

2027 Pathway State Team Event Requirements

BACKGROUND

The Rowing SA State Team Selection Policy outlines the broad selection criteria for all rowers and coxswains and can be viewed on the Rowing SA website. This document operates as a supporting document to the Selection Policy and outlines the activities that nominees must complete to be eligible for selection consideration in a Pathway Crew.

Please note athletes who are also seeking Australian Rowing Team selection will need to satisfy the requirements set out in the corresponding Event Requirements set by Rowing Australia.

All athletes must complete all activities stipulated in these Event Requirements unless there are Extenuating Circumstances (as defined in the Selection Policy) that prevent this.

EVENT REQUIREMENTS - ACTIVITIES & KEY DATES

Activity	State Team	Type (Minimum)	See note(s)	Date
Promotional booklet released (program, process, event locations and costs)	Pathway		2	October 2026
Nominations open (school and club nominations)	Pathway		1, 2	12 October 2026
Coach and Selector EOI (selected by the CSSP)	Pathway		2	12 – 26 October 2026
2000m Erg, Rate 24	Pathway	Mandatory	3, 4	2 – 13 November 2026
Nominations close	Pathway		1, 2	13 November 2026
State Team Culture, Values, Behaviour Development & Goal Setting Session	Pathway	Recommended	13	20 November 2026
Pathway Trial and Training Day #1 – 2 x 1500m Time Trials (1x or 2-) and crew boat training	Pathway	Mandatory	3, 11	29 November 2026
National Time Trial (All State Teams) – 1x or 2- (recommended, not mandatory)	Pathway	Recommended	11	19 December 2026
2000m Erg (Open)	Pathway	Mandatory	3, 4	1 – 29 January 2027
Pathway Trial and Training Day #2 – Seat Racing and crew boat training	Pathway	Mandatory	3, 6, 7, 8, 11, 12	31 January 2027
Squad announced (travelling squad)	Pathway		12	3 February 2027
2000m Erg (Open)	Pathway	Mandatory	3, 4, 7	1 February – 8 March 2027
<i>South Australian Rowing Championships</i>			5	19 – 21 February 2027
State Team Presentation Function	Pathway	Mandatory	3	14 March 2027
<i>Australian Rowing Championships</i>				15 – 21 March 2027
Pathways Squad and Junior Trials training window, including final crew seat racing	Pathway	Mandatory	3, 6, 8, 9, 12	30 March – 9 April 2027
Final crews announced (U19 8+, U19 4x, U17 4x)	Pathway		12	3 April 2027
2000m Erg (U19 trialists only)	Pathway	Mandatory	4	5 April 2027
Pathway Regatta	Pathway	Mandatory	8	11 – 13 April 2027 (TBC by RA)
U19 Australian Trials (U19 trialists)	Pathway			11 – 15 April 2027 (TBC by RA)

1. **ELIGIBILITY:** Athletes, Coxswains and Coaches seeking selection must fulfil all requirements in the Rowing SA Selection Policy.

Athletes and Coxswains to be considered for Pathway crews must be classified as either an Under 19 rower until 31 December of the year in which the rower reaches the age of 18; or an Under 17 rower

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until 31 December of the year in which the rower reaches the age of 16. The 2027 Pathway State Team will select three crews per gender: U19 8+, U19 4x and U17 4x.

2. **NOMINATIONS:** Athlete nominations are submitted via the Rowing SA Website by each school's Head Coach or Director of Rowing, or by a Club representative. Nominations will not be received directly from athletes. Coaches and Selectors apply through the CSSP expression of interest process (12 – 26 October 2026) and are selected by the CSSP and appointed by the Rowing SA Board ratifying the CSSP's decision.

Each school may nominate up to 8 athletes of each gender, inclusive of both U19 and U17 athletes. Schools are not required to fill all 8 positions and are encouraged to nominate their most competitive athletes, including potential late developers, rather than nominating to make up numbers.

Nominations Close: 5:00pm on Friday 13 November 2026.

- a. Coxswains must submit a coxing CV, including one coaching referee, and one recent coxswain race_recording (recorded in 2026). The CV should outline coxing history, past performance, and relevant experience. Following the consideration of submitted information, coxswains may also be required to submit further recordings and/or participate in a coxswain selection interview.
3. **MANDATORY EVENTS:** Activities listed as Mandatory in the table above apply to all nominees. Nominees who cannot participate in any of the mandatory selection activities must apply for an exemption for each activity that they are unable to participate in.

Coaches will be required to complete an induction with Rowing SA before commencing. Coaches must also hold a current Working with Children Check, as required by the Selection Policy and clause 2.1 of the Rowing SA By-Laws.

1. **ERGOMETER TESTING:** Is to be conducted in line with Australian Rowing Team Ergometer Testing protocols, available on the [Rowing Australia website](#).
 - a. All ergo testing must be completed at the athletes' club/school and be supervised by the athlete's club or school coach. Results must be submitted on the day of completion via the Rowing SA Website.
 - b. Upon submission, athletes will be required to provide a photo of the erg memory screen, Concept 2 reference number, and identify the coach that supervised.
 - c. Directors/Head Coaches will submit the following erg results for nominated athletes: a 2000m Rate 24 test by 13 November 2026 (testing window 2 – 13 November); a 2000m Open test by 29 January 2027 (testing window 1 – 29 January); and a 2000m Open test by 8 March 2027 (testing window 1 February – 8 March). U19 triallists will complete a further 2000m test on 5 April 2027.
2. **SOUTH AUSTRALIAN ROWING CHAMPIONSHIPS:** All nominees are encouraged to participate in the South Australian Rowing Championships.
3. **SEAT RACING:** Selectors reserve the right at their sole discretion to choose the crew combinations and the matrix of seat racing. All nominees are required to be available to attend seat racing. Seat racing at Trial and Training Day #2 on Sunday 31 January 2027 will determine selection into the Pathway travelling squad. Final crew composition will be determined through additional seat racing within the Pathways Squad and Junior Trials training window (30 March – 9 April 2027).
4. **LIGHTWEIGHT ATHLETES:** No adjustments will be made for lightweight athletes as selection is for heavyweight crews.
5. **COXSWAINS:** have a target weight of 55kg at Seat Racing, and the Pathway Regatta.
6. **TRAINING:** All athletes are expected to be completing a full training load and training outside of Pathway State Team Event Requirements. Training is mandatory for all selected athletes/coxswains.

Approved by the Rowing SA Board, 12 October 2026

Coaches will use this opportunity to look at the selected crew cohesion and adjust seating orders to determine the optimum configuration.

Training commences after the Australian Rowing Championships, within the Pathways Squad and Junior Trials training window (30 March – 9 April 2027), with training mandatory and scheduled throughout the school holidays. Please note this is after school rowing obligations conclude. It is an expectation that all athletes, coxswains, and coaches are available to train during this period leading up to the competition. If athletes are unavailable, they may not be selected.

Any additional trainings/changes to these dates will be managed by the coach and communicated via email.

Additional trainings may be scheduled by coaches as required and in consultation with athletes. This will be managed by the coach and communicated via email.

7. **OTHER REQUIREMENTS (Coaches only):** Coaches will need to fulfil the following criteria.
 - a. Organise boats and other equipment in line with the Rowing SA 2027 Equipment Policy.
 - b. Within reason, be available and participate in meetings and development sessions with the Coaching Team, and Selectors where necessary.
 - c. Work as a part of the Coaching Team, one vision one team.
 - d. Communicate professionally and appropriately with all stakeholders including but not limited to:
 - i. Athletes
 - ii. Parents
 - iii. Coaches
 - iv. Selectors
 - v. Rowing SA including the Board.
 - vi. Media outlets, only where authorised by Rowing SA
 - e. Remain objective, unbiased and respect and uphold the decisions of the Selectors.
 - f. Respect confidentiality, especially in regard to selection decisions and information as well as athlete medical and personal information.
 - g. Uphold the Rowing SA Values and contribute to the development of the State Team Values and Behaviour Framework and State Team Athlete Experience Standards.
 - h. Declare any conflicts of interest in accordance with the Conflict of Interest Policy.
8. **TIME TRIAL AND TRAINING/TRIAL DAYS:** Trial and Training Day #1 on Sunday 29 November 2026 includes two 1500m Time Trials in a single scull (1x) or coxless pair (2-), followed by crew boat training, with athletes allocated to crews based on coach input, time trial results and submitted data. Attendance is expected of all nominated athletes. The National Time Trial on Saturday 19 December 2026 is recommended but not mandatory and gives athletes further racing experience and exposure to the broader State Team environment. The 29 November and 19 December Time Trials do not carry weight in final selection, although results may inform invitations to the next stage depending on the number of nominations received. Trial and Training Day #2 on Sunday 31 January 2027 includes seat racing, which determines selection into the travelling squad, followed by crew boat training (time permitting).
9. **SQUAD AND FINAL CREW SELECTION:** A travelling squad of 32 athletes plus coxswains will be announced on Wednesday 3 February 2027, so athletes and families can plan and book travel early. Final crews (specific boats and seats) will be announced on 3 April 2027. The mid-2027 international campaign crews (4x, male and female) will be selected from both Junior trialling athletes and Pathway State Team athletes.
10. **VALUES AND CULTURE:** All athletes, coxswains and coaches must uphold the Rowing SA Values and comply with the Code of Conduct. Pathway nominees are strongly encouraged to attend the State Team Culture, Values, Behaviour Development & Goal Setting Session.
11. **APPEALS AND CONDUCT:** Concerns about a selection decision must be raised in accordance with the Rowing SA 2027 Appeals Policy, starting within 48 hours of Official Notification. Formal Appeals are heard by an Independent Appeals Tribunal under clauses 7 and 8 of the Rowing SA By-Laws. Conduct matters are dealt with under clause 10 of the By-Laws and are not selection appeals.

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12. **SELECTION DATA:** To support transparency, Selection Data (as defined in the Selection Policy) will be shared with nominated athletes and coxswains after each selection activity, so they can see their own results and those of other nominees in the Pathway program. Medical, exemption and personal information remains confidential. Consent to share Selection Data, including parent or guardian consent for athletes under 18, is given as part of the nomination. Refer to section 8 of the Selection Policy.

Please Note: Rowing South Australia ("Rowing SA") will review these Event Requirements by no later than October of each year but may review and update these Event Requirements at any time, including by announcing and publishing further or varied requirements and standards prior to the relevant event or trial and the publication or notification shall take effect in accordance with the Rowing SA Selection Policy.