

**Welcome to the Rowing SA Indoor Rowing Room Booking portal.**

This area is for the use of all SA clubs and registered athletes.

**Indoor Rowing Room**

**Cost: \$30 per hour**

**Collect key:**

The key is to be collected prior to your booking. Please contact [admin@rowingsa.asn.au](mailto:admin@rowingsa.asn.au)

Please follow the guidelines below to ensure that both the room and ergos are maintained in proper working condition.

- All users must be registered with a club or school.
- All athletes under the age of 18 must be accompanied by a coach.
- Ensure footwear is clean before entering.
- No food/sugary drinks in the rowing room – Water only.
- If you make a mess – clean it up. Cleaning equipment is kept on shelving.
- Report any damage to [admin@rowingsa.asn.au](mailto:admin@rowingsa.asn.au)
- Leave the machines and room as you found them.
- Sanitise your machine after use.
- Make sure you check lights, fan, a/c, turn on alarm and lock door before you leave.
- Good vibe music only!