

Changes To Event Requirements - Activities & Key Dates

Added

NSW Rowing Championships	Interstate		6	9 th – 11 th February 2024
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Added

Athletes competing at the NSW Rowing Championships are exempted from the Small Boat Combine at the concurrent February West Lakes Regatta. Small boat results from the NSW Rowing Championships may be considered by the selection panel.

Amended

12. **COXSWAINS:** coxswain selection is gender neutral. Coxswains seeking selection must demonstrate they are able to make the weight limit.

(a) Coxswains have a target weight of 55kg (or less) at the following events:

- South Australian Rowing Championships
- Seat Racing/Speed Order Trials
- Australian Rowing Championships

(b) All coxswains are required to participate at the 2024 South Australian Rowing Championships. In this regatta all coxswains must:

- steer an Eight.
- have a live tracker attached to the boat and recorded during that race.
- submit a voice recording of that race.

(c) All coxswains must submit an additional voice recording from an 8+ race, recorded at another Rowing SA regatta in February 2024.

The document has been placed on the website 11th January 2024

