

2027 Masters State Team Event Requirements

BACKGROUND

The Rowing SA State Team Selection Policy outlines the broad selection criteria for all rowers and coxswains and can be viewed on the [Rowing SA website](#). This document operates as a supporting document to the Selection Policy and outlines the activities that athletes must complete to be eligible for selection for the Masters Men's and Women's Eight and Quad.

All athletes must complete all activities stipulated in these Event Requirements unless there are Extenuating Circumstances (as defined in the Selection Policy) that prevent this.

EVENT REQUIREMENTS - ACTIVITIES & KEY DATES

Activity	Athletes	Coxswains	See note(s)	Date
Athlete nominations open; Coach and Selector EOI open			1, 2	12 October 2026
Coach and Selector EOI close				26 October 2026
State Team Culture, Values, Behaviour Development & Goal Setting Session	Recommended	Recommended	15	20 November 2026
January West Lakes Regatta	Recommended	Recommended	8	16 January 2027
Nominations close for athletes				29 January 2027
February West Lakes Regatta	Mandatory	Mandatory	8	6 February 2027
1000m Erg Test	Mandatory	Not Required	7	1 – 14 February 2027
Training Squad Announced			11	17 February 2027
March West Lakes Regatta	Mandatory	Mandatory	8	6 March 2027
IF REQUIRED: Seat Racing and/or Speed Order (to select squad)	Mandatory	Mandatory	9	7 March 2027
1000m Erg Test	Mandatory	Not Required	7	8 – 28 March 2027
Masters & Sprint Regatta #1	Mandatory	Mandatory	8, 9	3 April 2027
IF REQUIRED: Seat Racing and/or Speed Order - morning by negotiation/availability (to select final crews)	Mandatory	Mandatory	9	4 April 2027
Crews Announced				7 April 2027
State Team Presentation Event <i>Following the Masters State Championship Regatta where selected athletes are strongly encouraged to attend</i>				17 April 2027
Australian Masters Rowing Championships (Canberra)	Mandatory	Mandatory	10	19 – 22 May 2027

- ELIGIBILITY:** Athletes seeking selection must fulfil all requirements in the [Rowing SA Selection Policy](#).
- NOMINATIONS:** Athletes seeking selection are required to nominate via the [Rowing SA Website](#). The Selectors may, at their discretion, accept late nominations up to the completion of the selection events. Coaches and Selectors apply through the CSSP expression of interest process (12 – 26 October 2026) and are selected by the CSSP and appointed by the Rowing SA Board ratifying the CSSP's decision.

Coach and Selector expressions of interest close: 5:00pm on Monday 26 October 2026.

Nominations Close (athletes): 11:59pm on Friday 29 January 2027.

- AGE CATEGORIES:** The Masters Interstate boats are all category D. This is an average age of 50 years or more. Rowing SA Selectors must select a D grade crew. All athletes are encouraged to nominate but be aware that selection decisions are tied to the age requirements and as such a slower athlete may be selected to meet this requirement.

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4. **AGE REQUIREMENTS:** Coxswains for the Masters State Team are not restricted by age, for example a school student of either gender can cox a masters crew.
5. **INTERSTATE NOMINEES:** Athletes who have also nominated for the Interstate State Team will need to communicate this upon nomination with the Selectors. Athletes are required to fulfil the Interstate requirements as a priority. Any conflicting priorities must be discussed with the Selectors in advance. It is at the Selectors' discretion to dismiss, extend or replace requirements in these circumstances.
6. **MANDATORY EVENTS:**

Activities listed as Mandatory in the table above apply to all athletes. Athletes who cannot participate in any of the mandatory selection activities must apply for an exemption for each activity that they are unable to participate in. Athletes are encouraged to compete in single or pair events throughout the season.
7. **ERGOMETER TESTING:** Is to be conducted in line with Australian Rowing Team Ergometer Testing protocols, available on the Rowing Australia website. Ergo tests are not permitted to be completed on sliders.
 - a. **1000m:** must be completed at athletes' clubs and must be supervised by a coach or another club athlete. The 1000m tests are to be completed within the allocated dates, with results submitted on the [Rowing SA Website](#).
 - b. Should the Selectors require further erg testing sufficient notice must be provided and follow the protocols above. Athletes are required to complete any additional ergs within reason.
8. **FEBRUARY, MARCH & APRIL REGATTAS:** All athletes are required to participate in the February and March West Lakes Regattas, and the Masters & Sprint Regatta #1 in April.
 - a. Rowers are required to race in either a single or a pair.
 - b. Rowers are strongly encouraged to compete in other boat categories in addition to the small boat.
 - c. Coxswains are encouraged to participate and cox at least one crew
9. **SEAT RACING/SPEED ORDER:** The Selectors reserve the right at their sole discretion whether to conduct seat racing/speed order and to choose the crew combinations and the matrix of seat racing should this occur. Selectors reserve the right to conduct a Speed order trial where seat racing is not required or after the crew has been selected. The Selectors reserve the right to nominate a priority crew depending on a crew's prognostic speed. Seat racing, if required, will be held on Sunday 7 March 2027 and Sunday 4 April 2027.
10. **AUSTRALIAN MASTERS ROWING CHAMPIONSHIPS:** All successful athletes are required to compete in the Masters Interstate Race and in at least one other event at the Masters Rowing Championships unless otherwise negotiated with the Selectors.
11. **TRAINING:** All athletes are expected to be completing a full training load outside of State Team Event Requirements.
 - a. **Pre-Selection:** Squads will be required to train during the selection process. Trainings will be organised by the Coach in consultation with Athletes. Athletes must make reasonable effort to be available for trainings.
 - b. **Post-Selection:** Trainings will be organised by coaches in consultation with crews. Athletes must be available (within reason) for trainings up until the conclusion of the Australian Masters Rowing Championships.
12. **LIGHTWEIGHT ATHLETES:** No adjustments will be made for lightweight athletes nominated for heavyweight crews. Lightweight athletes who have nominated for Heavyweight crews will need to complete all testing and selection events under heavyweight criteria.
13. **COXSWAIN SELECTION:** Coxswain selection is solely up to the Coaches and Selectors and will be determined by:
 - a. Their coxing CV, skills and history
 - b. Rapport with the athletes
 - c. Target weight of 55kg
 - d. Application of knowledge and ability to command a crew and steer straight.

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- e. Communication and commitment to training.

Should the Selectors require more information they will inform nominees of the next requirements with due notice.

14. **COACHES:** Coaches are selected by the CSSP and appointed by the Rowing SA Board ratifying the CSSP's decision. Coaches must hold a current NCAS accreditation (minimum Level 1 for Masters roles) and a current Working with Children Check (By-Laws clause 2.1), complete an induction with Rowing SA before commencing, organise boats and equipment in line with the Rowing SA 2027 Equipment Policy, declare any conflicts of interest under the Conflict of Interest Policy, and uphold the Rowing SA Values and contribute to the development of the State Team Values and Behaviour Framework and State Team Athlete Experience Standards.
15. **VALUES AND CULTURE:** All athletes, coxswains and coaches must uphold the Rowing SA Values and comply with the Code of Conduct. Masters nominees are strongly encouraged to attend the State Team Culture, Values, Behaviour Development & Goal Setting Session.
16. **APPEALS AND CONDUCT:** Concerns about a selection decision must be raised in accordance with the Rowing SA 2027 Appeals Policy, starting within 48 hours of Official Notification. Formal Appeals are heard by an Independent Appeals Tribunal under clauses 7 and 8 of the Rowing SA By-Laws. Conduct matters are dealt with under clause 10 of the By-Laws and are not selection appeals.
17. **SELECTION DATA:** To support transparency, Selection Data (as defined in the Selection Policy) will be shared with nominated athletes after each selection activity, so they can see their own results and those of other nominees in the Masters program. Medical, exemption and personal information remains confidential. Refer to section 8 of the Selection Policy.

Please Note: Rowing South Australia ("Rowing SA") will review these Event Requirements by no later than October of each year but may review and update these Event Requirements at any time, including by announcing and publishing further or varied requirements and standards prior to the relevant event or trial and the publication or notification shall take effect in accordance with the Rowing SA Selection Policy.