



**Rowing South Australia Inc.  
(RSA)**

**REGULATIONS FOR BOAT RACING**

**Updated and Endorsed August, 2023**

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## 2. Conduct of Racing

- 2.1 All races conducted by RSA or an affiliated club shall be under the control of the RSA Board, the Regatta Operations Manager or any other person appointed by the Board to coordinate and manage regatta operations, and the President of the Jury.
- 2.2 All races shall be conducted strictly in accordance with the extracts of the [Rowing Australia Rules of Racing](#), except as prescribed in these Regulations.
- 2.3 From time-to-time, Rowing SA will publish additional guidance and requirement documents in the management of specific regattas. These will be published on the relevant regatta page in Rowing Manager in advance of the opening of entries.
- 2.4 A race will be held if there are a minimum of 2 crews from 2 clubs OR a minimum of 3 crews from 1 club. Para-races will be held even if only 1 entry is received.
- 2.5 When there are not enough entries to form a race, entries from similar categories of boat class (e.g U23M1x and OM1x) will be combined to form a category of common eligibility at the discretion of the Regatta Operations Manager, and premiership points will be awarded to the winner(s).
- 2.6 At the Regatta Operations Manager's discretion, races and/or events may be merged to allow maximum use of available lanes.
- 2.7 Where rule 2.4 applies each separate race held within an event will be judged independently for premiership purposes.
- 2.8 Premiership points will be awarded based on the Final Draw unless otherwise specified in the Rowing SA Weather & Condition Management Policy.

## 3. Interpretation

The RSA Board shall make interpretations of the Rowing Australia Rules of Racing and these Regulations outside the jurisdiction of the Jury.

## 4. The Jury and the President of the Jury

The Jury shall be comprised of a group of accredited RSA Umpires holding an Umpires License acceptable to the RSA Umpires Advisory Group. The Jury shall be responsible for ensuring that the regatta is run in accordance with these Regulations for Boat Racing, related By-Laws and Event Regulations.

The President of the Jury (Referee) shall allot duties to each member of the Jury and shall supervise their activities. They shall chair any meetings of the Jury, complete a report at the conclusion of the regatta, and have additional responsibilities and powers as contained in this document.

## 5. Objections, Protests, and Appeals

The process for 'objections' and 'protests' arising from the conduct of racing is that outlined in the Rowing Australia Rules of Racing with the following in place for managing further appeals or appeals against a decision of the Regatta Operations Manager regarding the drawing or management of the regatta.

An appeal against any decision of the Jury, or the President of the Jury, or Regatta Operations Manager must be lodged in writing, within seven days of the Regatta, to the RSA Board, and a deposit of \$100 shall be included. This appeal will be considered at the first Board meeting after the appeal is received. The decision of the RSA Board shall be final, and if the appeal is rejected, the deposit shall be forfeited.

## 6. Status

- 6.1 Races held by or under the patronage of RSA shall be rowed in the following categories:
- 6.1.1 **Masters:** shall be open to rowers who have reached the age of 27 years.
- i) Age categories, when applicable, shall be in accordance with Rowing Australia rules.
  - ii) Age-based handicaps, when applicable, shall be as per Rowing Australia rules and may be modified as per the Rowing SA Weather & Condition Management Recommendations and Competition Day Policy.
- 6.1.2 **School:** shall be open to all athletes that are bonafide students (i.e. the athlete must be enrolled as a student in a registered school at the time of the regatta).
- i) Yr 7/8 – Open to students up to Year 7 in Term 4 and Year 8 in Term 1
  - ii) Yr 8/9 – Open to students up to Year 8 in Term 4 and Year 9 in Term 1.
  - iii) Yr 9/10 – Open to students up to Year 9 in Term 4 and Year 10 in Term 1.
  - iv) Senior/Open – Open to students up to Year 11 in Term 4 and Year 12 in Term 1.
  - v) School events are restricted to crews consisting of representatives of one school or one club only.
- 6.1.3 **Novice:** shall be open to all crews who have a Rowing Score with an average of  $\geq 3.7$ .
- 6.1.4 **Third Grade:** shall be open to all crews who have a Rowing Score with an average of  $\geq 3.1$ .
- 6.1.5 **Second Grade:** shall be open to all crews who have a Rowing Score with an average of  $\geq 2.3$ .
- 6.1.6 **Lightweight:** shall be open to all athletes who comply with Rowing Australia Lightweight maximum (no average) rules and weigh-in procedures unless determined otherwise by the RSA Board at least 1 month prior to the race.
- 6.1.7 **Open:** An athlete who is too old to be classified an Under 23 shall be classified as Open. Open rowing events are open to athletes of all ages.
- 6.1.8 **Under 23:** An athlete shall be classified as an Under 23 athlete until 31 December of the year in which the athlete reaches the age of 22.

- 6.1.9 **Under 21/Youth:** An athlete shall be classified as an Under 21 athlete until 31 December of the year in which the athlete reaches the age of 20.
- 6.1.10 **Under 19/Junior:** An athlete shall be classified as an Under 19 athlete until 31 December of the year in which the athlete reaches the age of 18.
- 6.1.11 **Under 17:** An athlete shall be classified as an Under 17 athlete until 31 December of the year in which the athlete reaches the age of 16.
- 6.1.12 **Under 16:** An athlete shall be classified as an Under 16 athlete until 31 December of the year in which the athlete reaches the age of 15.

## 7. Event Categories

7.1 The following boat classes and maximum distances for each status group for Men and Women will be recognised as Rowing SA Event Categories:

MAXIMUM DISTANCE	CATEGORIES	BOAT CLASS							
		1x	2x	4x	4x+	2-	4-	4+	8+
2000m	OPEN	Y	Y	Y		Y	Y		Y
	OPEN LW	Y	Y	Y (Women)			Y (Men)		
	PARA	Y	Y			Y			
	U23								
	U21	Y	Y	Y		Y		Y	
	U21 LW	Y							
	U19	Y	Y	Y		Y		Y	Y
	U17	Y	Y		Y				Y
	2 <sup>nd</sup> Grade	Y	Y		Y	Y		Y	Y
	School Open				Y			Y	Y
1500m	School Yr 9/10				Y				
1000m	School Yr 8/9				Y				
	School Yr 7/8				Y				
	U16	Y	Y						
	3 <sup>rd</sup> Grade	Y	Y		Y	Y		Y	Y
	Novice	Y	Y		Y			Y	
	Masters	Y	Y	Y	Y	Y	Y	Y	Y
	Masters Mixed		Y		Y			Y	Y

- 7.2 The Rowing SA regatta season shall be comprised of the listed events, although not all events must be utilised at any single regatta.
- 7.3 Rowing SA will hold an annual State Championship for all events shaded red.

- 7.4 The following additions and exceptions will apply:
- 7.4.1 **Distance Events and Time Trials:** events designated 'distance events' (Head of the Port, Three Mile Eight Race, Round the Island) or Time Trials may include amended Distances and Boat Classes. These will be published on the relevant regatta page on Rowing Manager prior to the opening of entries.
  - 7.4.2 **Sprint Events:** Rowing SA will hold a limited Sprint Season and Sprint State Championships. Events designated 'sprint events' may include amended Distances and Boat Classes. The events to be included in these regattas will be reviewed annually and published on the relevant regatta page on Rowing Manager prior to the opening of entries.
  - 7.4.3 **Novelty Events and Trial Events:** From time-to-time Rowing SA will include Novelty events or Trial events in some regattas. Events designated 'novelty' or 'trial' events may include amended Distances, Boat Classes, or Categories. These will published on the relevant regatta page in Rowing Manager prior to the opening of entries.
  - 7.4.4 **School Events:** School Events may be divided into Divisions (A,B,C, or 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, etc).
- 7.5 State Championship Events (excluding Para Events):
- 7.5.1 Championship Events may be deleted from the event list if entries do not meet race requirements in both men's and women's categories for two consecutive years.
  - 7.5.2 Championship Events may be added to the event list if an application is received by the Regatta Operations Manager from a club/clubs committing to fulfil race requirements for that event in both men's and women's categories a minimum of two months prior to the Regatta date.
- 7.6 Masters State Championship Events Only: the overall winner of a Masters State Championships event which involves multiple races will be the fastest boat over all divisions of that event after adjusting against the Rowing Australia Masters Handicap Scale.
- 7.7 The Regatta Operations Manager or President of the Jury may vary these distances depending on the venue or specifications of the Rowing SA Weather and Condition Management Recommendations and Policy.

## 8. Entries (Please see attached entry timeline at Appendix 2)

- 8.1 Entry Procedure
- 8.1.1 Clubs must nominate a minimum of two Rowing Manager Club Administrators for the entry and endorsement of all club regatta entries.
  - 8.1.2 All entries for each Regatta shall be made online via Rowing Manager.
  - 8.1.3 The entries must be completed by 9:00am on the Monday prior to the Regatta.
  - 8.1.4 Clubs submitting multiple entries in one category must assign a ranking to each crew upon entry, where '1' is assigned to the most able crew.

- 8.1.5 Where applicable, crews must be entered from the top down in the corresponding events.
- 8.1.6 New Members Requests, Transfer Requests, and Membership Renewals must be entered in Rowing Manager by an authorised Club Administrator. The process for approval must be completed in full no later than 9:00am on the Friday prior to the regatta for the athletes to be eligible for entry into that regatta. See Appendix 3 for further information.
- 8.1.7 Late entries will only be accepted under extraordinary circumstances as determined by the Regatta Operations Manager.
- 8.1.8 Crews may only “row by invitation” if:
  - i) their initial entry becomes ineligible for its category due to illness, injury, failure to make weight, or other unforeseen circumstances; or
  - ii) they are a crew training for a National event in a boat class not offered at the Regatta. In this instance, crews must file the appropriate application with the Regatta Operations Manager or the President of the Jury a minimum of 90 minutes prior to the race.Invitational entries will only be permitted if there is an available lane and will not receive a race result or be eligible to win the race. Invitational crews are not permitted in Championship finals.
- 8.1.9 It is the responsibility of the Club completing the entries on Rowing Manager to ensure that all crews (including composite crews) racing on the day are eligible (age, status, weight, and registration) for the races in which they have been entered. Penalties shall be imposed for non-compliance (see Rule 18).
- 8.1.10 RSA Membership Fees and Racing Fees are non-refundable.

## 8.2 Right of Refusal

The Regatta Operations Manager may refuse to accept any entry including the following:

1. Composite crews that do not have permission to compete.
2. Crews that are ineligible for the event.

## 9. Regatta Draw

- 9.1 The Regatta Operations Manager shall settle the lane positions of the competitors randomly.
- 9.2 The Regatta Operations Manager reserves the right to “seed” the regatta draw. In some instances, the Regatta Operations Manager, where entries permit, may divide the competitors into events based on their entry-form grading (A-D, 1-4, etc) or category.
- 9.3 If there are a large number of entries in any event, the Regatta Operations Manager may run separate divisions of that event. Status, Premiership points, medals, etc. shall be awarded to division winners in the same manner as a normal race final.

- 9.4 In regattas other than Championship regattas, where possible single-entry events may be combined with similar events and given the opportunity to cover the course. This will be included in the Draft Programme and scratchings/crew alterations must be made as per usual regatta rules.
- 9.5 A Draft Draw will be released by 4:00pm on the Monday prior to the regatta, unless otherwise communicated by the Regatta Operations Manager.
- 9.6 Withdrawal of entries will be permitted via Rowing Manager up until 9:00am on the Wednesday prior to a regatta. Each withdrawal received after this time will be considered a 'scratching' and will incur the prescribed penalty (Rule 14).
- 9.7 The Final Regatta Draw is to be published on the RSA website by 4:00pm on the Wednesday prior to the regatta unless modifications are required as per the Rowing SA Weather and Condition Management Recommendations and Policy, in which case the Final Regatta Program will be published as per the prescribed timelines.
- 9.8 After the release of the Final Regatta Draw, if a race is scheduled and crews scratch or for any other reason fail to start, the Referee shall decide whether the remaining crew/s shall be required to row over the course, in which case the event will still be considered a 'race' as at Rule 2.4.

## 10. Composite Crews

- 10.1 The Regatta Operations Manager may grant permission for members of any clubs to row together as a composite crew for such time as shall be specified.
- 10.2 The entering club is responsible for ensuring the crew meets eligibility requirements and payment of any fees for all the crew members.
- 10.3 Each such member shall be required to pay the same entrance fee pro rata and be subject to the same penalties for infringement of the Rules and Regulations as apply to full club crews.
- 10.4 Composite crews do not qualify for club premiership or individual trophy points. The first full club to cross the finish line will be awarded the premiership points.
- 10.5 Applications pursuant to this Rule shall be submitted to the Regatta Operations Manager prior to close of entries. The Regatta Operations Manager reserves the right to withhold approval.
- 10.6 Crews that do not need to apply for permission to row composite:
  - 10.6.1 Age Category Events: Any clubs may enter composite U23, U21 (Youth), U19 (Junior), U17 and U16 crews.
  - 10.6.2 Novice Events: Any club may enter composite Novice crews.
  - 10.6.3 Small Clubs: Where there are 10 or fewer competitive members of one gender within a Club, these clubs are defined as small clubs for the purpose of entries into events of that gender.
  - 10.6.4 Masters Events Only: Masters Members may enter composite crews (any sized boats) with any other club (regardless of size) into Masters events.



## 11. Coxswains

- 11.1 The coxswain of any crew must be registered and conform to the age or school year category applicable to that crew (a coxswains age is not relevant for Grade and Masters events)
- 11.2 Any club may borrow a coxswain from any other club (Coxswains do not make the crew a composite entry). The exception to this is School Events where the crew and coxswain must be from the same school or club.
- 11.3 Minimum weight for coxswains shall be as follows:
 

School Yr 7/8 & Novice Events:	No Minimum
School Yr 8/9 & U16 Events:	45kg
All other School Events, Men’s & Women’s Events (inc. Masters Events):	55 kg
- 11.4 All weights carried by coxswains must be in a bag approved by the Referee.
- 11.5 Coxswains may be required to weigh in after their race.
- 11.6 School races only – In Term 4 regattas, Coaches and non-students will be permitted to act as coxswains in all school events excluding Senior events, provided they have a current RSA Membership.

## 12. Uniforms

- 12.1 Every competitor, including coxswains, shall wear the registered uniform of the club with which they are a member.
- 12.2 Additional items of clothing must be the same if worn by more than one member of the crew.
- 12.3 Penalty for non-compliance may be a yellow card.

## 13. Bow Numbers

- 13.1 When required bow numbers must be displayed by all crews on the bow of their boat so as to be clearly visible to the judges.
- 13.2 Penalty for non-compliance may be a yellow card.
- 13.3 Only numbers available from Regatta Control shall be used.
  - 13.3.1 The individual (and therefore the club) whom takes out the bow number is responsible for return of the bow number within 45 minutes of the race finish.
  - 13.3.2 Failure to return the bow number will result in a \$30 fine.
- 13.4 Bow numbers shall only be available within 1 hour of race time.
- 13.5 The colours are:

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Yellow	Blue	Red	Green	Lime	Orange	White	Pink

## 14. Scratchings and Substitutions

- 14.1 Each scratching request received after 9:00am on the Wednesday prior to the Regatta will receive a penalty of \$25 (inc. GST) and \$50 (inc GST) for Championship events. Scratching requests after this time must be emailed to the Regatta Operations Manager or lodged online via Rowing Manager.
- 14.2 Any crew that scratches at Regatta Control within 1 hour prior to the final published starting time of their race shall be fined \$50 (inc. GST) and \$100 (inc. GST) for a Championship Final.
- 14.3 Non-Appearance – Any crew that fails to report at the start without notification shall be fined \$75 (inc. GST) and \$150 (inc. GST) for a Championship Final.
- 14.4 Crews may substitute up to 50% of the original entry, excluding the coxswain.
- 14.5 Substitutions are not permitted for single scullers.
- 14.6 Substitutions are not permitted between Heats and Finals with the exception of the following:
  - i) Illness or Injury by negotiation with the Referee.
  - ii) School Events, in which a substitution of a maximum of 3 individuals in a schools lowest ranked crew in any school year category is permitted.
- 14.7 All Substitutions must be made online via Rowing Manager, or to Regatta Control a minimum of 30 minutes prior to the advertised race start time on the prescribed form with the exception of Masters events in which case all substitutions must be made 60 minutes prior to the advertised race start time.
- 14.8 All substituted athletes must meet all eligibility and registration criteria.
- 14.9 Athletes that have been substituted or scratched due to illness or injury will need to obtain clearance from the Referee prior to returning to racing within the regatta.
- 14.10 The Referee will have the discretion to waive any of the above penalties on the day of the Regatta.

## 15. Proceeding to the Start

- 15.1 Crews proceeding to the start must keep clear of races in progress and must be at their allocated marshalling point 5 minutes before the programmed race start time. Competitors infringing this Regulation may be penalised a yellow card or may be removed from their race.
- 15.2 Crews that are not in their starting position within 2 minutes of the programmed start time may be removed from the race at the discretion of the starter.
- 15.3 A crew causing two false starts or receiving two yellow cards, which apply to the same entry, for any infringement whatsoever, shall be excluded from that event.

## 16. A Boat's True Course

A boat's true course is the shortest way to the finish line, leaving room for all other competitors to come up level in the position in which they started at any point during the race. Each boat is entitled to sufficient room on its true course in which to row without interference. The Umpire shall be the sole judge of a boat's true course.

## 17. Scrutineering

- 17.1 The first boat across the line, and any other identified boat, may be required to return immediately to the scrutineering area for confirmation of eligibility. A regatta volunteer or official will confirm the identity and eligibility of each crew member, and the crew shall be allowed to leave scrutineering. If any crew member/s are not entered in or are ineligible (due to age, status, registration, weight, etc.), the crew shall be removed from the race.
- 17.2 Crews found to have utilised an unregistered rower will be removed and fined (as per rule 18.2).
- 17.3 If a placing crew, the place shall be awarded to the next-placed crew, and Premiership points and Status shall be awarded, after checking by the scrutineers as in 17.1 above.

## 18. Non-Compliance

- 18.1 Any competing crew which is found to contain an individual who is either not entered or substituted, ineligible due to age or status, or has not fulfilled weigh-in requirements, shall be removed from the race.
- 18.2 Crews that utilise an unregistered individual will be removed from the race and their club fined \$250. The unregistered rower shall not be allowed to compete until proper registration procedures have been followed.
- 18.3 In addition to the above, clubs may be penalised Premiership Points per offence at the discretion of the RSA Board.
- 18.4 Repeated non-compliance by a club or individual shall result in harsher penalties, as determined by the RSA Board.

## 19. Rowing Score (RS)

- 19.1 The Regatta Operations Manager will allocate a Rowing Score to all members. New members with no previous rowing experience will be allocated a base score of 4.0.
- 19.2 RS will be adjusted after each relevant regatta or event. Factors that impact RS are listed below:
  - 19.2.1 A win will result in a 0.20 deduction to an individuals RS. All other competitors will record a loss resulting in a .05 addition to their RS.
  - 19.2.2 All Grade and Age races held over standard maximum event distances (as at Rule 7.1) and meeting race requirements (as at Rule 2.4) shall impact RS.
- 19.3 Factors that will not impact RS:

- 19.3.1 Masters and School races.
- 19.3.2 Sprint races, Distance races, and Time Trials,
- 19.3.3 Events designated Novelty or Trial events,
- 19.3.4 Small Boat Combine Events,
- 19.3.5 Events that do not meet race requirements (as at 2.4).
- 19.3.6 Events impacted by the Rowing SA Weather and Condition Management Recommendations and Policy where specified within that document.
- 19.4 School Rowers will be allocated a score depending on their year level unless in their first season of rowing, or if their existing score is already lower. This allocation will be made based on final results of the Head of the River Regatta and applied at the conclusion of the regatta season.
  - 19.4.1 Yr 7/8 = 4.0 RS
  - 19.4.2 Yr 8/9 = 3.6 RS
  - 19.4.3 Yr 9/10 = 3.2 RS
  - 19.4.4 Yr 10/11 = 2.8 RS
  - 19.4.5 Yr 11/12 = 2.8 RS
- 19.5 Other factors impacting RS:
  - 19.5.1 State Representatives will have their RS adjusted (if initially higher) as per the following:
    - i) Masters State Representatives = 3.3
    - ii) Pathway State Representatives = 2.7
    - iii) Youth State Representatives = 2.0
    - iv) Senior State Representatives = 1.5
  - 19.5.2 Senior A and Senior B National Representatives will have their RS adjusted to 1.0 (if initially higher).
- 19.6 Individuals returning to the sport after an absence of 12 months from their last competition record may apply to the Regatta Operations Manager to have their existing RS increased by +0.400 for every 12 months away from competition to a maximum of 3.600.
- 19.7 Athletes transferring from overseas with previous rowing experience will have their RS assigned via negotiation with RSA. Clubs must declare the experience of overseas athletes when registering them on Rowing Manager.

## **20. Club Premierships and Individual Awards**

- 20.1 Rowing SA will hold annual competitions for Club Premierships and Individual Awards as listed in Appendix 4 of this document.
- 20.2 Regattas containing premiership events will be agreed by the RSA Board and identified on Rowing Manager on the relevant regatta page.
- 20.3 An eligible premiership points event is:

- 20.3.1 A race within a regatta where all clubs/schools have an equal opportunity to participate; and
- 20.3.2 Where entries meet the minimum requirements of Rule 2.4 of this document at the release of the Final Regatta Draw.
- 20.4 Premiership Points and Individual Award Points will be allocated based on performances in eligible premiership events for each premiership or award category.
- 20.5 Premiership Points and Individual Award Points will be awarded to:
- 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> placed finishers provided entries at the release of the Final Regatta Draw exceed place getters by one.
  - 1<sup>st</sup> and 2<sup>nd</sup> placed finishers only when there are three entries at the release of the Final Regatta Draw.
  - 1<sup>st</sup> placed finisher only when there are two entries at the release of the Final Regatta Draw.
- 20.6 Composite Crews and Invitational Crews are ineligible for Premiership Points and Individual Award Points. The first non-composite crews across the finish line receive premiership points.
- 20.7 Notwithstanding the above, Premiership and Individual Award Points will be awarded as per Appendix 4 of this document.

## 21. Fines

Any member of the Association found to be in breach of the RSA Regulations for Boat Racing or the Rowing Australia Racing Code, disobeying the Jury, or behaving in an offensive manner may be fined up to \$250 and/or disqualified by the Jury, who shall notify the offender(s) that such action has been taken. The RSA Board may consider further action depending of the severity of the offence.

## APPENDIX 1

### GLOSSARY OF TERMS

**By Invitation** – A crew that does not meet eligibility requirements for an event and is invited in to a race for experience, participation, or training purposes only.

**Crew** – An individual or group of athletes who are eligible to enter an event category.

**Composite Crew** - A crew made up of members from different clubs that is ineligible for premiership points, both club and individual.

**Division** – In the case where there are more entries of an equal category than lanes permitted, a random draw will create the number of required divisions of equal or similar entries. Each division will receive a recognised result as if it were a separate race.

**Event** – At a given time on a regatta, entries from one or several races, up to the number of lanes available will create an event being either a division, heat or final.

**Grade** – Athletes will be assigned a grade as determined by the results of their previous races.

**Jury** - The Jury is comprised of a group of accredited RSA Umpires holding an Umpires License acceptable to the RSA Umpire Advisory Group.

**Premiership** – Overall season long competition between clubs for various categories for which points are awarded to winning crews and individuals in designated premiership regattas.

**Race** – A competition of independent parties with predetermined parameters.

**Regatta Operations Manager** – Individual (usually a member of RSA staff) responsible for the organisation and management of all RSA regattas.

**President of the Jury** – A qualified Boat Race Official appointed by the Umpires and Volunteer Subcommittee to manage the designated Regatta.

**Rowing Manager** – the regatta entry and management platform where RSA member data is stored, entries into RSA regattas are made, and regatta information is available.

**Rowing Manager Club Administrator** – An individual delegated by a club to administer that club's entry and membership needs on the Rowing Manager platform.

**Rowing Score** – A number between 0.00000 and 4.00000 to be assigned to all rowers that will be adjusted depending on competition results and is used for determining a rowers grade.

**Row-Over** – an event conducted with a single entry.

**RSA Board** – Elected at the RSA Annual General Meeting and tasked with governing, rather than managing, the Association.

**RSA Membership** – Different from a Local Club Membership. Athletes must have a RSA Membership to be eligible to compete in RSA regattas, or any interstate regatta. RSA Memberships can be applied by Club Administrators via the Rowing Manager platform.

**RSA Registration** – All athletes must register their name, date of birth, and email address on the Rowing Manager system prior to the application of a RSA Membership. This can be completed on Rowing Manager by the Club Administrator.

## APPENDIX 2

### ENTRY TIMELINE

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>DRAFT PROGRAM</b>		<b>FINAL PROGRAM</b>			<b>REGATTA DAY</b>
	9:00am Entries Close		9:00am Withdrawal Without Penalty period Close		9:00am Online Crew Changes Close  9:00am Completion Deadline for New Member Requests, Transfers, & Membership Renewals	\$25 Scratchings up to 1 hour before race**  \$50 Late Scratchings within an hour of race**  \$75 Non- appearance at start without notification**
	4:00pm Draft Program		4:00pm Final Program*			
	Online Crew Changes Open					Crew Changes at Regatta Control

\* When Rowing SA Weather and Condition Management Recommendations and Policy is in place the Final Program will be released as specified within that document.

\*\* Penalty doubled for Championship Events.

## APPENDIX 3

### INFORMATION FOR NEW MEMBER, TRANSFER, AND RENEWAL REQUESTS

New Member, Transfer, and Renewal Requests are all managed through Rowing Manager and must be completed prior to an athlete being entered into a regatta, and by 9:00am Friday prior to any specific regatta.

#### **Basic Eligibility Requirements**

All individuals are required to have a complete profile on Rowing Manager (name, gender, date of birth, email address), a current Rowing SA Membership, a club/school affiliation, and have completed the Rowing Australia Waiver (excluding School Athletes holding an affiliation to a School Club only) to be eligible for entry into Rowing SA Regattas.

A valid email address is essential as the Rowing Australia Waiver will be sent to this address.

#### **Timelines**

Membership Requests, Transfers, Renewals, and general queries outside of the automated processes outlined below, will not be processed outside of office hours.

Each Club's designated Rowing Manager Club Administrators are responsible for the upkeep of their members details and eligibility status in Rowing Manager, and the timely submission of all requests relevant to the competition timelines.

- If an athlete is required to complete an entry into a regatta, the relevant registration process must be completed prior to the Close of Entry Deadline (allowing for the fact the Rowing SA Office will be closed over the weekend)
- If an athlete is required as a substitution into a crew on a regatta day, the relevant registration process must be completed prior to the Friday, 9:00am deadline.

The following processes and timelines apply with regards to New Members Requests, Transfers, and Membership Renewals.

#### **New Member Requests**

A New Member Request will need to be lodged for all individuals a club can not access through its Membership List, or Renewals List on Rowing Manager.

**Information Required for Request:** Name, Gender, Date of Birth, Valid Email Address, Club/School, Membership Type

**Process:** Club submits 'New Member Request' on Rowing Manager Platform -> RSA Office process application against National Database for existing profiles -> (if no duplicate profiles\* found) RSA Office approves request -> Rowing Australia Waiver automatically sent to Members registered email address -> Member completes Waiver -> Member automatically added to Club Rowing Manager Membership List upon completion of Waiver.

School athletes competing for a school club only (i.e with no additional club affiliation) will not need to complete the Rowing Australia Waiver and will be automatically added to their Schools Rowing Manager Membership list upon approval of the membership application.



\*Duplicate Profiles – this means the individual already exists on the Rowing Manager system. If this is as an unaffiliated member the process of merging the details is relatively straight forward, however if the individual has a recent affiliation with another club either local or interstate the request becomes a 'Transfer' and subject to the process below.

**Request Deadlines:** New Member Requests must be submitted in Rowing Manager by Wednesday, 4:00pm. It is then incumbent on the individual to complete the waiver prior to the Friday, 9:00am deadline.

### **Member Transfer Requests**

A Transfer Request must be lodged by Clubs registering members that have a current or recent affiliation with another club or school anywhere in South Australia, or any previous affiliation with a club or school in another state.

Transfer requests take several forms (Local Club Transfers, Local School Transfers, and Interstate Transfers) and can involve members with a current competitive registration (e.g. members transferring mid-season), or without a current registration (e.g. returning to the sport after a long absence).

All Origin Clubs and Schools must give their formal approval prior to an athlete being transferred away from their club, as such the transfer process can take several weeks depending on the circumstances of the transfer.

The process for transferring memberships in Rowing Manager and recommended timelines are below. More information on Athlete Transfers themselves are contained in the Rowing SA By-Laws.

**Clubs** are able to request and approve transfers of Club Affiliations online. This applies to local transfers and most Interstate transfers. Local transfers, once approved by both parties, will occur automatically without further action required by Rowing SA.

**Schools** may request transfers by correspondence with Rowing SA and the Rowing Director of the School of origin.

**Interstate Transfers** must be approved by the athletes previous club/school and the State Association of that club/school.

Due to the differences in how states manage their registration structures all transferred interstate athletes will need a Rowing SA Membership category applied regardless if they held a previous active membership in their origin state at the time of transfer.

Once a transfer is complete, the member will appear in the Club/Schools Membership list and the Club/School will need to follow the 'Renewals' process below or otherwise ensure the member fulfills the eligibility requirements.

**Request Deadlines:** Rowing SA recommends transfer requests are submitted 3 weeks in advance of any regatta the athlete wishes to compete in, however can not guarantee transfers will be completed within this timeframe. The deadline for any action required of Rowing SA, outside of any automated processes, will be 4:00pm, Wednesday prior to the regatta. The transfer process must be complete, and all other eligibility criteria fulfilled, by 9:00am, Friday prior to the regatta.

### **Membership Renewals**

Rowing SA Competitive Memberships must be renewed each season, the Rowing Australia Waiver will also need to be completed with the membership renewal. Rowing Manager Club Administrators are able to renew

memberships for all athletes that have held a recent affiliation with that club through the Rowing Manager platform.

A membership renewal will automatically trigger the Rowing Australia Waiver to be generated to the members registered email address (school athletes excluded as above). As such, it is imperative that Club Administrators update members email addresses prior to the renewal being submitted.

Membership Renewals do not need to be processed by Rowing SA and will be automatically approved as they are requested. However, the waiver must be completed before the member will show up on the Clubs member list for entry into regattas.

**Request Deadline:** Membership Renewals (including the Rowing Australia Waiver) must be completed by 9:00am Friday, prior to the regatta.

## APPENDIX 4

### ROWING SA PREMIERSHIPS AND INDIVIDUAL AWARDS

#### Club Premierships

Rowing SA will conduct the following premiership competitions:

**Men's Premiership (West End Trophy):** for which all Premiership points won in all eligible Grade and Age (excepting Masters) Men's races are totalled.

**Women's Premiership (Florence Eaton Trophy):** for which all Premiership points won in all eligible Grade and Age (excepting Masters) Women's races are totalled.

**Country Men's Premiership:** for which all Premiership points for eligible male events won by country clubs are totalled.

**County Women's Premiership:** for which all Premiership points for eligible female events won by country clubs are totalled.

**Schoolboy Premiership:** for which all points won in schoolboy races at nominated School Premiership Series Regattas are totalled.

**Schoolgirl Premiership:** for which all points won in schoolgirl races at nominated School Premiership Series Regattas are totalled.

**Masters Men's Premiership:** for which all Premiership points won in eligible Masters Men's races are totalled.

**Masters Women's Premiership:** for which all Premiership points won in eligible Masters Women's races are totalled.

#### Individual Awards

Rowing SA will conduct the following individual awards for Men's and Women's competitions:

**Champion Senior Rower:** is based on individual performances in eligible RSA regattas in all non-school and non-master events.

**Champion Junior Rower:** is based on individual performances in eligible RSA regattas in all age-based events for rowers under 19 (i.e., 18yo at the 31 December in that year).

**Champion School Crew:** is based on crew performances at all nominated School Premiership Series Regattas.

**Champion Masters Rower:** is based on individual performances in eligible RSA regattas in all masters events (excluding mixed events).

**Champion Coxswain:** is based on performance in all eligible RSA regattas at all levels of achievement (excluding school events).

**Champion Para-Rower:** is based on individual performances at all levels of achievement from eligible RSA regattas to International regattas.

**SA Rower of the Year:** is based on individual performances at all levels of achievement from eligible RSA regattas to International regattas.

**Non-Racing Rowing SA Individual Awards and Trophies**

Rowing SA will award the following non-competition based trophies:

- Club/School Coach of the Year
- Community Club Person
- Rowing SA Volunteer of the Year
- Rowing SA BRO of the Year (Bob Pennington Trophy)

**Awarding of Premiership & Individual Award Points**

Premiership and Individual Award Points will be awarded based on the table below and in accordance with Rule 20 of the Rowing SA Regulations for Boat Racing.

Points for School Premierships and Awards will be awarded as per Appendix 5 of this document (School Premiership Series Guidelines).

	Category	Place	Standard Regatta	Championship Event	Country Regatta	Sprint Regatta	Sprint Championship Event	Distance Series (HotP, 3M8R, RTI)	
								8+	4x/4-
Tier 1	OPEN	1st	12	24	15	6	12	18	13.5
		2nd	11	22	13.75	5.5	11	16.5	12
		3rd	10	20	12.5	5	10	15	10.5
Tier 2	U21/U19	1st	9	18		4.5	9		
		2nd	8	16		4	8		
		3rd	7	14		3.5	7		
Tier 3	U17/2nd Grade	1st	6	12	7.5	3	6	9	4.5
		2nd	5	10	6.25	2.5	5	7.5	3
		3rd	4	8	5	2	4	6	1.5
Tier 4	U16/3rd Grade/Novice	1st	3	6	3.75	1.5	3		
		2nd	2	4	2.5	1	2		
		3rd	1	2	1.25	0.5	1		
Masters		1st	3	6	3.75			4.5	2
		2nd	2	4	2.5			3	1
		3rd	1	2	1.25			1.5	0.5

Small Boat Combine Points		
	3pts	Fastest entry in each boat class/category from heats
PLUS	3pts	For each qualifier into the finals
PLUS	4, 2, 1 pts	For 1st, 2nd, 3rd in each boat class/category in finals
PLUS	8, 6, 4 pts	For 1st, 2nd, 3rd overall 1x and 2- winner

### **Additional Trophy Presentation Criteria**

**The SA Rower of the Year:** will be awarded to the South Australian athletes (male & female) who have achieved the highest level of performance in the most recently completed International and Domestic seasons.

To be considered for the Champion of Champions Trophy, an athlete must:

- Be selected in a National Team in the last completed international season,  
**AND**
- Have competed in at least one event in an eligible RSA regatta, or;
- Be a current member of a National Training Centre that has represented South Australia at the most recent Interstate Regatta.

The winners will be selected based on performances in the below events listed in order of priority with a countback to determine a winner in the event of a draw.

#### **The last completed International Season:**

Olympic Games  
World Championships – Olympic Boat Class  
World Championships – Non-Olympic Boat Class  
U23 World Championships  
Junior World Championships  
U21 Trans-Tasman Regatta

#### **The last completed Domestic Season:**

Interstate Regatta  
Australian National Championships  
South Australian State Championship  
South Australian Premiership Regattas

**Club/School Coach of the Year:** to be awarded to a current RA accredited coach who has demonstrated an ability to develop themselves, has an outstanding record of achievement during the season, and who has contributed to the development of the sport and the wellbeing and success of its competitors.

This person has:

- Included a broad range of rowers in their program and has modified and individualised techniques, equipment, and coaching methods to cater for all;
- Encouraged their rowers to participate in a range of regattas and other programs to improve their development;
- Been willing to volunteer their time to the development of the sports and contributed to the wider rowing community; and
- Been involved in working with less experienced coaches to assist with the development and growth of the next generation of coaches.

**Community Club Person:** to be awarded to a club member who has made the most significant impact on their local community by demonstrating respect, initiative, and personal commitment to the sport of rowing and to their club. This person has demonstrated their ability to work as part of a team and is well respected amongst their peers/club mates.

Rowing SA will seek nominations from the community for this award.

**Rowing SA Volunteer of the Year:** to be awarded to the person who has dedicated their time throughout the season to the Association in a voluntary capacity and has demonstrated a significant commitment toward achieving positive outcomes and the advancement of the sport for all members.

**Rowing SA BRO of the Year (Bob Pennington Trophy):** to be awarded to the Boat Race Official who has demonstrated their commitment to rowing and their desire to develop in their capacity as an Official at rowing events throughout the season.

This person has:

- Demonstrated a significant dedication as an Official at rowing events during the year.
- Acted as a mentor or positive role model for Officials and other members of the community.
- Displayed a commitment to excellence and integrity through the exercise of their Official duties.

## APPENDIX 5

### SCHOOL PREMIERSHIP SERIES (SPS) INFORMATION AND GUIDELINES

The following is intended for information purposes, to outline the spirit and purpose of the Schools Premiership Series (SPS), and to communicate the nuances and conventions unique to the SPS.

The SPS is governed by the Rowing SA Regulations for Boat Racing and the Rowing Australia Rules for Boat Racing, with any additional decisions regarding the series not concerning the rules or the conduct of racing (e.g. the Order of Events) to be made by Rowing SA in consultation with the relevant parties.

Changes to this document may only be made by Rowing SA in consultation with the School Coordinators Committee.

Participants in the SPS agree to abide by the spirit of the series as outlined in this document, and all relevant RSA rules and policies.

#### 1. What is it?

The School Premiership Series is a set of school specific regattas to decide the Rowing SA Schools Premiership and Champion Crews. The Series is comprised of 3-5 Regattas that feature school events as a priority, to be held at a time where all/most school athletes are able to compete with the understanding that all available schools will compete.

Points are awarded based on results of each race and contribute to an accumulative total which will decide the winners of the following-

- RSA Schoolgirls Premiership
- RSA Schoolboys Premiership
- RSA Champion Schoolgirl Crew
- RSA Champion Schoolboy Crew

#### 2. Aims

The SPS and Regattas seek to:

- Create a competition that accurately represents the efforts and abilities of each participant school and crew in order for the Rowing SA School Premierships to be reasonably and fairly awarded.
- Provide a forum for a high-quality school competition on par with that offered interstate.
- Promote participation in the sport, teamwork and good sportsmanship between clubs and competitors.
- Deliver an inclusive school based competition where athletes compete against students of the same year level, and of a similar ability in Coxed Eights, Quads, and Fours.
- Offer a short regatta time commitment that allows schools parity with other school sports, and enables the full regatta involvement of athletes and parents.

### 3. Eligibility

Each school is entitled to enter and receive points for the minimum number of crews it can make from its participating athletes, acknowledging that for participation purposes where the majority of a crew exists (i.e 50% excluding the coxswain) and all reasonable efforts to merge multiple incomplete crews have been exhausted, that school should be permitted to use existing athletes to complete that crew.

All participants must conform to the eligibility requirements as outlined in the RSA Regulations for Boat Racing, By-Laws, and Constitution.

All participants need to be competent. Any athlete or crew unable to competently manoeuvre a boat, respond to boatrace officials' directions, or reasonably complete a race should not be entered.

Crews may only compete in one event at SPS regattas, although individual athletes may be utilised as substitutes, coxswains, or to make up numbers in other crews.

Year 7/8 Crews are only permitted to race in the Year 7/8 Divisions.

### 4. Structure of SPS Regattas

Events will be offered by year level and category as follows.

- Year 7/8 – A-D Category. (Premiership points will **not** be awarded for these events)
- Year 8/9 – A-E Category.
- Year 9/10 – A-D Category.
- Senior – Eights and Fours.

Categories will be added if there are 2 crews from 2 clubs, and removed if this requirement is not met, with the remaining crew competing in the lowest available division and awarded points for participating in the event.

All races will be held as a randomly drawn compulsory Heat/Preliminary Race and a seeded Final.

The Order of Events will be set by Rowing SA in conjunction with the School Coordinators Committee. The current order of events is as follows:

Order of Events	
Year Level	Race Type
Year 8/9s	Heats
Year 7/8s	Heats
Year 8/9s	Finals
Year 7/8s	Finals
Seniors	Heats
Year 9/10s	Heats
Seniors	Finals
Year 9/10s	Finals

Each block of racing will be comprised of all divisions of a single year level and gender and will begin with the lowest division of racing and move through to the highest division. The gender racing first will be alternated annually in accordance with the Head of the River Schedule.



The B Final of a given division will be raced before the A final of the respective division.

The progression for the SPS Regattas will be as follows:

Entries	System	Progression
1-8 Entries	1 Heat 1 Final	Preliminary/Race for Lanes
9-10 Entries	2 Heats 2 Finals	1-3 -> A Final Rest -> B Final
11-16 Entries	2 Heats 2 Finals	1-4 -> A Final Rest -> B Final
17-20 Entries	3 Heats 3 Finals	1-2 -> A Final 3-4 -> B Final Rest -> C Final

Crews that are 'By Invitation' in the Heats will be progressed into the outside lane of the lowest Final if a lane is available as a 'By Invitation' crew and will not be eligible for points.

Crews that are 'DNF' in the Heats will be progressed into the outside lane of the lowest Final and will be eligible to compete for points.

Crews that are 'DNS' without explanation will be considered scratched and will not be progressed to the Finals.

Where a suitable explanation is provided in a reasonable timeframe crews that are 'DNS' in a Heat may be progressed into the outside lane of the lowest Final if a lane is available as a 'By Invitation' crew and will not be eligible for points.

## 5. Entry Priorities

All schools must enter their best athletes (including coxswains) in the highest division of each available year level category.

Entry Order	1st	2nd	3rd	4th	5th
Seniors	1 <sup>st</sup> 8+	2 <sup>nd</sup> 8+ or 1 <sup>st</sup> 4+	2 <sup>nd</sup> 4+	x	x
Yr 9/10	A	B	C	D	x
Yr 8/9	A	B	C	D	E
Yr 7/8	A	B	C	D	x

Applications for exemption may be made to the Regatta Operations Manager prior to the close of entries. Entries made without application will be automatically moved to the correct event.

Schools scratching crews prior to 5:00pm Thursday must elevate crews in divisions below to meet the entry priorities outlined above.

## 6. Points Allocations

Points will be allocated based on the final entry list as at 5:00pm Thursday and results of Finals as follows:

**1 point per starting crew + 1 point for every crew beaten**

With the addition of the following multiplier:

**x1 for Yr 8/9 Crews**

**x1.5 for Yr 9/10 Crews & Senior 4+s**

**x3 for Senior 8+s**

Crews may only accrue points in one event.

Crews must register a start to be eligible for participation points.

Crews that are 'By Invitation', 'Scratched', or 'DNS' in a Final are considered to have not registered a start and will not receive points.

Incomplete crews will be permitted to compete 'By Invitation' and will not be eligible for points. Each schools lowest ranked crew in each year level may be exempt from this rule and may compete as an eligible crew and be awarded points.

Crews that are 'DNF' in a Final are considered to have finished last and will receive minimum points, with all other finishing crews collecting points equal to the original entry list (e.g, if in the case of 7 entries with two DNF crews, DNF crews awarded points equal to 7<sup>th</sup> place with finishing crews taking points for positions 1-5).

If the Final is cancelled due to inclement weather, points will be awarded based on the results of the heats/preliminary. Events with 8 or less entries will have points awarded as in a straight final, whereas events requiring heats will receive split points as per the table below. The year level multiplier will still apply to these results.

Medals are only to be awarded to A Final winning crews.

POINTS TABLE														
FINISH POSITION														
ENTRIES IN RACE		1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	
	12	12	11	10	9	8	7	6	5	4	3	2	1	
	11	11	10	9	8	7	6	5	4	3	2	1	x	
	10	10	9	8	7	6	5	4	3	2	1	x	x	
	9	9	8	7	6	5	4	3	2	1	x	x	x	
	8	8	7	6	5	4	3	2	1	x	x	x	x	
	7	7	6	5	4	3	2	1	x	x	x	x	x	
	6	6	5	4	3	2	1	x	x	x	x	x	x	
	5	5	4	3	2	1	x	x	x	x	x	x	x	
	4	4	3	2	1	x	x	x	x	x	x	x	x	

	3	3	2	1	x	x	x	x	x	x	x	x	x
	2	2	1	x	x	x	x	x	x	x	x	x	x
	1	1	x	x	x	x	x	x	x	x	x	x	x

POINTS TABLE – WEATHER IMPACTED															
FINISH POSITION															
ENTRIES IN RACE			1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	
	12	2 Divisions	11	9	7	5	3	1	x	x	x	x	x	x	x
			11	9	7	5	3	1	x	x	x	x	x	x	x
	11	2 Divisions	10	8	6	4	2	1	x	x	x	x	x	x	x
			10	8	6	4	2	x	x	x	x	x	x	x	x
	10	2 Divisions	9	7	5	3	1	x	x	x	x	x	x	x	x
			9	7	5	3	1	x	x	x	x	x	x	x	x
	9	2 Divisions	8	6	4	2	1	x	x	x	x	x	x	x	x
			8	6	4	2	x	x	x	x	x	x	x	x	x
	8	Straight Final	8	7	6	5	4	3	2	1	x	x	x	x	x
	7	Straight Final	7	6	5	4	3	2	1	x	x	x	x	x	x
	6	Straight Final	6	5	4	3	2	1	x	x	x	x	x	x	x
	5	Straight Final	5	4	3	2	1	x	x	x	x	x	x	x	x
	4	Straight Final	4	3	2	1	x	x	x	x	x	x	x	x	x
3	Straight Final	3	2	1	x	x	x	x	x	x	x	x	x	x	
2	Combined Final	2	1	x	x	x	x	x	x	x	x	x	x	x	
1	Combined Final	1	x	x	x	x	x	x	x	x	x	x	x	x	