#### **ELECTED DIRECTOR NOMINATIONS**

Clauses 12 &13 of the Rowing SA Constitution state (in part):

The Board will comprise: (a) not less than five and up to seven Elected Directors elected under clause 13.

At least three (3) of the Elected Directors must retire every year.

Subject to clause 13.6(d), the term of office of each Elected Director ends at the conclusion of the second Annual General Meeting following their election, but the Elected Director is, subject to clause 13.6(e), eligible for re-election.

Nominations must be delivered to the Association not less than thirty-five (35) days before the date fixed for the Annual General Meeting.

Rowing South Australia sought nominations for elected Director positions on its Board and welcomed expressions of interest from individuals with experience or expertise in legal, finance, business development, philanthropy, commercial partnerships, or media and marketing.

In line with Rowing SA's commitment to strong and contemporary governance, and the requirement to maintain at least 40% female representation on Boards to receive Government funding, we strongly encouraged women to nominate.

As there have been six (6) nominations received for three (3) vacant Elected Director positions, an election will be required at the Annual General Meeting.

The following six nominations have been received (displayed in alphabetical order by surname):

- Lou Crotti
- Danielle Ford
- Jo Malcolm
- Catherine McDougall
- Liza McNally
- Tom Merrigan

Each of the nominees have provided a brief 1-page summary of their background and credentials, displayed over the following pages.

# Louis ("Lou") Crotti

Foundation Life Member, Vice President 36 years (to and including 2025), Distinguished Service Award.

Chairman of the West Lakes Committee 26 years.

Attended probably every AGM since 1978.

Bachelor of Laws, University of Adelaide.

Pro bono legal adviser to the Rowing Association 47 years.

Practised law in Adelaide 50 years, now retired.

Board member experience at State level – member of the Jubilee Board of SA (the peak body for SA's sesquicentenary celebrations) 4 years, member of the SA Council of the Australian Bicentenary Authority (SA's peak body for the nation's bicentenary celebrations) 3 years, and member of the SA Multicultural Forum 9 years.

Former member of multiple committees (spread over time) and Chairman of many of them.

#### **Danielle Ford**

1989 – 1991 Pembroke School (SA) Director of Pembroke Rowing: Mr Paul Cudmore

1990 Won Head of the River Under 16 Girls IV (Coxswain) Coach: Ms Elizabeth Mapletoft

1992 – 1993 Saint Anne's and Gippsland Grammar School (VIC) Coach: Mrs Catherine Borger

1993 Mercantile Club (VIC) Coxswain Youth VIII Head Coach: Mr Noel Donaldson

1994 University of Ripon Wisconsin (USA) Coxswain Ladies VIII

1995 – 1999 Australian National University (ACT) Coxswain and Coach Under 23 Mixed Crews

2000 – 2003 Radford College (ACT) Coach Junior and Intermediate Boys

2001 Australian Institute of Sport (ACT) Coxswain and Level 1 Coach Accreditation

2003 – 2004 Sale Catholic College (VIC) Coach Junior Girls

2005 – 2007 Fahan School (TAS) Coach Junior and Intermediate Girls

2006 Sandy Bay Rowing Club (TAS) Coxswain Masters VIII won Head of the Derwent (TAS)

2009 – 2010 Scotch College (SA) Coach Junior Boys won Head of the River (SA)

Ten-Year Break due to travelling and working in the Outback and personal health issues

2020 – 2022 Saint Peter's College (SA) Coach Junior Boys Quads won Head of the River (SA)

2021 Saint Peter's College (SA) Coach Learn to Row Beginners Director of Rowing: Mr Tim Hennessey

2020 – 2022 Loreto School Marryatville (SA) Coach Junior and Intermediate Girls Quads and Singles

2023 – 2024 Unley High School (SA) Co-Coach Intermediate Girls and Boys Quads with Ethan Mons

2024 – 2025 Saint Ignatius College (SA) Manager Rowing Program and Coach Riverside Rowing Club

2025 – Goolwa Rowing Club Octo Racing Masters Coxswain

PRESENT: Rowing SA Volunteer working towards Level 2 Rowing Accreditation and Beginner BRO

#### **PROFILE AND SKILLS**

I have been passionate about Rowing since the first time I sat in the stern of a four. I have had expert mentors along the way and always strive to learn from them and improve my own coaching success. I feel that now is the time to take the opportunity to nominate for a position on the Board of Rowing SA in a time of exciting growth and development and achievements at National and International levels and be involved in shaping the future of the sport I love. I have old-school values with a fair and just mind to act in the best interests of everyone. I have various Administration skills and some Media experience from past Education committees and not-for-profit animal welfare organisations. I offer my enthusiasm and drive to achieve the best outcomes and goals for Rowing SA. I will give my time generously, carefully and with diligence while maintaining principles and confidentiality.

#### Jo Malcolm

Jo has been an engaged member of the South Australian rowing community over the past 20 years. Beginning at Pulteney Grammar School in the 2000s, she has represented school, club (Adelaide University Boat Club and Phoenix Rowing Club) and State as a rower at both state and national competitions.

Jo is an active athlete and coach in South Australia, and has connections with the club, school and masters communities. She has also worked at an administration level at both Rowing SA and Rowing Australia from 2018-2022 within communications and development.

Employed as the Rowing Coordinator at Adelaide High School and a qualified Secondary School Teacher, Jo has a vested interest in young people in the community and providing a strong environment that supports the transition of athletes from school to club rowing. She has a passion for athlete retention and inclusion in all programs, with pathways for athletes at a social, club and elite level. Her aim for tenure on the board would be to identify and address opportunities to further the retention of the vast amount of school athletes into the club rowing system.

As a Queens Cup and Masters State athlete rower in the last five years, Jo is in touch with the community and culture within the different groups within South Australia. She is eager to use the relationships within these communities to represent the key stakeholders on the board and drive real positive cultural change to represent the key interests of these groups.

## **Catherine McDougall**

Catherine is a former Head of Rowing and lifelong advocate for fairness, optimism, and teamwork. After stepping away from the rowing community in 2023 to care for her dad, Catherine redirected her skills and energy into launching a national start-up. She is now the cofounder and Managing Director of Support Plus - a tech company operating across Australia, designed to answer the question caregivers have of 'what happens to the person I care for if something happens to me?' With plans to expand internationally, Support Plus is already making impact at scale and has received both state and national grants in recognition of its innovation and community benefit.

While based in Adelaide, Catherine works predominantly from South Australia and regularly travels to Melbourne, where her team is located.

Catherine brings a unique perspective to the Board, bridging the needs of clubs, schools, athletes, and the broader rowing community. This would be her third term on the Board of Rowing SA, where she currently serves as Chair of People and Culture. She hopes to continue her work championing the people who make up the rowing community and strengthening the support systems around them.

A passionate advocate for inclusivity and gender equality, Catherine remains committed to creating welcoming and thriving environments across all levels of the sport, believing that connection and culture are the foundation of rowing's future.

### Liza McNally

I have over 25 years' professional experience in brand strategy, PR communications, crisis communications, creative, advertising, stakeholder management, sponsorship, philanthropy, social and digital marketing. My industry experience includes media, tourism, hospitality, gaming and education.

I am currently Director of Marketing & Community Engagement at Prince Alfred College. In this role I manage the brand, marcomms, events and PR/crisis communications, and I am a member of the steering committee for the College's Master Plan. Stage 1, a \$23 million redevelopment of the Preparatory School, is currently in construction.

I have previously held executive level roles (Chief Marketing Officer) at both SkyCity Entertainment Group and also at New Zealand Media and Entertainment (NZME), both reporting to the CEO. In addition, I spent 14 years at News Corp Australia in various senior marketing and sales roles in Melbourne and Sydney.

I have over 10 years' experience participating in a non-executive capacity on a range of Trusts and Boards. Most recently I was Deputy Chair on the Board of AFL New Zealand, a Board I had been a member of since 2018. This role concluded in June, following a successful restructure of the organisation into the AFL's international markets portfolio.

I have completed the Company Directors' Course (2020) through the New Zealand Institute of Directors and I am a member of the Australian Institute of Company Directors.

Whilst not a rower myself (my main junior sport was hockey), I have been involved in rowing in both New Zealand and Australia over the past seven years, through my children. My eldest daughter, Caroline, currently rows with AUBC and SASI and my youngest daughter, Annabel, has recently finished rowing with Seymour College. Between them, they have been members of the past three Head of the River winning girls' First VIII crews. I have travelled with them to the past four Australian Rowing Championships.

I would welcome the opportunity to contribute more extensively to rowing in South Australia through participation on the Board of Rowing SA.

## Tom Merrigan

Tom brings over four decades of experience in South Australian rowing as a competitor, coach, and mentor. He is a dedicated and passionate contributor to the development of young athletes and has played a key role in coaching some of the most successful junior crews in recent seasons.

Currently, Tom is coaching at Pembroke School, where he oversees all aspects of the squad's program—including ergo, strength and conditioning, and on-water sessions. With his assistance, Pembroke claimed six State Championships and multiple national medals at the 2025 Australian Rowing Championships.

In 2024, Tom was selected to coach the State Pathway Men's Quad, demonstrating his ability to unite athletes from multiple schools into a cohesive high-performing crew. The crew was the fastest coxless quad at the Pathway Regatta despite limited preparation time.

Tom previously served as Inter Boys Lead Coach at Scotch College (2022–2024), where he managed over 20 athletes and contributed to multiple state titles and national-level performances. Notably, his 2023/24 Scotch 9/10A Quad won the Rowing SA Schoolboy Crew of the Year award.

Tom began coaching in the 1980s after completing his own competitive rowing career, which included rowing for the Scotch College 1st VIII and representing South Australia in the Youth VIII. His early coaching at Scotch focused on junior development and helped several rowers progress to State and National levels.

A professionally engineer and business manager, Tom holds a Bachelor of Design and an MBA from the University of South Australia. He holds a Level 2 Rowing Coaching Accreditation, Senior First Aid, and all relevant child safety certifications.

Tom's broad experience across school, club, and state levels, combined with his strategic and administrative business management background, position him as a valuable asset for the governance and growth of rowing in South Australia.