicle access to local government land is only permitted where:

- specifically authorised under the permit; or
- approved by separate vehicle access permit.
- or authorised by Rowing SA operational direction.

All persons attending rowing activities must comply with:

- Australian Road Rules;
- Council By-Laws;
- parking restrictions;
- signage;
- and operational traffic management directions.

Where required for events or regattas, responsible marshals may be appointed to assist with vehicle and trailer management.

8. Voice amplification devices and coaching near residential properties

In accordance with the City of Charles Sturt Aquatic Use Permit conditions, the use of voice amplification devices for general coaching purposes is prohibited.

This includes:

- megaphones;
- amplified speakers;

- PA systems;
- and similar amplification devices.

Voice amplification devices may only be used in connection with major sanctioned events, such as organised regattas, after 0900 hours and in accordance with applicable permit conditions and Rowing SA operational directions.

The permit conditions are intended to minimise adverse impacts associated with organised aquatic activities while recognising the normal and transient nature of rowing and public reserve use.

Coaches must not remain positioned in front of residential properties for extended periods while providing instructions to crews:

- before 7:00am;
- after 6:00pm;
- or in a manner inconsistent with permit conditions.

Transient movement along shared pathways while communicating at normal conversational levels is not prohibited.

Where practical, instructions to crews should be provided from reserve areas along the lake.

The use of:

- 2-way radios;
- coxbox systems;
- and headset communication systems

is encouraged where appropriate.

Voice amplification within boats, including coxbox systems, is permitted:

- between 0600 hours and 2000 hours Monday to Saturday; and
- between 0700 hours and 2000 hours on Sundays and Public Holidays.

To minimise noise disturbance to nearby residents, sound levels must be set at the lowest effective level.

Event Operations and Reserve Use

- Separate reserve bookings, event approvals, or permit conditions may apply for regattas, Head of the River, pathway activities, major events, and any other activity specifically approved by Rowing SA or Council.
- Event organisers may be required to provide event safety plans, emergency management procedures, traffic management, first aid arrangements, operational marshals, and public notifications.
- Safety vessel requirements for regattas and organised on-water activities are managed through Rowing SA event operational procedures and applicable permit conditions. Clubs and schools must comply with any directions issued for their activities.
- Operational directions issued by Rowing SA during events must be complied with.

9. Advertising, Commercial Activities and Food Operations

Commercial advertising, food sales, and commercial activities conducted on local government land may require:

- Council approval.

- Environmental Health approvals.
- reserve booking approval.
- or Rowing SA approval.

External food vendors, caterers, coffee vendors, or commercial operators engaged within Rowing SA managed areas must obtain prior approval from Rowing SA.

10. Media and Controlled Operational Areas

- Photography, videography, livestreaming, and media activities conducted within controlled operational areas must comply with the Rowing SA Photography and Media Policy.
- Approved media personnel may be required to hold accreditation; wear approved high visibility identification and comply with operational directions and restricted area controls.

11. Compliance and Operational Directions

- All participants, clubs, schools, coaches, officials, volunteers, contractors, and affiliated organisations are expected to comply with this document, Council permit conditions, operational directions issued by Rowing SA, and applicable legislation.
- Failure to comply with permit conditions, safety requirements, operational directions, or shared path requirements may result in operational restrictions, removal from activities, suspension of participation, financial penalties, or other action under Rowing SA policies and procedures.

12. Related Documents

This document should be read in conjunction with:

- Rowing SA Safety and Training Policy.
- Rowing SA Emergency Management Procedures.
- Rowing SA Incident Reporting Procedure.
- Rowing SA Photography and Media Policy.
- Rowing SA Motor Vehicle Policy.
- Rowing SA Boat Lighting Requirements
- City of Charles Sturt permit conditions; and applicable legislation.

13. Version Control

Version	Date	Summary of Changes	Author
1.0	1 July 2026	Document approved and issued.	Rowing SA
1.1	15 October 2026	Section 8 (Voice amplification devices and coaching near residential properties): coxbox sound-level wording updated to match the corrected City of Charles Sturt Aquatic Activity Permit.	Christine Newberry, Operations Manager