

2009/10 Annual Report



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our supporters

Rowing South Australia would like to thank the following valued Partners, Supporters and Stakeholders for the continued support they provide to rowing in South Australia.



Government of South Australia
Office for Recreation and Sport

be active.



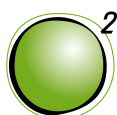
South Australia.
A brilliant blend.



South Australian Sports Institute



Australian Government
Australian Sports Commission
NATIONAL TALENT ID AND DEVELOPMENT



Pea Squared Design



our vision and mission

"Rowing is the ultimate team sport founded on precision, passion and participation by people of all ages"

OUR VISION:

To be the pre-eminent water sport in South Australia through the development of clubs, enhancing key facilities and actively showcasing the sport.

OUR MISSION:

With sound governance and administration, Rowing SA aims to facilitate the growth and development of rowing in concert with clubs and the wider community.

CORE VALUES:

What guides our day to day actions -

Team Work -

Rowers pull together towards a common goal.

Educational -

Rowers learn self-discipline and motivation together with commitment and a spirit of fair play.

Focus -

Rowers require total concentration on the ultimate objective in order to harness power and precision in this demanding endurance sport.

Traditional -

Rowers transmit time-honoured values and shared experiences to future generations.

Environmental -

Rowers respect and safeguard the water and its surroundings.

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organisational structure

Patron	His Excellency Rear Admiral Kevin Scarce, AC, CSC, RANR, Governor of South Australia
Vice Patrons	The Right Honourable Lord Mayor of Adelaide, Mr Michael Harbison Mayor of the City of Charles Sturt, Mr Harold Anderson AM JP
President	Bob Pennington
Vice-Presidents	Lou Crotti / Michael Eastaughffe / Rod Elleway / Luigi Lippis / Bob Russell / Penny Halliday / Paul Logan

EXECUTIVE BOARD

Chairman	Bob Pennington
Secretary	Michael Eastaughffe
Elected Members	Paul Logan / Alastair McLachlan / Mitch Oliver / Andrew Randell / Steve Pennington / John Oliver (resigned Nov. 2009)

COMMISSIONERS

Finance	Trevor Hirth
Building	Alastair McLachlan
Legal Advisor	Lou Crotti
Umpires	Paul Logan
Masters	Doug Raymond
Volunteers	Penny Halliday
Heritage	Vacant
Regatta	Bob Pennington
Rowing Australia	Michael Eastaughffe

ROWING SA PERSONNEL

General Manager	Deb White
State Development Officer	Lucy Vadasz
Admin/Operations	Mike Giffen (resigned Feb. 09)
Regatta Operations/Finance	Chris Firth
State Team Manager	Meridee McClean
State Team Selectors	Jason Lane / Alastair McLachlan / James Seppelt / Mitch Oliver / Fearnley Szuster / Lucy Vadasz
Rowing SA Photographers	Hebfotos (Guy Hebblewhite & Cynthia Judd)
Rowing SA Auditor	Wakefield Chartered Accountants

SASI ROWING

Head Coach	Jason Lane
Development Coach	Zoltan Shepherd
SASI Scholarship Coach	Victoria Spencer
NTID Coach	Ron Mobbs

Introducing the 2009-10 Board of Rowing South Australia

Bob Pennington (President/Chairman)



Bob is currently Chairman and President of Rowing SA and is one of Australia's most highly qualified and respected umpires. He is SA's most experienced umpire and acts as the Referee at most local regattas. As a school

boy Bob stroked Saints 1st VIII to inglorious defeat, he then went on to row one season at Adelaide University Boat Club, Adelaide Rowing Club and was Rowing Master at Pembroke & 1st VIII coach for 4 years. He started umpiring in 1980, obtained his State Licence 1980, Australian Umpire 1982 and his FISA licence 1986. He has been on the SARA/Rowing SA Board for over 20 years.

Attended 11 of 12 meetings

Paul Logan (Umpires Commission)



Paul has been on the SARA/Rowing SA Board for over 10 years and his term of office expires this year. Prior to joining the Board he was appointed the Umpires Commission for the Association and still undertakes

this role. Paul began umpiring in 1993, obtained his Australian Licence in 1996, was Secretary of the Rowing Australia Umpires Committee for several years and is currently the Rowing SA Delegate to the National Panel. He was also the Technical Delegate at the 2000 Sydney Olympics. Paul's experience as the Regatta Operations Coordinator will be invaluable with the organising of the 2011 Australian Rowing Championships being held here in Adelaide.

Attended 9 of 12 meetings

Michael Eastaughffe (Secretary/RA Delegate)



Michael has over 41 years of service with the SA Government and is currently the Asset Manager, Projects for the Land Management Corporation.

Michael's involvement in rowing stems back to 1963 when he

commenced rowing at school. He has been a member of the SARA/Rowing SA Board since 1990 and has been a Rowing Australia Councillor since 1991. He is currently the Rowing Australia Technical Delegate and also is SA's Delegate on the Rowing Australia Board. Michael is a FISA accredited umpire and has umpired at World Championships, World Cups, Paralympics and Olympic Games.

Attended 12 of 12 meetings

Steve Pennington



Steve's history with rowing goes back to 1963 when he rowed for Saint Peter's College which includes rowing in the 1st VIII in 1969. Since 1996 he has been a competitive Masters rower and has competed at several World

Master events. He is a Level 3 accredited coach, coach educator and assessor as well as a Level 2 umpire.

Steve has been with the SARA/Rowing SA Board for 12 years and his term expires this current year. During his period with the Board he has occupied terms as Masters Commissioner and Regatta Commissioner. Prior to this year he was Head Coach at Adelaide High School for 10 years where he was also a School Councillor.

Attended 8 of 12 meetings

Alastair McLachlan



Alastair brings to the Board his astute business acumen having a Masters of Business Administration and being a Chartered Accountant along with his passion for supporting the growth and development

of the sport of rowing. For the past 14 years he has been building boats as owner and Managing Director of Johnston Racing Pty Ltd. He has been involved in rowing for the past 28 years, as a schoolboy athlete and 1st VIII coach, club athlete and coach, state athlete and coach (Kings Cup, Presidents Cup and Youth Eight) and Australian athlete. Alastair has a broad understanding of rowing in Australia and a passion to develop and most importantly grow the sport in all categories of participation.

Attended 7 of 12 meetings

Dr Andrew Randell



Andrew is Director of Rowing at PAC. Previously Andrew was the Director of Coaching at The King's School, Parramatta, Technical Coordinator for NSW Rowing Association and Head Rowing Coach at the NSW Institute of

Sport. Andrew's qualifications include a Post Doctorate Fellowship – Exercise and Sports Science, Doctorate of Philosophy in Medicine, a Master of Science (Hons) and a Bachelor of Science. Andrew was Assistant Coach of the Australian Rowing Team at the Beijing Olympics. He has been Head Coach of the Australian U23 team several times and Australian Team Coach in the years prior. An Australian representative himself, and highly regarded and respected in the Rowing community, Andrew brings a wealth of knowledge and experience in rowing at all levels.

Attended 11 of 12 meetings

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Mitch Oliver



Mitch started rowing at Pembroke School and throughout his rowing career has won medals for Australia at the 2006 Commonwealth Rowing Championships. He was also a part of the victorious

2005 SA Men's Youth VIII; he won numerous State Championships for ARC, rowed in the State Team for several years and was a SASI Scholarship holder. As a young leader in the SA rowing community, he brings a voice to the Board that can speak for the needs and desires of all sectors of the rowing community with fairness and impartiality. He has been a committee member for the Adelaide Rowing Club for the last 5 years, including 2 years as Captain from 2007-2009. Mitch has a double D.Eng(Chemical)/B.Eng.(Petroleum) and is currently employed in the oil and gas industry.

Attended 9 of 12 meetings

Lisa Daw (Minute Secretary/ Chairman of the Organising Committee for Aust Rowing Champs 2011)



Lisa is the Minute Secretary for the Board along with being extremely busy as the Chairman of the 2011 Australian Rowing Championships which is being held in Adelaide next year. Lisa has been Company Director and

part owner of a National IT company for 13 years. She has a MBA (Masters in Business Administration) degree and has experience in national administration, business process re-engineering and national event coordination. Lisa has been President of the Seymour College Friends' of Rowing for the 2006 - 2007 seasons and provided support and assistance with the development of the School's 2009 Strategic Rowing Plan.

foundation and honorary life members

FOUNDATION LIFE MEMBERS		Clayton	D E	Elleway	R F	Jeffries	P C
		Clode	G D	Emery	C P	Jones	A G
Amiel*	C W	Coldwell	R K	Evans	M J	Keane	P J
Anderson	J	Coldwell	K L	Farrar	G C	Keene	G
Baciarelli	V	Coldwell	G D	Ferris	F R	Kernot	G J
Boulderstone*	D	Collins	N M	Footer	G L	Keynes	R J
Baumann*	C	Cooper	C	Gardiner	L H	Keynes	G R
Beauchamp	H J	Crompton	D O	Gebhardt	P	Keynes	R B
Beck	D G	Crotti	L R	Giacchino	P	Krichauf*	G F
Bertram	K R	Cudmore*	P D	Gibson	R J	Kutcher	D B
Birks	P J	Cudmore*	PM	Gigney	R P	Lang	R
Black	R C	Culver	R	Gill	R C	Langlois	L R
Blank	J	Cummins	L	Glazbrook	D	Langlois	S
Blank	P W	Cundell	B M	Goldsworthy	W R	Lansen*	C T
Bodger	R A	Cyclone	K M	Goodenough	L S	Lawrence	R G
Bollen*	J H	Dalton	B F	Gregory*	A J	Lenihan*	W
Bolt	J W	Dankbaar	W	Grummet*	L T	Lickie	W J
Bond*	B T	Dankbaar	R	Guterres	E	Lippis	L
Booth	R	Davies	D	Hamilton	I	Lippis	A U
Borman	N W	Davis*	A	Hannaford*	B D	Lippis	M P
Bowley	H	Davis	L S	Harnyes	F K	Lippis	D J
Bradley	R	Delbridge	R M	Harrison	S J	Lippis	N
Brice	C	Diben	F A	Harrison	J C	Lockwood*	J D
Brooks*	D E	Dickson	P R	Harvey*	D J	Lodge*	F M
Brown	T	Dorsch	A W	Hebblewhite	G K	Lohmeyer	R A
Burchell	G R	Douglas	S J	Hebblewhite	M	Lohmeyer	M J
Burfield	G D	Draper	J W	Henderson	S	Lord*	P A
Burgess	E F	Draper	B S	Henderson	D W	Lott	C W
Burgoine	G	Draper	M A	Higgins	J M	Lowe	A
Buys	K	Dunn	J A	Hislop	D	Lowen	G T
Calandro	R	Earl*	D	Holland	R F	MacDonald	C G
Campbell	R M	Earl*	W D	Horlin-Smith	B M	MacKenzie	B M
Carroll	L V	Eastaughffe	M	Howell	R E	MacKenzie	R W
Carter	D R	Eaton*	F	Hughes	J L	Mackie	H K
Carter*	R D	Edmonds	F R	Humble*	D S	Madsen	C
Cheesman	R D	Edmonds	D B	Hussey	D J	Madsen*	C T
Cheesman	D T	Edwards	J R	Ingham*	J C	Madsen	K
Cheesman	W D	Edwards	M J	Jarvis	R F	Magarey	M
Christensen	D	Elleway	S F	Jeffries*	P W	Maguire	G

Mangelsdorf	P	Parr	A W	Smith	J A	Williamson	L L
Mangelsdorf	J	Parsons	B	Smith	R	Wills	W J
Mannum RC (President)		Pearce	J L	Smith	G B	Winter	N W
Mathews*	R M P	Pembroke		Southcott	B P	Woodhead Hall et al	
Mathews	C S	(Headmaster)		Southcott	L	Wride	R H J
McCabe	D M	Pennington	R	Southcott*	A L	Young	W S
McCoy	J W	Phillipson	E	Steer	P G		
McCoy	W K	Pike	H R	Sullivan	T D	HONORARY & FINANCIAL LIFE MEMBERS	
McCullough	P A	Place	B	Swan*	D		
McIlwain	J F	Potter	R B	Szuster	F S		
McLean	A K	Potter	R W	Talbot	N	Amiel*	C W
McLoughlin	M A	Potter	M I	Thewis	P	Blank	J H
McNiel	G	Prescott	R C	Thomas	E G	Carter*	R D
McQuillan	A F	Prescott	C B	Thornquest	C	Coldwell	G D
Mead	R	Price	E A	Tolley	S W	Draper	B S
Meathrel	R R	Prior	G	Trickett*	A	Fitzgerald	R
Melbourne	G	Puddy	A G	Trinne	D J	Mangelsdorf	P C
Menz*	W O	Quigley	J D	Trowbridge	D E	Russell	R J
Menz*	W J	Quigley	F	Turnbill	R K	Southcott*	A L
Menz*	H V	Quigley	P A	Turnbull	J M	Watts	R F
Michell	E	Quigley	G C	Union of Old Oarsmen		Webb	R S
Milne*	F K	Ramsay	A T	President		Southcott	E K
Mitchell*	P G	Ramsay	J K	Unley High		*Denotes deceased	
Mobbs*	B	Ramsay	A J	(Headmaster)			
Moore	R L	Raymond	D	Vahl Meyer	E		
Moore	B J	Resting Rowers		Wade*	D		
Morelli*	P	Consortium		Walker	P T		
Morphett*	H C	Richards	R C	Wallman	R H		
Morrison*	E M	Richardson*	R W	Ward	J		
Morton*	W L	Roberts	B	Ward	T J		
Motteram*	J P	Robertson	B W	Warne	R J		
Mould	R G	Roosken	H A	Watts	R F		
Muecke	T R	Rose*	S A	Watts*	W		
Muscat	J J	Rowe*	J A	Way*	K		
Muscat	A C	Runge*	C E	Webb	R		
Neall	D	Russell	I W	Welch	J		
Nurk	A	Russell	R J	West Lakes Ltd			
O'Brien	F G	Sarah	D	White	D J		
Osis	M	Scroop	I M	Whiteford	J W		
Osman	R V	Sellick*	J G	Whiteford	A D		
PAC (Headmaster)		Simmons	D	Williams*	C		
PARC(President)		Simpson	R	Williams	D		
Parham*	A J	Skuce	F C	Williams	J K		

rowing sa awards

Champion Schoolboy:	Prince Alfred College Yr 9/10A quad scull Runner Up: Prince Alfred College
Champion Schoolgirl:	Walford Year 9/10A quad scull Runner Up: Walford School
Champion Junior Male:	Daniel Ralph (TRC/AHS) Runners Up: Nathan Bowden (TRC), Matthew Giminez (ARC)
Champion Junior Female:	Olympia Aldersey (TRC) Runner Up: Emma Basher (TRC)
Champion Male Coxswain:	Brett Jenkins (PAC) Runner Up: Jordan Schiller (PAC)
Champion Female Coxswain:	Lucy Hyde (ARC) Runners Up: Claire Banks (MRC), Nikita Oddy (AUBC)
Champion Senior Male:	Imre Zambo (ARC) Runner Up: Liam Gotley (ARC)
Champion Senior Female:	Renee Chatterton (TRC) Runner Up: Maja Fiddler (TRC)
Champion Masters Male:	Dean Mobbs (MRC) Runner Up: John Banks (MRC)
Champion Masters Female:	Gordana Kalanj (RRC) Runner Up: Caroline Mussared (PMRC)
Champion of Champions: Male	James McRae (MBRC) Runner Up: Chris Morgan
Champion of Champions: Female	Olympia Aldersey (TRC) Runner Up: Renee Chatterton
Coaches Award:	Victoria Spencer (ARC & Walford)
Volunteer Award:	Tim Ward (RSA)
Service Award:	Margaret & Bob Roberts

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rowing sa premierships

Country Male:	Mannum Rowing Club Runner Up: Murray Bridge Rowing Club
Country Female:	Murray Bridge Rowing Club Runner Up: Mannum Rowing Club
Masters Male:	Mannum Rowing Club Runner Up: Riverside Rowing Club
Masters Female:	Riverside Rowing Club Runner Up: Pembroke Masters Rowing Club
Schoolboy:	Saint Peters College Runner Up: Prince Alfred College
Schoolgirl:	Walford School Runner Up: Wilderness School

Senior Male:

Adelaide Rowing Club

Runner Up: Adelaide University Boat Club

Senior Female:

Torrens Rowing Club

Runner Up: Adelaide Rowing Club

Runner up Murray Bridge Rowing Club



SOUTH AUSTRALIAN ATHLETES IN 2009/2010 NATIONAL TEAMS

SENIOR A TEAM POZNAN - POLAND

Bryn Coudraye (ARC – SASI/AIS) M8+

Laura Osti (AUBC – SASI/AIS) W4-

Maja Fiddler (TRC – SASI) Reserve LW2x

Matt Bolt (AUBC- SASI) M4x

UNDER 23 TEAM RACICE – CZECH REPUBLIC

Matt Bolt (AUBC–SASI) M4x BRONZE MEDAL

James McRae (MBRC–SASI) M4x BRONZE MEDAL

Zoltan Shepherd (Coach) M4x BRONZE MEDAL

Jason Lane (Coach) WL4x BRONZE MEDAL

Ned Kinnear (AUBC-SASI) M8+

AUSTRALIAN JUNIOR TEAM – BRIVE-LA GAILLADE – FRANCE

Peta White (TRC-SASI) W4- GOLD MEDAL

Jessica Molsher-Jones (TRC-SASI) W4- GOLD MEDAL

Anna Tree (Coach) W4- GOLD MEDAL

SOUTH AUSTRALIAN INTERSTATE TEAMS 2010

M8+

Matt Bolt (AUBC)

James McRae (MBRC)

Samuel Martin (MBRC)

Bryn Coudraye (ARC)

Owen Girardi (ARC)

Ned Kinnear (AUBC)

Christopher Morgan (AUBC)

John Jackson (ARC)

Cox: Lucy Hyde (AUBC)

Coach: Jason Lane (SASI)

Assistant Coach: Daren Potts (AUBC)

MY8+

Mitchell Lloyd (Scotch)

Tom Sullivan (ARC)

Max Tonkin (ARC)

Jake Clarke (TRC)

Jack Maiorana (TRC)

Kai Ward (AUBC)

Nathan Taverner (TRC)

Daniel Ralph (TRC)

Cox: Aleco Mitropoulos (ARC)

Coach: Zoltan Shepherd (SASI)

Assistant Coach : Ron Mobbs (CBC-TRC-MBRC)

W8+

Laura Osti (AUBC)
 Peta White (TRC)
 Jessica Molsher-Jones (TRC)
 Olympia Aldersey (TRC)
 Emma Basher (TRC)
 Mary Connelly (TRC)
 Renee Chatterton (TRC)
 Maja Fiddler (TRC)
 Cox : Catherine Macks (Scotch)
 Coach: Jason Lane (SASI)

M1x

Christopher Morgan (AUBC)
 Coach: Jason Lane (SASI)

WY8+

Jessica Molsher-Jones (TRC)
 Peta White (TRC)
 Emma Basher (TRC)
 Mary Connelly (TRC)
 Lydia Yerrell (Walford)
 Olympia Aldersey (TRC)
 Imogen Batt-Doyle (Scotch)
 Elise Lavers (Walford)
 Reserve: Rachael Wertheim (Scotch)
 Cox: Coco Hall (ARC)
 Coach : Vicky Spencer (ARC)

W1x

Laura Osti (AUBC)
 Coach: Jason Lane (SASI)

SOUTH AUSTRALIAN YOUTH CUP TEAM 2009**MY8+**

Owen Girardi (ARC)
 Tom Sullivan (ARC)
 Max Tonkin (ARC)
 Nathan Taverner (TRC)
 Imre Zambo (ARC)
 Dylan Porte (MBRC)
 Daniel Ralph (AHS)
 Andrew Miegel (MBRC)
 Reserve: Will McNamara (ARC)
 Cox: Aleco Mitropolous (ARC)
 Coaches: Ben Porte (MBRC), Ron Mobbs (MBRC)

WY8+

Renee Chatterton (TRC)
 Olympia Aldersey (TRC)
 Emma Basher (TRC)
 Abbey Trengove (AUBC)
 Ali Evans (Pembroke)
 Christie Shanahan (AUBC)
 Meika Webb (ARC)
 Mary Connelly (TRC)
 Reserve : Hannah Wertheim (TRC)
 Cox: Catherine Macks (Scotch)
 Coaches: Jarrad Schar (ARC), Anna Tree (TRC) pre regatta

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SOUTH AUSTRALIAN YOUTH CUP TEAM 2010**MY8+**

Max Tonkin (ARC)
 Liam Gotley (ARC)
 Nathan Bowden (TRC)
 Alex Hill (PAC)
 Dylan Porte (MBRC)
 Nathan Taverner (TRC)
 Adrian Miegel (MBRC)
 Tristan Perkins (PAC)
 Reserve: Jack Culbertson (CBC)
 Cox: Isabella Milazzo (Walford)
 Coaches: Ron Mobbs (CBC-TRC-MBRC),
 Jarrad Schar (ARC)

WY8+

Alex Taliangis (Walford)
 Lydia Yerrell (Walford-ARC)
 Lauren Camens (Scotch)
 Louise Firth (Scotch-ARC)
 Amelia Moyes (Walford)
 Imogen Batt-Doyle (Scotch)
 Hannah Wertheim (Scotch-TRC)
 Rachael Wertheim (Scotch-TRC)
 Reserve : Hannah Lewis (MBRC)
 Cox: Catherine Macks (Scotch-ARC)
 Coaches: Denis Perry (Scotch-ARC)
 Daren Potts (AUBC)

chairman's report

bob pennington



Last year I reported that our new Rowing Course was nearing completion. I can now report that the course facilities and also the total make-over of the Judges' Tower are now effectively complete and have been handed over into

our care. Now the real work begins. Not just the installation and subsequent removal of the facilities when required for regattas (rowing, canoeing and dragon boating), but the on-going maintenance and cleaning is proving to be a real headache. Currently Tim Ward and his few helpers are dealing with these chores, but they will require greater assistance into the future.

And the immediate future, of course, involves the hosting and staging of the Rowing Australia National Championships and Interstate Regatta next year. The organisation of this event, being held again at West Lakes after a hiatus of eleven years, is in the hands of a dedicated Organising Committee which is very capably and professionally chaired by Lisa Daw. Rowing SA has an unequalled reputation for hosting the best rowing events in the country. This reputation has been achieved by a commitment from the whole of the rowing community to make each event successful and something of which to be truly proud. Obviously we are hoping and expecting the same level of support leading up to and during the event early next year.

Deb White, our General Manager, has established an administrative unit that works and achieves far "above its weight". Deb and Chris Firth were invited by Rowing WA to assist with the conduct of the Australian Masters Championships at Champion Lakes in Perth; a great experience which prepares them well for our National event next year. I would like to pay a special tribute to Deb, not only for the many, many hours of overtime that she has worked, but also for

the comfort that she gives to the Board who can have confidence in the thoroughness and accuracy of her advice.

The members of the Board have all contributed greatly to the strategic direction of the Association and to their specific portfolios and I would like to thank them for their work. They, and the many other volunteers, willingly give of their time and expertise for the benefit of the whole rowing community and they deserve our gratitude and understanding.

This coming year promises to be busier than ever, but full of excitement. With your help, it will be one of our most memorable.

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Photo: Mayor of City of Charles Sturt Harold Anderson, Deb White and Bob Pennington at the 2010 Awards Night

the staff of rowing south australia inc



DEB WHITE – General Manager

Deb has been with Rowing SA since January 2009. Over the last 12 months she has restructured, organised and established systems within Rowing SA to improve

efficiency and productivity. She has run her own successful business for many years and has been involved in establishing several other businesses. Deb brings to the position enthusiasm and a deep passion for the ongoing successful development of rowing in SA. She has a considerable business, administrative and management background along with being an active competitive rower and school rowing coach.



LUCY VADASZ – State Development Officer

Lucy has been the State Development Coordinator since late July 2009. She came to Adelaide from Brisbane where she

studied a Bachelor of Communications, majoring in Mass Communications and Public Relations, at the University of Queensland. Lucy comes from a working background in public relations, sport development, and event management. Her management and organisational skills have complimented her role in the development position. Lucy is a former rower from Scotch College and Emmanuel College (UQ).

MIKE GIFFEN – Operations Manager (Feb.2006-Feb.2010)

CHERYL RADLOFF – Administration & Finance Officer



CHRIS FIRTH – Regatta Operations/ Finance Officer

Chris joined us in November 2009 and is a valued member of the team. Chris initially was employed

as a part time Admin/Finance Officer but also took on the role of Regatta Operations when the position became vacant. She brings many years experience in Administration and Bookkeeping to the Association. Chris rowed with Scotch College in her school days and has recently renewed her interest in returning to the boat again. Her daughter currently rows and was in the Youth Cup Team 2010. Chris has previously been involved in Equestrian Sporting Clubs and assisted for many years in a voluntary capacity.



TIM WARD – Facilities, Maintenance & Course Manager (Volunteer)

Tim received the well deserved Volunteer Service Award this year as an acknowledgement

of the incredible amount of hours he has given to Rowing SA. He is a long serving member of Rowing SA and has taken on the massive role as the Facilities Maintenance and Course Manager. This role is demanding, constantly changing and varied, and Tim takes it all in his stride. One side of his role at West Lakes is to undertake maintenance of the facilities and infrastructure, while the other major part of his role is to maintain and upkeep the new rowing course which has become an extremely taxing and time consuming job due to the unprecedented quick build up of barnacles and coral on the buoys and lines.



**VICKY KNIGHT –
Education Officer**

Over the past year Vicky has organised and collated all past education records which has been a very time consuming task.

Her role will change slightly in 2011 and will be one of the main presenters within the education system along with coordinating other presenters and course/workshop venues. With her Diploma of Teaching, Certificate in Ed Gym and Certificate 3 in Fitness Leading she will be presenting the new R.A. syllabus. Vicky has rowed and coxed in Vic/SA for 20 years and is currently a senior coxswain at Port Adelaide RC. She has competed at a National level, coxing as a SA representative.



**CAROLINE MUSSARED –
Administration (Volunteer)**

Caroline has been an extremely dedicated volunteer assisting in the administration office for the last 18 months at least one day (usually more) per week. Her commitment to looking after the Premiership and Award Points and organising the trophies and medals for each Regatta has been invaluable. Along with other roles she also organises all the catering for major events including the Annual Awards Night, HOR and AGM. Caroline has also taken on the role as Adaptive Coach to one of our AS (Arms & Shoulders) Athletes under the guidance of Rowing Australia.



**GREG MELBOURNE –
Property Manager (Casual)**

Greg Melbourne is a FISA Accredited Boat Race Official and has been with the Association for over 37 years incorporating

rowing, boat race officiating and serving on the Board. Greg has taken on the part-time role of Property Manager to assist with the long overdue maintenance of the facilities and also to oversee the many projects that will be undertaken prior to the 2011 Nationals. He will also be assisting Tim Ward with the maintenance and upkeep of the Course. This year will be a very demanding year due to the upcoming major events. Greg has also taken on the role of Safety Officer for both on and off water.

general manager's report

deb white

It is with pleasure that I present this report after my first full 12 months as General Manager. This year has been a very productive and successful year both on and off the water. Firstly, I congratulate all South Australian rowers who have represented either or both our State and Australia. Congratulations must also go to all the Award Winners within our State. The achievements of all these successful rowers would not be possible without the passion and commitment of the coaches and support staff who also need to be thanked and congratulated.

Rowing SA has received great support from SASI over the past 12 months in relation to the development of new and existing rowers which has been extremely beneficial in strengthening our development pathways. The continued close relationship between SASI and Rowing SA will definitely produce great results and place SA in a strong position with regards to rowing success. I thank Jason Lane, Zoltan Shepherd, Vicky Spencer, Ron Mobbs and Christine MacLaren for their ongoing support.

I am very fortunate to be supported by a fantastic administration team who have worked industriously over and above any expectations over the past year. They have assisted with restructuring, updating and organising internal processes to enable Rowing SA to plan and grow strategically and in a systematic way. We have an extremely busy year ahead of us and it has been important to be able to work efficiently and effectively and try to minimise any issues we had previously experienced particularly associated with the competitive season.

Over the past year we finally saw the completion of the fully buoyed Regatta Course, the upgrade of the Judging Tower, the installation of 3 large shade umbrellas and the much awaited 'laying of the Donor Pavers' around the Judging Tower. Negotiations are almost finalised for the complete renovation of the

Kiosk-Kitchen area to convert to an outdoor cafe which will have a commercial coffee machine and be open for breakfasts for all our hungry athletes who train in the mornings. The Clubrooms will have a modest upgrade to move it out of the '70s to improve the opportunities for venue hire which will in turn improve the income stream for the Association. The toilets and shower areas will be repaired and freshened up, some of the roller doors replaced and a repaint will be done of external doors and trimmings to weather proof.

Rowing SA has been liaising closely with members of the City of Charles Sturt Council who have agreed to work jointly in the development of the northern wash down area whilst landscaping the northern reserve, which is due to commence in August of this year. We have been very fortunate to have established a great working relationship with the Council who are keen to coordinate the development of all the reserves around the rowing course in time for the 2011 Nationals. The Council have also upgraded the power utilities on our land (for very minimal cost to the Association) and also on Oarsman Reserve. We thank the City of Charles Sturt for their valued support and contribution.

We are now able to host National events for Rowing and hire out our venue for Canoeing and Dragon Boat Nationals. In April 2010 the National Dragon Boat Championships were held. This was the biggest dragon boat event in the World with over 2,000 competitors. Fantastic reviews were received about our facilities and the venue from the Dragon Boat competitors and spectators. The Canoe Nationals will be held in the week following our Nationals. This has resulted in the development of a complex Calendar of Events and Order of Events which enables the incorporation of the use of the Regatta Course by all 3 sports with triathlons thrown in the mix.

I would like to acknowledge and sincerely thank the many members of the rowing community who have

supported me and the Association in a variety of ways over the past 12 months. The greatest strength in all sporting organisations is the volunteer members and it is encouraging to see our volunteers' dedication and loyalty to our Association. With this coming year we will be reliant on an army of volunteers to ensure the success of our competitive season and in conducting a successful National Championship so please do not hesitate to give some of your time particularly in March. The success of our Nationals will be largely dependent on the volunteers.

The support of the SA Government through the Office of Recreation and Sport and the Department of Transport, Energy and Infrastructure should not be overlooked. Rowing SA is very thankful for the support from the SA Government. A special thank you must go to Events SA who is a major sponsor for the Nationals and to the City of Charles Sturt and Adelaide City Councils.

Thank you to all our sponsors being Guy and Cynthia from Hebphotos, Designer Paintworks, Pea Squared Design, Coxmate, Oarsome Trophies and to the Resting Rowers Consortium who are always there to assist the Association.

Rowing SA has a very exciting, challenging and busy year ahead and I look forward to working with you all closely in 2010-11. I encourage everyone to assist in some way to ensure SA gains a reputation as the best rowing State.



Photo: Winner of the Henley on Torrens Rowpast

operations report

chris firth

The 2009/2010 season saw a changing of the guard with Mike Giffen leaving Rowing SA at the end of February. My original part time role as Administration/ Finance Officer was to change very quickly by taking on the role of Regatta Operations as well. The latter part of the season was a huge learning curve, one which I now feel confident in taking on into the upcoming 2010/2011 season.

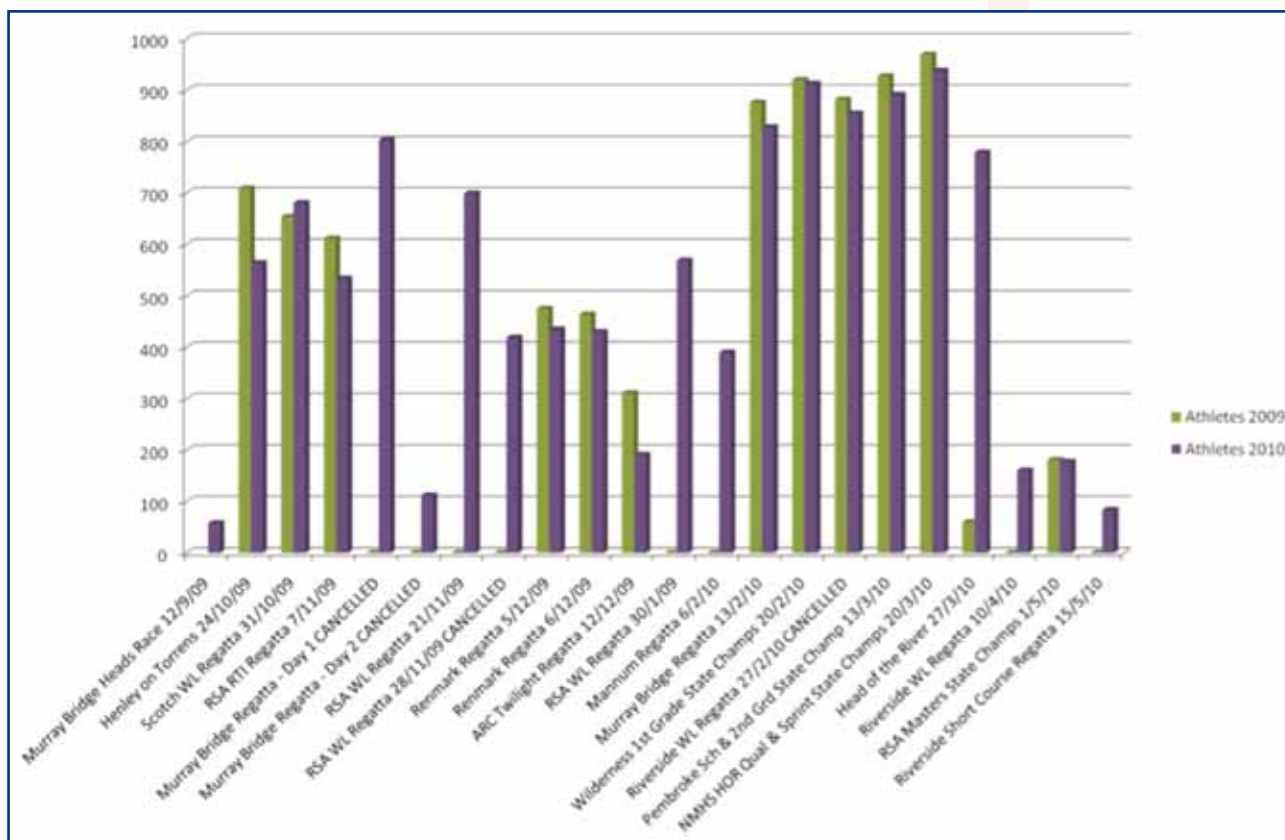
The regatta season saw three regattas cancelled due to weather conditions which were unfortunate however we managed to schedule an extra two regattas at the end of the season to try and compensate. The statistics below for Regattas from this past season compared with the previous season show there was an increase in crew entries, athletes and seats in the 09/10 season compared with the 08/09 season.

These statistics are one of the better functionality performances of the Rowing Online Management System (ROMS) and as a lot of the rowing community

is aware it is a very cumbersome system to navigate around. At the completion of the season Rowing Australia commissioned a full review of ROMS through a Review Panel made up of representatives from each State, RA personnel and an independent reviewer. This will ascertain whether or not ROMS has the ability to be changed to be more compatible with other more "user friendly" systems. Hence the many surveys that have been circulating to Clubs and Schools for their input. We will look forward to Rowing Australia's recommendations later in the year but for this coming season we will continue to use ROMS and RP7 for regatta management.

Last season it was very apparent that the current system of issuing a Draft program early in the week and then a Final program later was creating an enormous amount of problems, not only with the administration time involved but also with the Final order of events changing from one to the other due to Scratchings condensing the program and requests

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to move events. This year Rowing SA has developed an Order of Events inclusive of approximate times of races, which now allows us to release one Final program at midday on the Thursday prior to the regatta, which should not change dramatically from time of entry to the final program. Rowing SA will endeavour to ensure the scheduled times for events will remain approximately the same.

Compiling an Order of Events that satisfies everyone is a complex task, and due to the often-conflicting requests from the various groups, it is not always possible to satisfy all requests. The current Order of Events for all 2010/2011 regattas are available on the Rowing SA website and we hope that we have been able to accommodate most requests.

The 2010/2011 season will see some changes from the previous seasons due to the hosting of the Australian Rowing Championships in March. The Schools and 2nd Grade State Championships, although a very large and successful regatta this year has been separated

next season due to timing constraints. The School State Championships will be held the week preceding the Head of the River, which will incorporate the qualifying heats into the actual Head of the River regatta itself, and the 2nd Grade State Championships will be held the week after.

Rowing SA looks forward to an extremely busy 2010/2011 season and takes this opportunity to thank the many committed volunteers, without whom our regattas would not run.

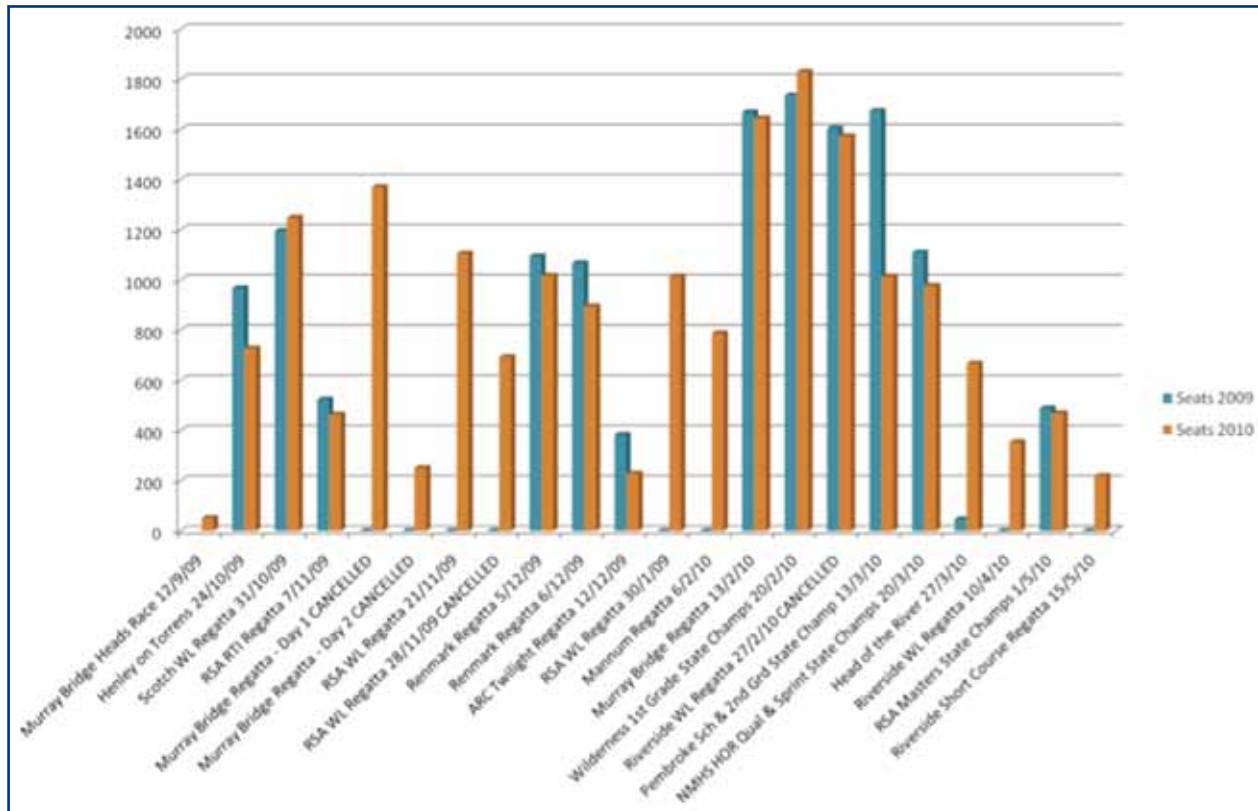
I am very lucky to be a part of a dedicated group of individuals working towards the efficient administration of the sport of Rowing in this state and I look forward to an extremely busy and successful 2010/2011 season.



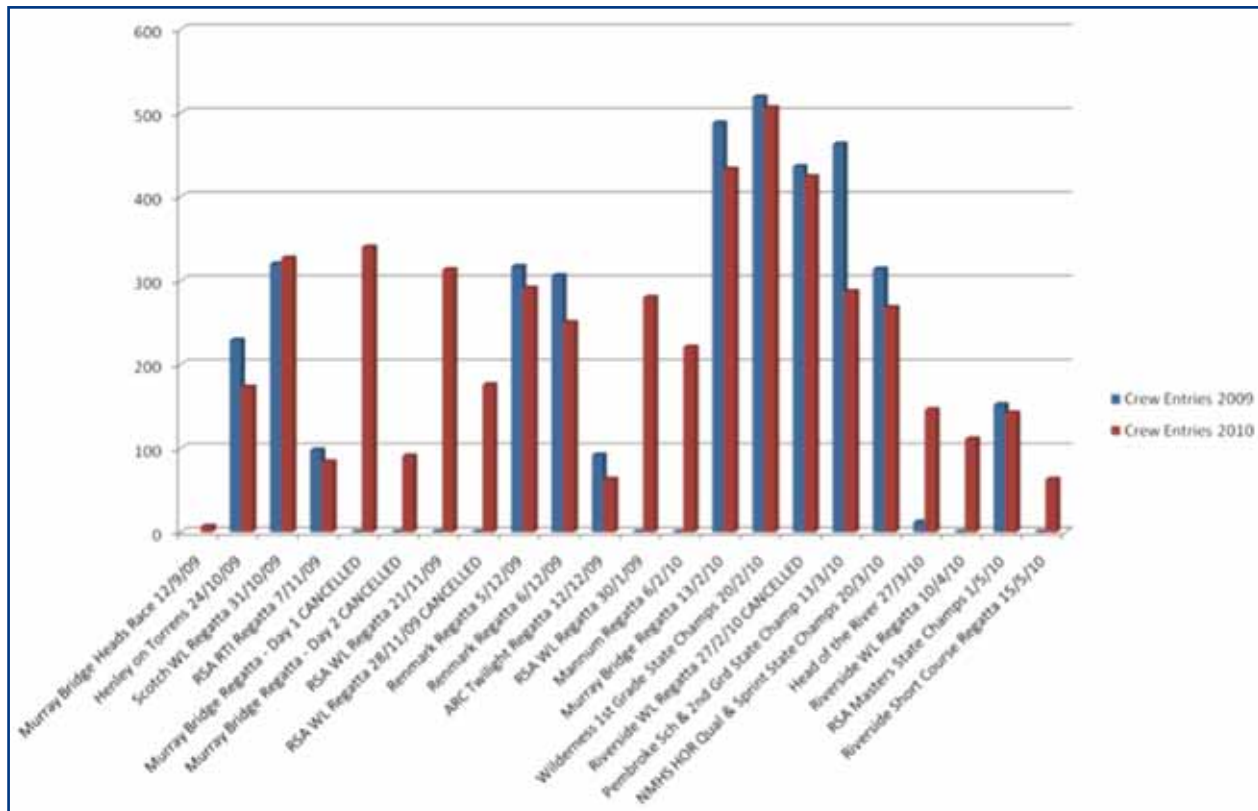
Photo: 2010 HOR Winners Walford 1st VIII and runners-up Scotch College 1st VIII - The Ultimate in Sportsmanship

2009/2010 REGATTAS AND COMPARISON

Date	Regatta	Entries 2009	Entries 2010	Athletes 2009	Athletes 2010	Seats 2009	Seats 2010
12/09/09	Murray Bridge Heads Race		7		58		52
24/10/09	Henley on Torrens Regatta	229	173	709	564	968	728
31/10/09	Scotch Regatta	320	327	654	681	1196	1249
7/11/09	Round the Island Regatta	98	84	612	534	524	464
14/11/09	Murray Bridge Regatta- Day 1 CANCELLED	0	340	0	803	0	1371
15/11/09	Murray Bridge Regatta- Day 2 CANCELLED	0	91	0	112	0	252
21/11/09	Rowing SA West Lakes Regatta	0	313	0	699	0	1106
28/11/09	Rowing SA West Lakes Regatta CANCELLED	0	176	0	419	0	693
5/12/09	Renmark Regatta - Day 1	317	291	475	435	1095	1018
6/12/09	Renmark Regatta - Day 2	306	250	464	430	1068	896
12/12/09	ARC Twilight Regatta on Torrens	92	63	311	191	384	230
30/01/10	Rowing SA West Lakes Regatta	Cancelled	280		569		1015
6/02/10	Mannum Regatta	Cancelled	221		390		788
13/02/10	Murray Bridge Centenary Regatta	488	433	876	828	1669	1645
20/02/10	Wilderness 1st Grade State Champs	519	506	920	913	1736	1830
27/02/10	2010 Riverside Regatta CANCELLED	436	424	882	855	1604	1573
13/03/10	Pembroke Schools & 2nd Grade State Champs	463	287	927	891	1674	1015
20/03/10	NMHS HOR Qualifying & Sprint State Champs	290	268	970	938	1057	978
27/03/10	Head of the River	12	146	60	779	48	668
10/04/10	Riverside Regatta	0	111	0	161	0	355
1/05/10	Masters State Championships	152	142	181	178	489	470
15/05/10	Riverside Short Course Regatta	0	63	0	84	0	220
TOTALS		3746	4996	8040	11512	13565	18616



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state development coordinator report *lucy vadasz*

General Development - Outlook

It is with pleasure that I present the Development Report for the 2010 Annual Report after my first full year with Rowing South Australia. It has been a very busy year getting up to speed with the many aspects of development in SA. Thank you to the whole rowing community for your continued support of the development program; thank you to The Office of Recreation and Sport, Rowing Australia, the South Australian Sports Institute, The Australian Sports Commission, The Australian Paralympic Committee, and most importantly the SA Schools, Clubs, and Members.

Community

The ABC 891 Breakfast Team, the Bald Brothers, came along to try rowing and then promoted rowing during an outdoor broadcast in April 2010. As well as this publicity, we have seen increased media exposure for the sport which has been much needed to lift our profile.

In 2010, the Henley on Torrens Regatta will be adorned yellow for Cancer Councils 'Call to Arms' raising awareness and funds to fight cancer in men.

Rowing SA was successful in our application for funding for a Club Community Development Grant from The Office of Recreation and Sport Statewide Enhancement Program. This will provide a greater service to our affiliated clubs development programs, club rowing initiatives, and the subsequent development of their members.

To support the newly established regional clubs, ex SARA development boats and equipment was offered to these clubs at a reduced cost.

We are also looking into a number of partnerships with businesses and associations to improve opportunities for the rowing community.

Adaptive

The Adaptive Program continued steadily in 2009-2010; however there hasn't been the size or support since the Gateway program ceased in 2009. In 2009, Paul Knight came on board as the Adaptive Coordinator but had to resign due to work commitments. Paul had great vision and was in the process of creating a Disability Action Plan, but the ideas have not come into fruition to date. Thanks to Paul for initiating the program.

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Photo: Yvette Eglinton tries rowing at the Australian Paralympic Committee Talent Search Day. Yvette is classified in the Arms and Shoulders category (AS) and is now training four times a week with her Coach, Caroline Mussared.

In the past year Rowing SA has developed a good working relationship with the Australian Paralympic Committee (APC). The APC and Rowing SA co-hosted a Talent Search for nine enthusiastic athletes. Rowing SA had an adaptive 'Multi-Sport' camp for pre-identified athletes scheduled in July but was cancelled due to weather and logistical issues. We are looking to reschedule this rowing opportunity for the summer months. A highlight in the adaptive year was a visit from Rowing Australia Head Coach, Pedro Albisser, who spent time with Talent Search identified athletes.

An Adaptive Coaching Workshop was held for people involved in coaching people with a disability by the Office of Recreation and Sport; 10 participants attended and it was a valuable learning session.

Caroline Mussared has kindly taken up a voluntary role in the Adaptive Program doing everything from instructing at the Talent Search day, to coaching Adaptive athlete Yvette Eglinton, to becoming a technical classifier for Adaptive Rowing. Thank you to Caroline for all of your hard work this past year.

Education

In 2009, Rowing Australia conducted a review and update of the National Coach Accreditation Scheme in order to ensure that quality and consistent measures are in place Nation-wide. This process has been drawn out and as a result course rollouts have been delayed. Late 2009, Rowing Australia rolled out the first of the new NCAS levels, 'Learn to Row Coach' (old level 1) aimed at people who will teach learn to row programs, fundamentals, and introducing non-rowers to the sport. The rollout of the second course 'School/Club Coach' (old level 2) has been postponed, delaying our scheduled education calendar.

The Learn to Row Coach courses were well attended with 59 participants to be accredited after they have completed their practical hours. We have received very positive feedback regarding the presenters (Christine MacLaren, Vicky Knight, and Steve Perry), the structure, and the new course syllabus.

We have also held two Beginner Coxing Courses, run by Vicky Knight, Rowing SA Coach Education Coordinator. These courses were also well attended with 34 participants attending. This course served as a learning tool for those new to coxing, as well as a refresher course for existing coxswains. Vicky plans to rollout additional coxing courses in the future with more specific focuses such as racing.

We previously had a high demand for education courses and had scheduled three education courses in the last half of 2009: Stretching for Success, Season Planning, and Refine your Rigging. Unfortunately, we did not have sufficient interest and had to cancel two courses.

In conjunction with the State Rowing Associations, Rowing Australia will be training a network of coach mentor/assessors who, in addition to their regular coaching duties, will also be responsible for the practical assessment of all coaches going through the education process and for providing meaningful feedback to the trainee coach. Coxswain and official mentoring will also piggyback on this scheme.

Thank you to Vicky Knight for the passion, knowledge, and time that you give to the Education program.

National Talent Identification and Development (NTID)

The NTID Program is a Rowing Australia initiative introduced into the States to identify, recruit, develop, and 'case manage' talented athletes who show potential for future success in the sport of rowing. The aim of the restructure and alignment (between RA and States) is to bring a national focus and coordination to all programs related to performance – particularly, the development of the next generation of Australia's rowing medallists.

These programs are not to undermine the school rowing programs but to offer talented athletes the opportunity to reach their full potential with National and State guidance. Rowing Australia are using the NTID benchmarks for National Team selection

(particularly Junior and U23) and year 12 and 'new talent' camps and tours. Rowing SA successfully utilised the NTID benchmarks for Youth Cup and NTID 'Target Squad' selection, and will continue to do this in future youth selection processes.

The program started in late September 2009 with the arrival of the mobile NTID testing trailer and testing equipment. The identification of new athletes and existing rowing athletes into the NTID Target Squads began during the 2009-2010 Regatta Season. Rowing SA held a State Talent ID Testing Week from Saturday 14th – Saturday 21st November. During this week we tested interested athletes using the new Talent ID testing protocols, attracting more than 100 athletes.

We also offered the NTID Testing to all rowing schools to test their senior rowing squads. A number of schools took this opportunity to obtain quantitative information for their own benefit, to see how their athletes compared state-wide and nationally, and also to offer their athletes the opportunity to trial for National camps and events. The South Australian Rowing Schools are fortunate to have such talented athletes and we hope that this trialling will assist in retaining these athletes for State and National Teams after their school rowing has ceased. We have also been very committed to ensuring that the NTID Target Squad training does not interfere with athletes school rowing programs and school rowing must take precedence.

In 2010, we took the NTID testing to non-rowing schools, starting with the Western Zone in the West Lakes area. The introduction of a new program into the school system was a more drawn out process than I expected, however schools were happy to give their students this opportunity. Christine MacLaren came onboard in May 2010 to assist and will take over the NTID non-rowing school coordination and testing going into the 2010-2011 rowing season. Christine and I have been working together to improve the running of the NTID non-rowing school program. Moving forward we are considering combining indoor rowing and NTID testing to add interest and activity to

the session, as well as giving the students a go at the rowing technique. Amanda Tidswell has also assisted by conducting these indoor rowing competitions and we hope that she will continue to play a part in the future.

Identified non-rowing school athletes will go into a NTID learn to row program coached by Christine. We had a NTID try rowing/testing session/sculling camp planned for the winter school holidays that was cancelled due to lack of interest. Another is scheduled for the September holidays when the weather is warmer and the school sport changes over.

National Elite Development Program (NEDP)

The NEDP program is the next tier up from NTID, with the aim to identify, recruit, develop, and manage talented rowing athletes for Junior and Under 23 World Championship competition. The key components to the NEDP pathway include top-class coaches, continuous feedback, high performance education, high performance training, support services, and an effective training and competitive environment.

This year, the NEDP program introduced National monthly monitoring for all Junior and Under 23 NEDP and NTID athletes. The monitoring is designed to obtain feedback on the key areas of development, including endurance, power, core strength, flexibility, and training volume and speed. This monitoring has been reasonably well received by coaches as it is easy to administer and provides constructive feedback against gold medal performance targets.

SASI has continued to run monthly time trials from July through to the competitive season. Over 2009-2010, the time trials were popular by both Club and School, small and big boats. Due to the large number of Club rowers entering the time trials, SASI has requested that Rowing SA take over the coordination of time trials to ensure that essential safety and risk management procedures are in place. Starting in July 2010, Rowing SA has provided safety boats, marshals, and additional safety measures to starters and timers.

RA NTID Key Performance Indicator	Specified	Completed	Notes
1. Recommended number of athletes screened annually.	250	289	151 males and 138 females
2. Minimum number of men and women athletes SELECTED with existing rowing background achieving the entry standard for State NTID rowing squad.	5 female and 5 male	5 male +lwts and 2 female	Males: Alex Hill (PAC), Nathan Bowden (Torrens), Will Brennan (PAC), Dylan Porte (MBRC), and Riley Lum (Torrens). A NTID lightweight squad has been selected and will train at their Club under NTID guidelines. Females: Molly Goodman (Wilderness) and Lydia Yerrell (Walford).
3. Minimum number of Men and Women athletes IDENTIFIED from a non rowing background achieving entry standards and placed in State NTID rowing squad.	2 female and 2 male	-	Intake for NTID learn to row squad is in September 2010.
4. Minimum number of Men and Women athletes selected to attend National NTID training camps or selected to National NTID rep teams for tours.	1 female and 1 male	1 female and 1 male	Dylan Porte (MBRC) and Molly Goodman (Wilderness) went on the NTID 'new talent' camp in Canberra and Dylan also went on the NTID New Zealand tour.

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SASI will continue to coordinate the start list, timing, and results. I would like to thank all of the volunteers, including coaches, who continue to offer their time to ensure time trials run smoothly and accurately.

Regional Rowing

Rowing SA has been working closely with some of the regional Clubs who are themselves working tirelessly to get up and running.

The Limestone Coast Rowing Club usually row on Lake Leake, however due to lack of water they are currently

rowing on the Valley Lake. I took the 'learn to row' boards to Mt Gambier in February 2010 and assisted the LCRC members to run a try rowing session. Limestone Coast Try Rowing was judged the "most well organised, promoted and attended event of the week" by Selga Sports and Be Active.

Vicky Knight, our Coach Education Coordinator, went to Kadina to host a modified Learn to Row Coach Course and Beginner Coxswain Course for the Yorke Peninsula Veteran Centre Rowing Club.

2010 Interstate Regatta Results								
	M8+	W8+	MY8+	WY8+	M1x	W1x	LM4-	LW4x
SOUTH AUSTRALIA	3	4	7	4	2	7	x	x
Aust. Capital Territory	x	6	5	7	6	5	x	x
New South Wales	1	5	3	6	7	4	5	4
Queensland	5	2	4	1	3	1	4	2
Tasmania	x	x	6	5	5	2	1	1
Victoria	2	1	1	3	1	3	2	3
Western Australia	4	3	2	2	4	6	3	5

State Team - Interstate Regatta

The 2010 Australian Rowing Championship was contested in Nagambie, early March 2010. South Australia entered six crews: Kings Cup eight, Queens Cup eight, Men's Youth eight, and Women's Youth eight, Men's single scull, and Women's single scull. We did not enter a Lightweight Women's quad and Lightweight Men's quad due to boat race speeds not meeting the crew qualification standards.

The Kings Cup eight proved to be a very strong crew, holding a comfortable third place, 7 seconds in front of 4th placed WA. The eight will begin pre-season training in September and will be back with a vengeance next year, aiming to be in the front pack who finished 8 seconds in front of them this year. The Queens Cup race was well raced by a young crew, finishing in fourth place. Five of the Queens Cup athletes had doubled up in the Womens Youth Eight race only half an hour earlier, who also finished in fourth place. With six of the eight Queens Cup athletes representing Australia in sweep boats this year, we hope to see a competitive eight in 2011. The Mens Youth Eight were up with the pack for the first 1000m but fell behind in the second 1000m and finished in 7th place.

Congratulations to all athletes and coaches for such a successful regatta. The 2011 Australian National Championships will be held in Adelaide for the first time in twelve years. This is an opportunity for the

South Australian Team to prove themselves as a competitive and successful state, here on home water. SA last won the Queens Cup in 1996 and the Kings Cup 1983.

Thank you to all of the coaches: Jason Lane, Zoltan Shepherd, Ron Mobbs, Victoria Spencer and Daren Potts. Rowing SA would also like to thank Meridee McClean for her contribution over 2009-2010 as Team Manager. Thanks Meridee for giving up your valuable time and effort to assist with the state team commitments. Last but not least, thank you to the 2009-2010 Selection Panel, Alastair McLachlan, Mitch Oliver, James Seppelt, Fearnley Szulster, and Jason Lane for contributing your time, knowledge, and experience to your role as a South Australian State Team Selector.

State Team - Youth Cup Regatta

Congratulations to all of the South Australian Youth Cup Athletes. It was an exceptional event with all of the South Australian athletes doing the State proud. All of the rowers, coxes, and coaches put in a huge amount of effort and their determination, commitment, and training paid off. With some very fast, close, and exciting racing, South Australia came away with two golds, two silvers, and a bronze.

The South Australian Under 21 Rowing Team returned from the Australian Youth Cup regatta boasting to be Australia's best Male Sweep Rowing Squad. The Male Squad placed in the top three in each of the sweep boat categories, winning Gold in the Men's Coxless

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Photo: 2010 South Australian State Team.

2010 Australian Youth Cup Final Point Score	
New Zealand	121
New South Wales	82
Queensland	80
Western Australia	77
Victoria	65
Tasmania	57
SOUTH AUSTRALIA	54
Aust. Capital Territory	40

Four, Silver in the Men's Coxless Pairs, and Bronze in the Men's Coxed Eight.

The Men's Coxless division 1 and division 2 Pairs placed second, behind only New Zealand who entered their National U21 Team. The Men's Coxless Pairs then joined forces to row more efficiently than the strong New Zealand crew in the Men's Coxless Four to cross the line first, winning the Gold medal.

In the Men's Eight, coxswain Isabella Milazzo (Walford) held the South Australian crew to their race plan pushing past Victoria, Tasmania and Western Australia by the 1500 metre mark. They were not able to draw in New South Wales and New Zealand in the final stages of the race. South Australia finished third in a strong committed race, 0.6 seconds behind New South Wales.



Photo: 2010 South Australian Youth Cup Team.

2010 Australian Youth Cup Medal Tally			
	G	S	B
New Zealand	15	3	2
Western Australia	2	3	4
SOUTH AUSTRALIA	2	2	1
Queensland	1	2	7
Aust. Capital Territory	1	1	0
Victoria	0	6	1
New South Wales	0	4	5
Tasmania	0	1	1

The South Australian Female Squad raced well and also excelled in the sweep rowing categories. The Women's Coxless Four placed first in their heat and were unlucky to miss out on a medal in their final. The Women's Coxed Eight also crossed the line first in their heat, cruising over the finishing line underrating the other boats on 27 strokes a minute. The Women's Coxed Eight were out-raced in their final against more experienced crews.

The South Australian Reserves, Jack Culbertson and Hannah Lewis, teamed up with the New Zealand reserves to win gold in the Mixed Coxless Quad Scull.

A huge thank you goes to the Coaches for all of the time and effort that they put into coaching the crews to the Youth Cup. Thank you Ron Mobbs, Jarrad Schar, Daren Potts, and Denis Perry.



Photo: Men's 4- wins gold at the 2010 Australian Youth Cup. From left: Nathan Bowden, Alex Hill, Max Tonkin, and Liam Gotley.

volunteers commission report penny halliday



As volunteers Commissioner
I submit my report for the
regatta year 2009 – 2010.

Rowing South Australia
continues to run very good
regattas, getting larger and
larger, at all venues, city and
country with an increasing

number of willing volunteers. This is the area that I
help out. The office has lots more responsibilities in
addition, Rowing Development, State Teams, Building
development and maintenance to name just a few.

Our sincere thanks must go to the dedicated Officials
at regattas and to Rowing South Australia staff and
the general rowing community, who all help out in a
number of roles.

Deb White and Chris Firth have put in an enormous
number of hours over and above their paid hours.
For this we thank them very much. Deb has been able
to secure the help of a number of volunteers who give
their time regularly in the office. Thank you to those
people as well.

We also need to thank our volunteer regatta personnel
who continue to turn up each week, Paul Logan
and all of his referees, Jan Logan and Di DeBellis in
particular. Many people within Rowing South Australia
also perform many other duties. Some of these people
are Board members and also regatta officials who
attend a huge number of regattas during the season
and I thank them for their valuable time. These people
include, Bob Pennington, Michael Eastaughffe (also
on Rowing Australia Council) Peter Erskine, Greg
Melbourne, Steve Pennington and as previously
mentioned, Paul Logan.

Thank you to the clubs that have hosted regattas.
Hopefully the clubs promote their regattas and make
them financially successful for their club.

Thanks should always go to the large numbers of
volunteers in every club who give their time freely to
help with the smooth operation and running of their
own club.

I appreciate the help that the parents, siblings and
rowers put into regatta days. I try to teach the new
volunteers a little about the regatta and hope that
they come away from my “training” with a little more
knowledge about the sport. Most say that they have
enjoyed the experience. I thank all of you for helping
make the regattas in South Australia envied by our
interstate counterparts.

The Masters' Commission is working on “job
descriptions” for all the volunteers and some of the
more routine Boat Race Official's jobs, so that the
training is more professional and so that we can have
more people trained to conduct regattas. If interested
in helping please contact the Masters' Commission for
the details.

Next year in March we have the National
Championship in Adelaide. This is a huge regatta for
South Australia to conduct. We have done it very
successfully several times in the past, but it requires the
help of members of the rowing community. We have
an Organizing Committee which has been working
very hard towards a great and memorable regatta.
If anyone is able to help, I would really appreciate it.
We need helpers before, after and of course during
the regatta. Lots and Lots of them!!!

As always, if anyone knows of someone that may be
interested in helping the Association in any way, please
do not hesitate to call me.

My home number is 8364 2114,
mobile is 0407 794640 or
email pennyhalliday@hotmail.com

umpires commission report paul logan



On behalf of the volunteer Boat Race Officials (BRO's), I present the following Report for the 2009/2010 Rowing Season to the Executive Board and the General Committee of the Association for their consideration. This report is

a record of our activities and issues that have arisen during the past season.

The Boat Race Officials had a successful and busy 'Summer Season', officiating at 16 State Regattas which included 4 Championship Events and the Head of the River (unfortunately another 3 had to be cancelled) and 12 of our group (also RA Officials) attended 5 National Events as well. Presently most are enjoying a break away from the water for a few months following the Australian Masters in Perth and the Youth Cup in Sydney. I take this opportunity to thank them all for their untiring commitment and effort each week, volunteering their time and running what I consider to be very safe, successful and enjoyable regattas.

RSA is proud to have had two of its own also invited to officiate at International (FISA) Regattas. Michael Eastaughffe has been selected to attend the 2010 World Rowing Championships in New Zealand (Oct/ Nov) and Greg Melbourne was invited to the World Junior Rowing Championships in the Czech Republic (Aug). I would like to congratulate both John Asenstorfer and Joe Jackson who successfully obtained their Rowing Australia (Level 3) National Accreditation during the Australian Championships at Nagambie this year and also Bryan O'Donnell who was awarded his State Licence (Level 2 Accreditation) this season.

Due to the workload on our existing officials (few in number), I am continually requesting more trainees to come forward and help ease the burden on those we call upon week after week. All the regattas that we

manage require a large number of volunteers and to this end the new, re-formed Masters Commission is going to help out with the recruiting and training of helpers in conjunction with the Volunteers Commission and myself. Considering an increase in BRO numbers is required anyway for succession, back-up and to reduce the 'burn out' factor, it is obvious that more people need to become involved. It becomes quite obvious when you view the Attachment below, that there are a number (50%) of Clubs that are just not contributing to the sport.

ALL Clubs, excluding some of our country members who may not have the number of people available, will be expected to nominate a 'Volunteers Coordinator', who will supply a list of club people to be trained. During the season we were ably assisted by other volunteers in the Regatta Control office, Trainee BRO's, Boat Drivers, assistant Judges, Scrutineers and Regatta Marshals. I thank those Clubs that are currently supporting the Association and ask that they continue their generous commitment. However, it is only a few to look after a lot! Remember that the sport is run for you by volunteers and no volunteers, no rowing! Also, remember to 'Play by the Rules' - thoughtfulness, courtesy and politeness. Unfortunately it became quite apparent a few times this past season that there are some people who need to review their attitude towards our volunteers and officials who may be on the gate or in the Regatta Control office.

I thank those coaches and rowers that made a conscious effort to brush up on the 'Rules of Racing' during the season and those that also made that extra effort to be on time for their race/s. However, there are still a number of 'culprits' that require regular reminders re: use of Bow Numbers, arrival time for a race, uniform attire in the boat, adherence to Traffic Rules, underweight coxswains, poor boat preparation, inability to steer a straight line and poor (or lack of) response to instruction from Officials. The Rules of

Racing are essential for safe and fair competition and they do need to be understood and followed. Since the construction of the buoyed course it is now even more essential that coaches take time to educate their coxswains (and rowers as well) and take the opportunity to send them along to a Coxswains course. A very valuable aid for this training is the DVD "Coxing for Novices", a professionally produced video by TAFE SA in conjunction with the Union of Master Rowers and available on-line at: <https://products.tafesa.edu.au/LOR/Browse.aspx?ActivityCode=JB>

Follow the instructions to purchase.

Uniforms have been an issue this season with a few of the clubs deciding to change, albeit slightly, their design/colours and not seeking Board approval to do so and others not wearing their approved club uniform because one was not available! Please make sure you get approval from the RSA Executive and have some stock on hand for new members. Basic boat control and handling skills need to be seriously addressed and improved before coaches enter new crews for their first regatta. I would suggest it is not only demoralising for a novice crew that is unable to turn, back or 'touch up' to the start line, but very frustrating for the BRO in charge of those crews on the course. Random weighing of coxswains has again been necessary this past season as a number of Clubs continue to ignore or abuse the rules. Coaches need to be more aware and assist their coxswains to find the correct type of weight (if required) and the appropriate way to carry it in the boat. Crews that do not listen to instruction and ignore directions and warnings from

the Officials, at the Start, during the race and at the Finish will be removed from their race (and the results).

To make our regattas an ongoing, enjoyable experience, I welcome any feedback (and criticism) that you might have that could help in this process. There are a number of issues that do filter back to me during the season and some can be addressed promptly and others need to be discussed at appropriate forums like General Committee meetings. Make sure you raise your concerns and don't carry them through into the next season when it is probably too late to do much about them. Please think about how we might be able to improve the sport for your enjoyment and don't hesitate to talk to me about your solutions! I am available to speak to your Club, coaches, crews and coxswains if you require.

I thank the Board, for their ongoing support of my role as Umpires Commissioner and the RSA staff and the volunteers in the Regatta Control Office, for their patience, assistance and support for all the BRO's throughout the year. It has been my pleasant task to present the Commission's Report for 2009/2010 and I look forward to seeing everyone again on and off the water next season.

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CURRENT LICENSED BRO's

DR.	JOHN	ASENSTORFER	[AHS]	MR.	ROSS	MOFFAT	[Wilderness]
MR.	BARNY	CUNDELL	[TRC]	MR.	BRYAN	O'DONNELL	[Goolwa RC]
MR.	MICHAEL	EASTAUGHFFE	[TRC]	DR.	ORSO	OSTI	[AUBC]
MR.	PETER	ERSKINE	[Riv RC]	MR.	BOB	PENNINGTON	[Goolwa RC]
MR.	JOHN	HALLIDAY	[TRC]	MR.	STEVE	PENNINGTON	[Riv RC]
MR.	JOE	JACKSON	[ARC]	MR.	BRETT	RALPH	[AHS]
MR.	MAX	LINDSAY	[MRC]	MR.	NORM	SAUNDERS	[Nor-Mor HS]
MR.	PAUL	LOGAN	[TRC]	MR.	TIM	WARD	[PARC]
MR.	GREG	MELBOURNE	[Riv RC]				

masters commission report

doug raymond



Given the extraordinary developments in the Masters Commission arena this year, following is a short note for history's sake.

Some two years ago, the Union of Masters Rowers, its own

genesis in the Union of Old Oarsmen, acknowledged the need to develop a more strategic approach to masters rowing. This would be for the overall benefit of the ever-increasing numbers of masters returning to, or taking up the sport of rowing. The plan was to join forces with Rowing SA and assume the entity of the Masters Commission.

Our early approaches to Rowing SA were well received and that support spurred us on to undertake a state-wide promotional drive to allay the fears of some where ancient history may have been the cause of the divergence of our two organizations. The AGM that followed supported the strategic direction: Amalgamation.

Whilst it took a further year to address the operational, managerial and legal aspects of such a merger, the amalgamation was ratified by the Office of Consumer and Business Affairs on the 9 July 2010.

Our Masters Commission is now comprised of, in effect, the committee as it was then of the Union of Masters Rowing, representing masters rowing clubs, with its principle focus on the development of rowing opportunities for masters: and adopting such a role, not forgetting some of the very successful events that it conducted under its previous guise. Rowing SA has fully supported the overall concept and also established a special Masters Fund, a home for the transferred UMR funds, for use by us in the promotion of masters in rowing.

We are of the belief that to provide a strong focus

on masters rowing, we need a strong collective, not divided, approach to rowing generally. We thank Rowing SA for its continuous and unwavering support throughout the entire process.

We look forward also to an open and regular dialogue with all masters in rowing, whether club members or not, whether members of Rowing SA or not. It is after all, the very prime objective of the Masters Commission. We represent you, the masters.

Now to the matters more topical and personal -

The masters of rowing in SA showed how much they love the sport by taking part in most regattas this year. Congratulations go to Mannum Rowing Club (winners of the best Masters Male Club Award), Riverside Rowing Club (winners of the best Masters Female Club Award), Dean Mobbs and Gordana Kalanj as the best Masters Male and Female Rowers. These clubs and rowers have worked hard all year and are looking forward to competing again next season.

On Saturday 1st May about 85 Masters competed in the State Masters Championship at West Lakes. Riverside won 11 events, Pembroke won 7 events and Mannum was the best country club with 6 wins. The Champion of Champions were Caroline Mussared and Rick Fitzgerald. This year rather than having a long drawn out regatta we had Dragon boats racing in between rowing events which was quite spectacular and we look forward to doing the same thing next year.

South Australian clubs were well represented at the National Masters Championships held at the new Champion Lakes course near Perth between the 3rd and 6th of June 2010.

The SA contingent contained members from the Mannum, Pembroke, Port Adelaide, Riverside and Torrens clubs, who combined in different composite crews to compete in a wide range of events.

All clubs and most competitors achieved medals, which was due in great measure to the co-operation and camaraderie amongst the group.

The SA group won a very creditable total of 30 medals: 10 gold, 12 silver and 8 bronze. A full list of medals is attached.

Notable amongst the wins were Australian Titles in

- Women's E and F quads
- Men's F quad, as well as F and G fours
- Men's I single

There were also gold medals in the Mixed F eight, F four and E double scull events.

The standout performers from the South Australian group were Gordana Kalanj of Riverside (11 medals), Caroline Mussared of Pembroke (10 medals), Dean Mobbs of Mannum (9 medals), Peter Hodson of Pembroke (8 medals) and Phil Gebhardt of Riverside (7 medals). Mention must also be made of Vicki Knight of Port Adelaide who lost count of the number of races she coxed, and who brought home 6 medals.

Special mention must be made of Claire and John Banks of Mannum rowing in I-Grade which is for rowers aged between 75 and 79 years. Claire and John each competed in a number of events, both snaring 4 medals. John won the Men's I single and rowed very well in the Champion of Champions handicap race to record a solid 6th.

One crew which particularly symbolized the cohesion of the group was the Mens E-grade eight which displayed all five club uniforms amongst its crew. While it did not finish in the medals, it performed creditably for what was in effect a scratch crew, finishing 5th less than 3 lengths behind strong Victorian and WA crews from single clubs.

Another result of note was the E grade mixed double win of the husband-and-wife crew of Caroline and Mark Mussared on the Friday of the regatta. That day was marked by a very strong cross wind, and although starting in lane 8 the wind was such that they ended up crossing the finish line in lane 5, thankfully well ahead of crews in the intervening lanes!

I finish on a strategic note. Now with most clubs having a masters representative on our planning committee, we can tackle some of Rowing SA's needs. The Commission played a very important part in the preparation of the Order of Events for 2009-10 season and we particularly thank Mark Mussared and David Eichler for the incredible amount of time they gave to this project. At this early stage, the Commission has worked on getting more people interested in volunteer roles in regattas. Whilst we have held some meetings and have had good attendance from most of the Masters clubs, we still have a long way to go. Without that support, there will be no regattas. It is up to us.

Most clubs now have a Masters representative on our planning committee, speak to them.

MASTERS ROWERS, ENJOY....



Photos: Masters Winners at the Australian Masters Championships held at Champion Lakes, Perth WA

2010 AUSTRALIAN MASTERS ROWING CHAMPIONSHIPS CHAMPION LAKES, PERTH

Event	Crew	
Gold	Womens E4x	Caroline Mussared, Gordana Kalanj in a composite with Canberra
	Womens F4x	Caroline Mussared, Gordana Kalanj in a composite with Canberra
	Womens F4-	Gordana Kalanj – composite with Canberra
	Womens H8+	Claire Banks, Elaine Guterres – composite with Balmain
	Mens F4x	Dean Mobbs, Peter Hodson, Phil Gebhardt, Brian Bormann
	Mens F4+	Vicki Knight, Dean Mobbs, Peter Hodson, Phil Gebhardt, Brian Bormann
	Mens G4-	Peter Hodson, Phil Gebhardt, Brian Bormann, John Banks
	Mens I1x	John Banks
	Mix E8+	Vicki Knight, Dean Mobbs, Paul Knight, Mark Mussared, Ian Robertson, Caroline Mussared, Gordana Kalanj, Helen Wighton, Chilli Parker
	Mix F4+	Vicki Knight, Dean Mobbs, Phil Gebhardt, Caroline Mussared, Gordana Kalanj
	Mix E2x	Caroline Mussared, Mark Mussared
Silver	Womens F2-	Caroline Mussared, Gordana Kalanj
	Womens G8+	Gordana Kalanj – composite with Melbourne Uni
	Womens H1x	Claire Banks
	Womens H2x	Claire Banks, Elaine Guterres
	Mens D2x	Graham Hunt, Mark Johnston
	Mens E4+	Vicki Knight, Peter Hodson, Dean Mobbs, Mark Mussared, Michael Wegener
	Mens G4x	Dean Mobbs, Peter Hodson, John Banks, Brian Bormann
	Mens I4+	Muller, Argue, Agnew, Penfold, Holst
	Mens I2-	Ryan, Argue
	Mix E4+	Vicki Knight, Mark Mussared, Paul Knight, Helen Wighton, Linda Munns
	Mix E2x	Peter Hodson, Gordana Kalanj
	Mix F8+	Vicki Knight, Dean Mobbs, Peter Hodson, Phil Gebhardt, Brian Bormann, Caroline Mussared, Gordana Kalanj, Helen Wighton, Chilli Parker
	Mix F4x	Dean Mobbs, Phil Gebhardt, Caroline Mussared, Gordana Kalanj
Bronze	Womens F1x	Caroline Mussared
	Mens H8+	Argue, Agnew, Reschke, Knight, Seale, Penfold, Ryan, Muller, Holst
	Mens I4x	Penfold, Argue, Ryan, Muller
	Mix D2x	Roly Dankbaar, Linda Munns
	Mix F2x (Div 1)	Phil Gebhardt, Chilli Parker
	Mix F2x (Div 2)	Peter Hodson, Gordana Kalanj
	Mix F2x (Div 3)	Dean Mobbs, Caroline Mussared
	Mix F-J 2x	John Banks, Claire Banks

overview of athletes' commission

In late 2009, the Rowing SA Board took the decision to establish an Athletes' Commission to act as an advocate for the State's elite and sub-elite rowers, and the Commission has been charged with the following responsibilities as per its Charter.

The purpose of the Rowing SA Athletes' Commission is to represent the views of elite and sub-elite athletes to the Rowing SA Board, and to report to the athlete body the outcomes of relevant decisions made by Rowing SA on issues identified by the athlete body through the Athletes' Commission.

The Rowing SA Athletes' Commission will endeavour to look after South Australia's elite rowers in the following ways:

- to be available to provide advice and support to athletes where appropriate.
- to communicate relevant material from Rowing SA to the athletes
- keep the athlete body informed
- provide the athlete body with a structure for having communications with the Rowing SA Board.
- to provide guidance in the form of independent advice to athletes involved in an appeals process.
- by interacting and liaising with the Rowing Australia Athletes' Commission as required.
- to understand and communicate the concerns and issues faced by SA's elite and sub-elite rowers to the Rowing SA board.

The Athletes Commission consists of a Board-appointed Commissioner and the male and female State Team Captains. The inaugural Chair of the Rowing SA Athlete Commission was Tim Hennessy and the 2010 State Team Captains were James McRae and Laura Osti.

Tim has been a highly accomplished rower at the State and National level, having represented South Australia in the Kings Cup crew for several years, as well as acting as State Team Captain on multiple occasions during that time. Tim is a highly respected member of the South Australian rowing community, and is recognised by all those around him for his sense of fair play, sportsmanship, dedication and compassion – all qualities which made him an obvious choice for the Board to appoint as the inaugural Chair of the Commission.

The Rowing SA Board would like to thank Tim, James and Laura for their efforts and their steady leadership over the past few months.

Finally, the Athletes Commission can only achieve its maximum benefit for the State's elite and sub-elite rowers when it is utilised and engaged by those for whom it represents, and sharing your ideas, concerns and opinions with the Commission for them to act upon is strongly encouraged.

athletes' commission report **tim hennesy**



It was an honour to be asked to take up the position of Rowing SA's Athletes' Commissioner and the first six months has been both rewarding and successful.

This State based role was developed as an extension of

Rowing Australia's Athletes' Commission, a great resource for athletes on the path to making National crews. Providing support and advice on the selection issues by listening to athletes, the role also involves taking appropriate action when needed. It provides a coordinated link to coaches, selectors and the Board but in many cases simply offers a confidential chat for their concerns and issues. There are many challenges associated with the demanding nature of the sport, and having experienced first-hand the process, demands and emotional roller coaster of selection, placed me well for this role.

Selection for the 2009-10 State Team and Youth Cup squad was well run, without any major incident. This was due to a very sound selection process, combined with athletes being better informed through effective use of the internet and social networking. Thank you to Rowing SA, selectors and coaches for providing clear guidelines and having a transparent process which has made my job and the athletes' lives easier.

I have no doubt that the role will continue to evolve, and that athletes will embrace what can be achieved through the platform offered by the Athletes' Commissioner.

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Photo: Olympian - James McRae (SASI/Murray Bridge Rowing Club)

facilities, maintenance & course manager report

tim ward

This will be my second report. I cannot believe the year has gone by so quickly. Many things have transpired since our last Annual General Meeting.

The course was finally completed after numerous issues and delays and does to this day present several unprecedented issues mainly relating to the time required to maintain and keep the course in pristine condition. The extremely quick build up of coral, barnacles and debris on all the lines, buoys, clips and pontoons has created what should be almost a full time position to keep the infrastructure clean. If the course is not maintained regularly the buoys and lines begin to sink with the weight of the barnacles etc. The cleaning of these items is tedious, time consuming and challenging.

There has been a very limited group of volunteers led by myself (also a volunteer) who I must thank for making themselves available to assist me in maintaining the course. In particular, I thank my devoted assistants, Brett Ralph and Jim Murphy from Canoe SA who have put in many hours along with David Eichler, Rick Fitzgerald, Rod Elleway, Will Danby and a special thank you to the small group who I have not named who kindly put their hand up on occasions to help. Whilst I am very grateful for the help I have received it is unfortunate that we have the same few dedicated volunteers that we have to call on all the time. It is disappointing that with an Association as large as ours that we have such a poor response when we put out a call for help. The course is there to assist all the rowers so please respond to our calls for help.

The course was tried and tested in April when the Australian Dragon Boat Championships were held. The Starting Pontoon was moved to the various locations with the only hiccup being the theft of the 2 new outboard motors from the Pontoon in the middle of the night. With a bit of creativity the pontoon was

moved using the umpire boats and a lot of helping hands. This event was the biggest Dragon Boat Competition ever held in the World with over 2,000 competitors. Whilst this event was extremely successful the work load leading up to and during the event was considerable. In return Rowing SA gained unexpected income by hiring out our facilities and also benefitted from high bar sales. The Dragon Boat paddlers can surely drink! The success of this event was due to the contingent of over 120 Dragon Boat volunteers across the 4 days. It should be noted that the 2011 Australian Rowing Championships will require considerably more than this over the 7 days. A team will also be required in the weeks leading up to the Rowing Championships preparing the course including the erection of the Starters Tower and Aligner's Huts.

In May, being the end of the competitive season it is Council requirements that the course be brought in leaving out 2 lanes to assist with safe on-water traffic management. These lanes still require cleaning and maintenance over the winter months. Over the winter months the 3 sports being Rowing, Canoe and Dragon Boat will be cleaning the buoys and lines in preparedness for the complete course being re-laid in February for the very busy competitive season ahead including the Aust Rowing Championships and immediately following will be the Aust Canoe Championships. A lot of work will be required on the 2 days between the two major events including the moving of the start pontoon from the 2,000 to the 1,000 metre mark and the removal of all the temporary infrastructure on the lawns and reserves which needs to be clear for the Canoeists.

In October of this year the real work begins in preparation for the Nationals. We have already had numerous meetings to prepare for the Nationals. My part, which is Course Management, involves

a considerable amount of work and will rely on many extra hands over the whole season. After the completion of the last few regattas including the Head of the River and the State Masters Championships the work to bring in the course for winter and preparing for cleaning and storage will commence.

**‘MANY HANDS WILL MAKE LIGHTER WORK’
– Your help is much needed!!!**

Did you know? –

NEW COURSE MANAGEMENT ARRANGEMENTS –

- The SA Government provided the funds for the construction of the new course infrastructure and retains ownership of the course assets.
 - Rowing SA has been appointed by the SA Government to manage the course on the Government’s behalf.
 - The SA Government required Rowing SA to enter into a Management Agreement which details the management responsibilities of Rowing SA in relation to the Course which includes the following;
 - o Maintenance of the course infrastructure;
 - o Reporting, budgeting and financial management;
- Rowing SA provides the management services for the course voluntarily to the SA Government under this Agreement.
- All financial matters relating to the course are independent from Rowing SA’s other activities.
 - o A complete separate set of financial accounts and records are maintained by Rowing SA on behalf of the SA Government including separate bank accounts.



rowing australia report

michael eastaughffe



The release of "Australia Sport: A Pathway to Success", coupled with the increased funding it could potentially provide, has presented an opportunity for all Australian Rowing Partners (RA and State and Territory Associations) to streamline

their operations and embark on a fully coordinated national approach to the delivery and reporting of all national programs.

The policy seeks to deliver on three key goals for the Australian sport system: increasing participation numbers, strengthening sporting pathways and striving for success.

The Australian Sports Commission (ASC) will be tasked in implementing this sport reform agenda and distributing the funds applied to the program. The agenda includes: -

- A Sport and Education Strategy – to increase the role and effectiveness of sport in schools and to boost the number of children participating in our sporting base.
- Requiring National Sporting Organisations (NSOs) to have an increased focus on participation outcomes as part of their funding agreements with the ASC and boosting funding opportunities for NSOs to grow grassroots participation through direct grants to community clubs.
- Introducing new funding and measures to address the particular issues affecting women's participation, advancement and leadership in sport.
- Recognising the importance of quality coaching right across the sporting spectrum and introducing new funding, training, support and mentoring to assist coaches.



- Providing additional coaching and officiating training opportunities for up to 45,000 community coaches and officials and subsidised costs associated with training for 5,000 new community coaches and officials.
- Doubling talent identification program – ensuring that our future champions are both discovered and assisted to reach their full potential.
- Increasing funding for the development pathway, doubling the Local Sporting Champions program to provide financial support to 4,000 more young Australians and expanding the number of domestic competitions available for Australian athletes to compete in.
- Introducing a new program to enable our current and retired athletes to use their position as sporting role models to give back to the community or assist the development of aspiring sports men and women.
- Recognising the critical role of volunteers to our entire sports system and introducing measures to support, subsidise and reward their efforts.
- Boosting funding support for our high performance athletes and the retention of our high performance coaches.
- Assisting our high performance athletes to attend and compete strongly in international competition.

This new Government policy will be backed by \$1.2 billion in funding over the next four years for Australian sport. This money comprises a \$324.8 million allocation to the ASC which incorporates \$195.2 million in new funding, the vast majority of which will be distributed to NSOs to implement

strategies and initiatives that achieve the stated outcomes of the policy.

It is expected that the High Performance Funding will be confirmed around the end of September 2010 and the Community Development Funding by the end of the year, although political processes can make these outcomes stretch out a bit.

Issues relating to the Community Development Funding were discussed at length at the mid-year Rowing Australia Council meeting last June in preparation for submissions. Further, clubs have already been asked to complete census information that Rowing Australia is using in its submission for this funding.

Further, at the 2009 Rowing Australia AGM the Council identified three items as strategic priorities for the rowing community that were adopted as national initiatives for completion in 2010. The identified priorities were: -

1. National Water safety and Usage Guidelines
2. A national Insurance Program
3. Greater usability and accessibility of ROMS

NATIONAL ON-WATER SAFETY AND USEAGE GUIDELINES

Three documents have been produced which now form the National On-Water Safety Policy and Usage Guidelines. All three documents are designed to work alongside any State or National/International Maritime Regulations and Rules and are able to be updated in future if necessary. The documents are: -

Safe On-Water Code Of Conduct

The Code outlines in simple terms the expectations of safe use of waterways and the relationships that exist between users of those waterways.

On Water Safety Guidelines – A Practical Guide for Rowing Clubs in Australia

This document expands in layman's terms how the Code can be applied by Clubs and individuals. In particular, it outlines the recommendation that each State appoint a "Safety Officer" to monitor State

issues and be a focal contact into and out of the State for information flow to RA.

Safety Assessment Checklist

The excel spreadsheet is designed to be a fast and simple checklist – that will enable a Club Safety Officer to rapidly assess where weaknesses exist in safety procedure and equipment.

NATIONAL INSURANCE PROGRAM

Following consultation with individuals experienced and qualified in the area of sports insurance, RA released to market a request for tender for the provision of a national program for the insurance broking, claims management and risk management of the Australian rowing community.

The stated intention of this program is to provide, where appropriate, the insurance products currently held by Rowing Australia (and other products as appropriate) to all member associations and rowing clubs. The advantage of such a scheme is twofold, namely;

- To ensure that all members and rowing clubs and schools across Australia have appropriate insurance cover;
- To access the buying power that will lower the premiums for all participants without limiting the level of cover provided.

RA received six full tender proposals which are currently being evaluated before being presented to the RA Board and NSOs.

GREATER USABILITY AND ACCESSABILITY OF ROMS

Following approaches from State Associations RA has embarked upon a full review of the ROMS system and its associated benefits and shortcomings in contrast to other comparable products. This issue was discussed at length at the RA Council mid-year meeting last June and a report was received from the independent consultants appointed.

Chris Firth from Rowing SA office has been appointed to on ongoing panel that will assess and report on future issues surrounding this product.

2011 australian rowing championships report

lisa Daw



Rowing SA looks forward to welcoming a large contingent of interstate and local rowers and supporters to the Australian Rowing Championships in Adelaide from the 7th-13th March next year.

With the completion of the fully buoyed international standard course at West Lakes, Adelaide is now ready to stage this national event for the first time in 12 years.

Over 2000 competitors and 25,000 spectators are expected over the seven days of competition as West Lakes is set to transform into a showground of world class rowing with the electric atmosphere that accompanies elite competition.

Thank you to the SA Government and in particular Events SA, our major sponsor, who is providing assistance and support both in monetary and in kind services. March is an extremely busy time in Adelaide with many major events on the calendar, so early planning has been essential. Facilities, equipment and infrastructure requirements have already been booked to ensure availability.

The City of Charles Sturt Council has been extremely supportive of the Association throughout the planning process. One of their initiatives has included the upgrade of reserves around the rowing course in readiness for the event. I would like to thank the Mayor of the Charles Sturt Council and his staff for their ongoing advice, support and assistance in the lead up to the Nationals.

The Organising Committee has been working together for over 10 months and has already undertaken an extensive consultation process to ensure that the 2011 Nationals will be a well organised, well participated event. Liaison between the various athlete groups and Rowing Australia will ensure all requirements

for a successful national event are guaranteed.

Notwithstanding, the West Lakes location has provided some logistical challenges for an event of this size and careful ongoing planning is essential.

The Committee is structured into ten separate portfolios to ensure every aspect of organising this event is covered. I would like to thank in particular our venue management team including, David Eichler, Richard Daw and Paul Logan, who have been instrumental in developing and documenting plans for the venue, traffic management requirements and on-water traffic flow. Peter Erskine has also been diligently working on the financial aspect and is overseeing the detailed budget. There are too many volunteers to name individually here, but I would like to thank them all for their ongoing support, assistance and expertise.

Whether as a volunteer, official, ambassador for the sport of rowing or patriotic South Australian, I look forward to the support, input and goodwill of the local rowing community which will ensure the difference between a good event and a great event for all.

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sasi report

2010 Australian Rowing Team

Seven SASI athletes and three SASI coaches were selected to represent Australia in under-age teams in 2010. This is represented by:

Australian U23 Team – Five athletes and two coaches

Australian Junior Team – Two athletes and one coach

Australian U23 Team:

Brest - Belarus

Men's Quad Scull (4x) - Eighth

Sam Martin (MBRC- SASI)

Coach: Zoltan Shepherd (SASI)

Training in Adelaide

Women's Four (4-) – Silver Medal

Jessica Molsher-Jones (TRC-SASI)

Peta White (TRC-SASI)

Renee Chatterton (TRC-SASI)

Mary Connelly (TRC-SASI)

Coach: Jason Lane (SASI)

Training in Adelaide

Australian Junior Team:

Racice – Czech Republic

Women's Four (4-)

Olympia Aldersey (TRC – SASI)

Emma Basher (TRC – SASI)

Natasha Gay (WA)

Hannah Vermeersch (WA)

Coach: Victoria Spencer (SASI)

Camps based training and Adelaide



Australian Youth Olympics Team:

Singapore – Singapore

Women's Pair (2-)

Olympia Aldersey (TRC – SASI)

Emma Basher (TRC – SASI)

Training in Adelaide

The SASI Rowing Program hosted the preparation of the; Men's U23 4x,

Women's U23 4- and

Women's Junior 4-

The crews trained at West Lakes, Port Adelaide and on the Murray River.

The **2010 National Championships** were a

National Selection event for Senior A and U23 athletes.

The Championships saw a strong presence of South Australian heavyweight men scullers, **Chris Morgan** and **James McRae**. Chris won the Senior A Men's Scull title, the first South Australian to win the title.

Chris and James then combined to win a silver medal in both the men's double scull and quad scull. Chris then went on to win a silver medal in the Presidents Cup in the Interstate Regatta.

The sculling future looks bright with **Sam Martin** winning silver in the Under 23 men's single scull and bronze in the double scull with **Tom Sullivan**. The two then combined with **Max Tonkin** to win a silver medal in the quad scull.

SASI athletes made up the bulk of the King's Cup crew on Sunday, which took out the bronze medal, the first medal in this boat for a number of years.

The national championships saw the emergence of SA as a force in the Women's U23 sweep category. **Mary Connelly** and **Renee Chatterton** won the U23 pair and then combined with **Jessica Molsher-Jones** and **Peta White** to win the U23 four. Lightweight sculler **Maja Fiddler** also raced well throughout the regatta and won gold in the Lightweight Quad.

Olympia Aldersey won a silver medal in the U19 single and with **Emma Basher** won a silver medal in the U19 pair and U19 four with Lydia Yerrell and Elise Lavers.

Please see the attachment for the full results of the 2010 National Championships .

In September 2009 **Anna Tree** finished her contract as Female Scholarship Coach. The position was a fantastic development opportunity for Anna and has provided her with the necessary skills to succeed as a professional coach. **Victoria Spencer** commenced work as Female Scholarship Coach in May 2010.

During the previous 12 months the rowing program has benefited from the services of many coaches. Network coaches **Ron Mobbs** and **Vicky Spencer** provided valuable coaching support to the junior athletes in the program and to back fill when necessary. Christine McLaren was a valuable asset in teaching athletes how to row as Talent Search rowing coach.

The SASI rowing program continued to strengthen it's working relationship with RSA. In particular the development pathways and programs have been clearly defined and responsibilities clarified. SASI is looking forward to continuing to nurture these programs to further develop the underpinning pathways.

The SASI rowing program, in conjunction with RSA continues to run monthly time trials and ergo testing which is open to the rowing community. These events provide an excellent opportunity to monitor athlete's performance and the effectiveness of training.

The rowing program continues to work with the South Australian coaches, club, rowers and community to assist in ensuring all athletes reach their full potential. We look forward to this relationship continuing in the future to further develop rowing within South Australia.

Finally the SASI Rowing Program received strong support from the SASI sports science service team. Their input is extremely valuable and is a vital service in the preparation and development of athletes for London 2012 and beyond.

Jason Lane
SASI Head Coach

Zoltan Shepherd
Development Coach

Victoria Spencer
Scholarship Coach

SASI ATHLETE PERFORMANCES 2010 NATIONAL CHAMPIONSHIPS

		NATIONAL CHAMPIONSHIPS							INTERSTATE REGATTA		
Surname	First Name	1x	2x	4x	2-	4-	8+	1x	Y8+	O8+	
ALDERSEY	Olympia	SILVER			SILVER	SILVER	SILVER		4	4	
BASHER	Emma	6			SILVER	SILVER	SILVER		4	4	
CHATERTON	Renee				GOLD	GOLD	SILVER		4	4	
CONNELLY	Mary				GOLD	GOLD	SILVER		4	4	
FIDDLER	Maja	6	4	GOLD						4	
MOLSHER-JONES	Jessica				5	GOLD	SILVER		4	4	
OSTI	Laura	10	4	6			SILVER	7		4	
WHITE	Peta				5	GOLD	SILVER		4	4	
BOLT	Matthew									BRONZE	
CLARKE	Jake				6	SILVER			7		
COUDRAYE	Bryn				5	BRONZE				BRONZE	
JACKSON	John	5	BRONZE	5						BRONZE	
KINNEAR	Ned				6	BRONZE				BRONZE	
MAOIRANA	Jack				6	SILVER			7		
MARTIN	Sam	SILVER	BRONZE	SILVER						BRONZE	
McRAE	James	7	SILVER	SILVER						BRONZE	
MORGAN	Christopher	GOLD	SILVER	SILVER				SILVER		BRONZE	
SULLIVAN	Tom		BRONZE	SILVER					7		
TONKIN	Maxwell			SILVER	6				7		

sasi national
final results 2010