

Use of Coastal Boats Checklist

Before transporting.

- Ensure the craft is tied down correctly.
- Put a jockey strap on the drainage flap at the rear of the boat for transporting.
- Either secure the seat in the boat with a jockey strap; or remove the seat and place it in the trailer.
- On the doubles, ensure the riggers are strapped together so they don't bounce around.
- Check the riggers (are in the trailer) for the singles.
- Check you have oars.

Ensure you have a 10mm, 13mm spanner, a Philipps head screwdriver and an Allan key set for the fin (just in case!)



Check the Boats before the session.

*These boats are to be treated no differently to other rowing boats.
Please take good care of them.*

- Oars
- Riggers
- Bung – must be closed prior to use.
- Fin
- Ensure seats, foot stretchers, and riggers are secure.
- Check for any cracks or damage prior to use.



Personal Preparation:

- Ensure that all participants have completed appropriate waivers, are competent to complete in the activity, and have the appropriate permissions to participate.
- Wear appropriate clothing for the weather and water conditions.
- Apply sunscreen.
- Secure personal belongings in waterproof bags.
- Boarding:
 - Enter the boat without causing instability and try to distribute weight evenly for stability.

After the session

- Loosen the bung and drain the water from the boats – leave the bung open and attached.
- Wash down using fresh water including the metal areas and moving elements.
- Check the fin is in place.

For Ocean Use

Know the local SA Marine Rules

- Keep a lookout for other vessels, swimmers, or hazards.
- Maintain a safe distance from rocks, or other obstacles.

Equipment

- Life jacket – it is recommended that an approved life jacket be always worn.
- Ensure conditions are suitable for rowing and consider any weather forecasts that may affect the session.
- Ensure you have on-water retrieval capabilities.

These boats are self-bailing.

- Have you completed a capsize drill?
- Can your rowers swim in ocean conditions?
- Are they competent swimmers?
- Do they know what to do if their boat capsizes and the swell moves the boat away from their reach?

Check the Conditions

- Check the conditions.
- Is it windy – will the boat tip over and leave you in the water and not able to reach the craft?
- Swell should be no higher than 1 metre.

Approaching Shore

- Select a safe landing spot, avoiding strong waves or currents.
- Prepare to disembark without tipping the boat.

Report any damage to Rowing SA on return of the craft
