

EVENT REQUIREMENTS

2023 INTERSTATE/PATHWAY STATE TEAM SELECTORS

Please Note: Rowing South Australia ("RSA") will review these Event Requirements by no later than October of each year but may review and update these Event Requirements at any time, including by announcing and publishing further or varied requirements and standards prior to the relevant event or trial and the publication or notification shall take effect in accordance with the RSA Selection Policy.

BACKGROUND

The RSA State Team Selection Policy outlines the broad selection criteria for all rowers and coxswains and can be viewed on the [RSA website](#). This document operates as an appendix to the Selection Policy and outlines the activities that nominees must complete to be eligible for selection consideration as an Interstate and Pathway Selector.

All nominees must complete all activities stipulated in these Event Requirements unless there are Extenuating Circumstances (as defined in the Selection Policy) that prevent this.

EVENT REQUIREMENTS- ACTIVITIES & KEY DATES

Activity	State Team	Type (Minimum)	See note(s)	Date
Nominations open for Selectors	Interstate/Pathway		1, 2	30 th September 2022
Nominations Close for Selectors	Interstate/Pathway		1, 2	13 th September 2022
Selectors Announced	Interstate/Pathway			16 th October 2022
Nominations open for athlete, coxswain, and coaches	Interstate			17 th October 2022
October Time Trial	Interstate (E)	Encouraged	4	22 nd October 2022
5000m Erg	Interstate (E)	Not required	5	6 th -11 th November 2022
November Time Trial (Coxswain Workshop 1 - Post TT)	Interstate (E)	Mandatory 2	4, 13a	19 th November 2022
Nominations close for athlete, coxswain, and coaches	Interstate			4 th December 2022
State Team Information Session	Interstate (E)	Mandatory		5 th December 2022
2000m Erg	Interstate (M)	Not required	5	12 th -16 th December 2022
December Time Trial	Interstate (M)	Mandatory 2	4	17 th December 2022
Nominations open for athlete, coxswain, and coaches	Pathway	Not required		1 st January 2023
2000m	Pathway	Not required	5	1 st – 31 st January 2023
5000m Erg	Interstate	Not required	5	9 th -23 rd January 2023
State Team Training Day 1	Interstate	Mandatory 2	10	29 th January 2023
Nominations close for athlete, coxswain, and coaches	Pathway	Not required		31 st January 2023
Coxswain Workshop 2	Interstate	Mandatory 2	13b	5 th February 2023
Pathway Info Session	Pathway	Mandatory		6 th February 2023
New South Wales State Championships OR February West lakes Regatta	Interstate	Encouraged	6	10 th -12 th February 2023 OR 11 th February 2023
State Team Training Day 2	Interstate	Mandatory 2	10	19 th February 2023
South Australian Rowing State Championships	Interstate/Pathway	Encouraged	7	25 th -26 th February 2023
SENIOR Seat Racing (if required) and/or Speed Order (if required) YOUTH Seat Racing (if required) and/or Speed Order (if required)	Interstate/Pathway	Mandatory	8	Senior 3 rd – 4 th March 2023 Youth 5 th – 6 th March 2023
Crews Announced	Interstate			9 th March 2023
State Team Training Day 3	Interstate	Encouraged	10	12 th March 2023
Head Of the River	Pathway	Not required		18 th March 2023
State Team Presentation Event	Interstate	Encouraged		19 th March 2023
Australian Rowing Championships	Interstate	Mandatory 1	9	27 th March - 2 nd April 2023
Pathway Team Announcement and BBQ	Pathway	Encouraged		TBD April 2023
Pathway Regatta	Pathway	Not required		26 th -27 th April 2023

1. **ELIGIBILITY:** Selectors seeking selection must fulfil all requirements in the [RSA Selection Policy](#).
2. **NOMINATIONS:** Selectors seeking selection are required to Nominate via the [RSA Website](#).

Selectors must submit a CV, including one referee. The CV should outline motivation for nominating, history, skills, relevant experience and highlight any conflicts of interest. Following the consideration of submitted information, nominees may also be required to participate in a selection interview with one or more members of the Board and the RSA CEO.

Nominations Close: 12:00pm on Thursday 13th September 2022.
3. **ENCOURAGED AND MANDATORY EVENTS:** Encouraged events are recommended but not mandatory.

Selectors are required at mandatory events. Mandatory events are outlined on the list of Event Requirements including the minimum number of selectors required at any event.
4. **4.8KM TIME TRIALS:** Selectors are required to assist with weigh in and other required operational tasks.
5. **ERGOMETER TESTING:** Is to be conducted in line with Australian Rowing Team Ergometer Testing protocols, available on the [RA website](#).
Selectors are not required at any erg testing as athletes will be completing testing at their respective schools/clubs. Selectors are required to analyse erg data.
6. **NSW STATE CHAMPIONSHIPS OR WEST LAKES REGATTA:** Selectors are encouraged to attend but only results are required to be analysed.
7. **SOUTH AUSTRALIAN ROWING STATE CHAMPIONSHIPS:** Selectors are encouraged to attend but only results are required to be analysed.
8. **SEAT RACING/SPEED ORDER:** Selectors reserve the right at their sole discretion to choose the crew combinations and the matrix of seat racing. Selectors reserve the right to conduct a Speed order trial where seat racing is not required or after the crew has been selected.
9. **AUSTRALIAN ROWING CHAMPIONSHIPS:** a minimum of one Selector is required to attend ARC to manage any relevant changes to crews due to injury, illness etc.
10. **TRAINING:** Selectors are expected to attend the State Team training days at Murray Bridge. Selectors are welcome to attend West Lakes Trainings but is not a requirement. Refer to Crews ER for more details on trainings.
11. **LIGHTWEIGHT ATHLETES:** Selectors will need to help manage lightweight athletes and ensure they are tracking inline with their submitted weight management plan with their coaches.
12. **BENCHMARKS:** will be used to help make selection decisions. Refer to the [RSA benchmarks policy](#).
(a) Selectors reserve the right to not select a crew if there is a failure to meet minimum benchmarks.
13. **COXSWAIN WORKSHOPS:** Selectors are required to attend mandatory workshops and provide feedback where possible.
(a) **Coxswain Workshop 1:** is aimed at providing details as to what a successful coxswain application includes, what selectors are looking for and an opportunity for Q and A.
(b) **Coxswain Workshop 2:** (Invited) is aimed at providing feedback from the workshop speaker, coaches and selectors on past trainings including the State Team Training Day 1. This will include athlete feedback and recording analysis. Selectors are required to attend and assist with coxswain development.
14. **OTHER REQUIREMENTS:** Selectors will need to fulfil the following criteria.
(a) Organise boats and other equipment in line with the [RSA Equipment Policy](#).
(b) Within reason, be available and participate in meetings with the Head coach, Coaching Team, CEO and Athlete Commissioner and other Selectors where necessary.
(c) Assign jobs and delegate any relevant work internally or externally in accordance with the Selection Policy.
(d) Only communicate selection decisions with 2 or more selectors present, when this is not an option the Selection Ombudsman can be the 2nd person.
(e) Communicate professionally, appropriately and in a timely manner with all stakeholders including but not limited to;
 - i. Athletes
 - ii. Parents
 - iii. Coaches
 - iv. Athlete Commissioner
 - v. Rowing SA including the Board
 - vi. Media outlets
- (f) Remain objective, unbiased and respect and uphold the decisions of board and the Selectors once a decision is made.
- (g) Respect confidentiality, especially regarding selection decisions and information as well as athlete medical and personal information.