

2027 Oceania U22 State Team Event Requirements

BACKGROUND

The Rowing SA State Team Selection Policy outlines the broad selection criteria for all rowers and coxswains and can be viewed on the Rowing SA website. This document operates as a supporting document to the Selection Policy and outlines the activities that nominees must complete to be eligible for selection consideration in the SA Oceania U22 Team.

All athletes must complete all activities stipulated in these Event Requirements unless there are Extenuating Circumstances (as defined in the Selection Policy) that prevent this.

EVENT REQUIREMENTS - ACTIVITIES & KEY DATES

Activity	State Team	Type (Minimum)	See note(s)	Date
Athlete and coxswain nominations open; Coach and Selector EOI open	Oceania		1, 2	12 October 2026
Coach and Selector EOI close	Oceania		2	26 October 2026
5000m Erg	Oceania	Recommended	3, 4, 7	26 October – 13 November 2026
Nominations close for athletes and coxswains	Oceania		1, 2	13 November 2026
November 5000m Time Trial	Oceania	Mandatory	3	20 November 2026
State Team Culture, Values, Behaviour Development & Goal Setting Session	Oceania	Recommended	3, 12	20 November 2026
Training Squads #1 Announced	Oceania		8	21 November 2026
2000m Erg	Oceania	Mandatory	3, 4, 7	16 – 30 November 2026
December 5000m Time Trial	Oceania	Mandatory	3	19 December 2026
Training Squads #2 Announced	Oceania		8	19 December 2026
January West Lakes Regatta	Oceania	Recommended	5, 7	16 January 2027
5000m Erg	Oceania	Mandatory	3, 4, 7	1 February 2027
February West Lakes Regatta	Oceania	Mandatory	3, 5, 7	6 February 2027
Seat Racing (if required) and/or Speed Order (if required)	Oceania	Mandatory	3, 6, 7	7 February 2027
South Australian Rowing Championships			7, 10	19 – 21 February 2027
March West Lakes Regatta	Oceania	Mandatory	3, 5, 7	6 March 2027
Seat Racing and Coxswain Interviews	Oceania	Mandatory	2, 3, 6, 7	7 March 2027
2000m Erg	Oceania	Mandatory	3, 4, 7	8 March 2027
Crews Announced	Oceania			10 March 2027
Oceania Team Presentation Event	Oceania	Mandatory	3	14 March 2027
Australian Rowing Championships				15 – 21 March 2027
Oceania U22 Regatta	Oceania	Mandatory	8, 11	TBC – date and location to be confirmed

1. **ELIGIBILITY:** Athletes, Coxswains and Coaches seeking selection must fulfil all requirements in the Rowing SA Selection Policy.

Athletes and Coxswains to be considered for the Oceania Team must be classified as an Under 22 athlete until 31 December of the year in which the rower reaches the age of 21, with the exception of Para athletes where there is no maximum age. Athletes and Coxswains need to have reached the age of 18 as at the first day of competition. Athletes and Coxswains must not have made an U23 or Senior A National Team in the year of competition, nor be a current member of the Australian National Training Centres.

2. **NOMINATIONS:** Athletes and Coxswains seeking selection are required to nominate via the Rowing SA Website. Coaches and Selectors apply through the CSSP expression of interest process (12 – 26 October 2026) and are selected by the CSSP and appointed by the Rowing SA Board ratifying the CSSP's decision.

Nominations Close: 5:00pm on Friday 13 November 2026.

- a. Athletes must submit their best 2000m ergo completed in 2026.
 - b. Athletes must have a high level of competency in sweep rowing as all will be racing in a sweep boat at least once.
 - c. Coxswains must submit a coxing CV, including one coaching referee, and one recent coxswain race recording (recorded in 2026). The CV should outline coxing history, past performance, and relevant experience. Following the consideration of submitted information, coxswains may also be required to submit coxswain recordings and/or participate in a coxswain selection interview.
3. **MANDATORY EVENTS:** Activities listed as Mandatory in the table above apply to all nominees. Nominees who cannot participate in any of the mandatory selection activities must apply for an exemption for each activity that they are unable to participate in.

Coaches will be required to complete an induction with Rowing SA before commencing. Coaches must also hold a current Working with Children Check, as required by the Selection Policy and clause 2.1 of the Rowing SA By-Laws.

1. **ERGOMETER TESTING:** Is to be conducted in line with Australian Rowing Team Ergometer Testing protocols, available on the [Rowing Australia website](#).
 - a. All ergo testing must be completed at the athletes' club/school and be supervised by the athlete's club or school coach. Results must be submitted on the day of completion via the Rowing SA Website.
 - b. Upon submission, athletes will be required to provide a photo of the erg memory screen, Concept 2 reference number, and identify the coach that supervised.
2. **WEST LAKES REGATTA:** All nominated athletes are required to participate in the Small Boat Combine event. Athletes are required to race in either a single scull or a pair. **It is up to the athlete to ensure their club/school enters them prior to close of entries as no late entries can be accepted into regattas.** Results from both the heat and final may be considered by the Selectors, and athletes are required to compete in both, unless exemption is granted. Progressions will be managed by the Regatta Manager and will not be guaranteed.
3. **SEAT RACING:** The Selectors reserve the right at their sole discretion to determine how the days reserved for Seat Racing will be used, to choose the crew combinations and the matrix of seat racing. All nominees are required to be available to attend seat racing. Seat racing will be held on Sunday 7 February and Sunday 7 March 2027. The Selectors reserve the right to include further seat racing or speed order events, if necessary, prior to crews being announced on Wednesday 10 March 2027.
4. **LIGHTWEIGHT ATHLETES & COXSWAINS:** Selectors will need to monitor lightweight athletes and coxswains to ensure they are tracking in line with their submitted weight management plan with their coaches.
 - a. Coxswains to have a target weight of 55kg at Seat Racing, and the Oceania Regatta.
 - b. Athletes must be no greater than the following weights for all mandatory selection events and the Oceania Regatta:
 - i. Men: 75kg
 - ii. Women: 62kg
5. **TRAINING:** All athletes are expected to be completing a full training load and training outside of Oceania State Team Event Requirements. Training is mandatory for all selected athletes/coxswains. Coaches will use this opportunity to look at the selected crew cohesion and adjust seating orders to determine the optimum configuration.

Training squads will be announced on 21 November and 19 December 2026. Crew training will commence following the crew announcement on 10 March 2027, leading into the Oceania U22

Regatta.

Any additional trainings/changes will be managed by the coach and communicated via email.

Additional trainings may be scheduled by coaches as required and in consultation with athletes. This will be managed by the coach and communicated via email.

6. **OTHER REQUIREMENTS (Coaches only):** Coaches will need to fulfil the following criteria.
 - a. Organise boats and other equipment in line with the Rowing SA 2027 Equipment Policy.
 - b. Within reason, be available and participate in meetings and development sessions with the Coaching Team, and Selectors where necessary.
 - c. Work as a part of the Coaching Team, one vision one team.
 - d. Communicate professionally and appropriately with all stakeholders including but not limited to:
 - i. Athletes
 - ii. Parents
 - iii. Coaches
 - iv. Selectors
 - v. Rowing SA including the Board.
 - vi. Media outlets, only where authorised by Rowing SA
 - e. Remain objective, unbiased and respect and uphold the decisions of the Selectors.
 - f. Respect confidentiality, especially in regard to selection decisions and information as well as athlete medical and personal information.
 - g. Uphold the Rowing SA Values and contribute to the development of the State Team Values and Behaviour Framework and State Team Athlete Experience Standards.
 - h. Declare any conflicts of interest in accordance with the Conflict of Interest Policy.
7. **SOUTH AUSTRALIAN ROWING CHAMPIONSHIPS:** All nominees are encouraged to participate in the 2027 South Australian Rowing Championships (19 – 21 February 2027).
8. **OCEANIA U22 REGATTA:** The date and location of the 2027 Oceania U22 Regatta are yet to be confirmed. Rowing SA will publish the competition details, crew training schedule and travel arrangements as soon as they are confirmed.
9. **VALUES AND CULTURE:** All athletes, coxswains and coaches must uphold the Rowing SA Values and comply with the Code of Conduct. Nominees are strongly encouraged to attend the State Team Culture, Values, Behaviour Development & Goal Setting Session.
10. **APPEALS AND CONDUCT:** Concerns about a selection decision must be raised in accordance with the Rowing SA 2027 Appeals Policy, starting within 48 hours of Official Notification. Formal Appeals are heard by an Independent Appeals Tribunal under clauses 7 and 8 of the Rowing SA By-Laws. Conduct matters are dealt with under clause 10 of the By-Laws and are not selection appeals.
11. **SELECTION DATA:** To support transparency, Selection Data (as defined in the Selection Policy) will be shared with nominated athletes and coxswains after each selection activity, so they can see their own results and those of other nominees in the Oceania U22 program. Medical, exemption and personal information remains confidential. Refer to section 8 of the Selection Policy.

Please Note: Rowing South Australia ("Rowing SA") will review these Event Requirements by no later than October of each year but may review and update these Event Requirements at any time, including by announcing and publishing further or varied requirements and standards prior to the relevant event or trial and the publication or notification shall take effect in accordance with the Rowing SA Selection Policy.