

3 MILE 8+ RACE

Full Course Map



INSTRUCTIONS & RACE RULES

Crews should leave Sturt Reserve a minimum of 30 minutes prior to race time.

Crews must stay on the bow side of the river at all times when travelling to the start.

Once behind the start line crews must stay within calling distance of the Starter.

Crews must line up in bow number order and tap forward as crews in front of them start.

Extreme caution is advised when approaching and navigating the bridge.

During the race slower crews must give way to faster crews, preferably by moving to the bow side of the river.

Once finished crews must keep moving towards the rail bridge before turning to keep the finish area clear.

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Start Line



The Start Line is approximately 700m past the bridge.

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Crews must lineup in bow number order and tap forward as the crews in front of them start.

Crews must take extreme caution when approaching and navigating the bridge.

During the race slower crews must give way to faster crews, preferably by moving to the bow side of the river.

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Finish Line



During the race slower crews must give way to faster crews, preferably by moving to the bow side of the river.

Once finished crews must keep moving towards the rail bridge before turning to keep the finish area clear.