

EVENT REQUIREMENTS

2024 INTERSTATE & PATHWAY STATE TEAM SELECTORS

Please Note: Rowing South Australia ("RSA") will review these Event Requirements by no later than October of each year but may review and update these Event Requirements at any time, including by announcing and publishing further or varied requirements and standards prior to the relevant event or trial and the publication or notification shall take effect in accordance with the RSA Selection Policy.

BACKGROUND

The RSA State Team Selection Policy outlines the broad selection criteria for all rowers and coxswains and can be viewed on the [RSA website](#). This document operates as an appendix to the Selection Policy and outlines the activities that nominees must complete to be eligible for selection consideration as an Interstate and Pathway Selector.

EVENT REQUIREMENTS - ACTIVITIES & KEY DATES

Activity	State Team	Type (Minimum)	See note(s)	Date
Nominations open for Selectors	Interstate/Pathway		1, 2	23 rd October 2023
Nominations open for athlete, coxswain, and coaches	Interstate			23 rd October 2023
Nominations Close for Selectors	Interstate/Pathway		1, 2	3 rd November 2023
Selectors Announced	Interstate/Pathway			10 th November 2023
Nominations close for coaches and are appointed within 1 week	Interstate			24 th November 2023
2000m Erg	Interstate		4	11 th - 15 th December 2023
Nominations close for athlete and coxswain	Interstate			15 th December 2023
State Team Information Session	Interstate	Mandatory		18 th December 2023
January West Lakes Regatta	Interstate	Mandatory		20 th January 2024
5000m Erg	Interstate		4	22 nd – 26 th January 2024
Nominations open for athlete, coxswain, and coaches	Pathway			1 st February 2024
2000m Erg	Pathway		4	1 st – 29 th February 2024
February West Lakes Regatta	Interstate	Mandatory		10 th February 2024
<i>South Australian Rowing Championships</i>				<i>17th & 18th February 2024</i>
2000m Erg	Interstate		4	19 th – 25 th February 2024
Nominations close for athlete, coxswain, and coaches	Pathway			29 th February 2024
SENIOR Seat Racing (if required) and/or Speed Order (if required) YOUTH Seat Racing (if required) and/or Speed Order (if required)	Interstate	Mandatory	6	3 rd March 2024
Pathway Info Session	Pathway	Mandatory		4 th March 2024
Crews Announced	Interstate			6 th March 2024
State Team Presentation Event	Interstate			10 th March 2024
State Team Training Day	Interstate	Mandatory	8	10 th March 2024
Seat Racing	Pathway	Mandatory	6	10 th March 2024
Pathway Team Announcement	Pathway			14 th March 2024
Australian Rowing Championships	Interstate		7	18 th March - 24 th March 2024
2000m Erg	Pathway		4	3 rd April 2024
Pathway Team Presentation Event	Pathway			10 th April 2024
Pathway Regatta	Pathway			14 th – 16 th April 2024

1. **ELIGIBILITY:** Selectors seeking selection must fulfil all requirements in the RSA Selection Policy.

2. **NOMINATIONS:** Selectors seeking selection are required to Nominate via the [RSA Website](#).

Selectors must submit a CV, including one referee. The CV should outline motivation for nominating, history, skills, relevant experience and highlight any conflicts of interest. Following the consideration of submitted information, nominees may also be required to participate in a selection interview with one or more members of the Board and the RSA CEO.

Nominations Close: 12:00pm on Friday 3rd November 2023.

3. **MANDATORY EVENTS:** Selectors are required at mandatory events. Mandatory events are outlined on the list of Event Requirements.

4. **ERGOMETER TESTING:** Is to be conducted in line with Australian Rowing Team Ergometer Testing protocols, available on the [RA website](#).

Selectors are not required at any erg testing as athletes will be completing testing at their respective schools/clubs. Selectors are required to analyse erg data.

5. **SOUTH AUSTRALIAN ROWING CHAMPIONSHIPS:** All nominees are encouraged to participate in the South Australian State Championships.

6. **SEAT RACING/SPEED ORDER:** Selectors reserve the right at their sole discretion to choose the crew combinations and the matrix of seat racing. Selectors reserve the right to conduct a Speed order trial where seat racing is not required or after the crew has been selected.

7. **AUSTRALIAN ROWING CHAMPIONSHIPS:** a minimum of one Selector is required to attend Australian Rowing Championships to manage any relevant changes to crews due to injury, illness etc.

8. **TRAINING:** Selectors are expected to attend the State Team training day. Selectors are welcome to attend all trainings but is not a requirement.

9. **LIGHTWEIGHT ATHLETES:** Selectors will need to help manage lightweight athletes and ensure they are tracking inline with their submitted weight management plan with their coaches.

10. **BENCHMARKS:** will be used to help make selection decisions. Refer to the RSA benchmarks policy.

(a) Selectors reserve the right to not select a crew if there is a failure to meet minimum benchmarks.

11. **OTHER REQUIREMENTS:** Selectors will need to fulfil the following criteria.

(a) Organise boats and other equipment in line with the RSA Equipment Policy.

(b) Within reason, be available and participate in meetings with the Head coach, Coaching Team, CEO and Athlete Commissioner and other Selectors where necessary.

(c) Assign jobs and delegate any relevant work internally or externally in accordance with the Selection Policy.

(d) Only communicate selection decisions with 2 or more selectors present, when this is not an option the Selection Ombudsman can be the 2nd person.

(e) Communicate professionally, appropriately and in a timely manner with all stakeholders including but not limited to;

- i. Athletes
- ii. Parents
- iii. Coaches
- iv. Athlete Commissioner
- v. Rowing SA including the Board
- vi. Media outlets

(f) Remain objective, unbiased and respect and uphold the decisions of board and the Selectors once a decision is made.

(g) Respect confidentiality, especially regarding selection decisions and information as well as athlete medical and personal information.