



SOUTH AUSTRALIAN MASTERS STATE TEAM SELECTION POLICY - 2020

This policy covers the selection of crews and coaches to represent South Australia at the 2020 Rowing Australia Masters Regatta. The role of the Rowing SA State Team Masters Selection Panel is to select the best performing crews and coaches to represent South Australia at this regatta.

The objective of this State Masters Team Selection Policy (SMTSP) is to provide a framework that underpins this aim, by selecting the athletes and coaches that will give South Australia the greatest chance of achieving its best performance in the Interstate Races. All crew and coach selections are to be submitted by the Selection Panel for endorsement by the Rowing SA Board.

The 2020 State Team Selection Panel consists of

- Jo Malcolm
- Steve Pennington
- Rob Cheesman

SELECTION CRITERIA

Nominating individuals must:

1. Be a current financial and registered member of Rowing SA, or another State Rowing Association.
2. Adhere to the Rowing Australia Rules of Racing, State and Territory of origin (7.3, Rule Book 2018 edition).
3. Nominations must be made by the due dates stated in the Selection Criteria. Nominations submitted after the due dates will only be accepted at the discretion of the selectors with final approval coming from the Master's Committee (see Appendices for key dates).
4. Agree to abide by all Rowing SA Policies.
5. Be available for weekly training on Tuesday mornings 5:30-7:15, selection events, camps and racing as outlined, as arranged by the coaches and selection panel. Required events listed in the appendix

BASIS FOR SELECTION OF ATHLETES

1. Athletes will be invited to selection events based on performance at mandatory State Team events.
2. Athletes will be selected in crews based on results from the seat racing as highest priority, however if two athletes are considered approximately equal after this event taking into account the athlete age and how that may affect selection, a count-back of results will take place beginning with the next highest priority event and continuing down.
3. Upon nomination athletes agree to race at 2020 Australian Masters Rowing Championships, Lake Barrington, TASMANIA on 29/4/20-2/5/20 in Club crews if selected.
4. Compete at the West Lakes Regatta on February 1st, 2020 and the Masters, 3rd Grade & Novice State Championships at West Lakes on 18th April 2020.

Please refer to Appendices for a summary of the selection process and key dates

COXSWAIN CRITERIA

The criteria to evaluate a coxswain's performance will include some or all of the following:

Application to training, rapport with the crew, being within reasonable proximity to the minimum weight of 55kg,
Provision of an example of training and racing calls and possible provision of GPS tracking during training and/or racing.
Commitment to training, attendance and a demonstration of good communication with both the crew and the coach.

EXEMPTIONS

1. Athletes with external commitments during selection events may apply for special consideration to the selectors.
2. In the case of illness or injury, athletes will be required to undergo an examination by a medical practitioner or other relevant health professional, and the following additional requirements may apply:
 - Athletes may be required to see a designated health professional for ongoing injury or illness monitoring/treatment.
 - Athletes may be required to provide medical clearance to return to the selection process.

3. Athletes with medical exemptions will only proceed through the selection process at the selectors' discretion and with appropriate medical clearance. Exemptions do not automatically qualify the athlete to the next round of selection.
4. Athletes with medical exemptions may be required to complete alternate testing at the selectors' discretion.

COACHES SELECTION CRITERIA

1. Coaches must have experience in managing and coaching a crew.
2. Nominations will be considered based on the applicant's coaching record and results achieved.

Coaches must:

- Have the necessary communication skills to successfully communicate aims, objectives and the required commitment to the athletes.
- Hold minimum NCAS L1 accreditation, but desirable to hold NCAS L2 accreditation or equivalent qualifications or experience.
- Have a current 'Working With Children Check' (WWCC) screening clearance (or equivalent valid DHS/DCSI screening check) to satisfy SA legislative requirements, and any other requirements as requested by Rowing SA.
- Be a compatible coach to work with the nominated crew.
- Demonstrate a commitment to the Rowing SA Code of Conduct and the Rowing Australia Coach Code of Ethics.
- Attend an interview as part of the selection process.

SELECTORS' DISCRETION

1. The selectors are obliged to follow the selection criteria and processes.
2. The selectors may apply a standard which calls for a value judgment and overall assessment of the relevant criteria.
3. The exercise of their discretion must be rational, logical, defensible, accountable, and most importantly, fair to all athletes.

APPEAL PROCESS

Should an athlete, coxswain or coach consider that, to their detriment, natural justice has not been applied during the selection process, then that athlete can lodge in the first instance an appeal to the Rowing SA Masters State Team Selectors **within 48 hours** of being notified that they are no longer part of the trial or selection process, or that they have not been selected into a crew, if it is considered that:

1. The selectors have acted in a biased fashion and/or
2. The established criteria and processes have not been followed.

RSA appeals process refer to RSA By-Laws Section 14 – <https://rowingsa.asn.au/wp-content/uploads/2018/08/By-Laws.pdf>

CREW SELECTION PROCESS FOR:

MENS 8+ WOMENS 8+ MENS 4x WOMENS 4x

APPENDIX 1

Priority	Date	Event	Location	Boat	Notes
All these events are MANDATORY. Athletes must apply for exemption if they are unable to attend any of the following:					
4	Completed prior to Nomination submission (29/11/2019)	1km erg witnessed by coach	Own Club	ERG	Must be submitted with nomination and ratified by coach
	Sunday 19 th January 2020	Proposed training "camp"	Port Adelaide	State Boat	TBC – subject to crew/coach availability
3	Tuesday January 28 th 2020	1km erg test - supervised	West Lakes	ERG	
2	Saturday 1 st February	2km Time Trial	West Lakes	1x or 2-	
2	Saturday 1 st February	1km Masters Race within regatta	West Lakes	1x or 2-	Must be entered to regatta by 8am Monday 27/1/2020
The following events are by INVITATION ONLY.					
1	Sunday 8 th March	Seat Racing/further trialing if required	West Lakes	TBD	Athletes will be informed by 21 st February if further trialing will be required. Must be available from 7AM-12PM
	Sunday 5 th April 2020	Proposed training "camp"	Mannum	State Boat	TBC – subject to crew/coach availability
	Tuesday 7 th April	1km Erg test - supervised	West Lakes	ERG	May be considered for final crew selection.

APPENDIX 2

Key dates		Notes
5pm Mon 25 th November 2019	Coach nominations close	Online
Friday 29 th November 2019	Coach appointments	
Tuesday 3 rd December 2019	State training commences	Continuing every Tuesday (Excepting 24/12/19 and 31/12/19)
5pm Friday 6 th December 2019	Athlete/coxswain nominations close	Online
Wednesday 5 th February 2020	State Squad Announced	
Saturday 7 th March 2020	State Team Presentation Dinner	In line with Senior/Youth Event
Wednesday 11 th March 2020	State Team Announced	
Wed 29 th April-Sat 2 nd May 2020	2020 Australian Masters Rowing Championships	Lake Barrington, TASMANIA