



## **SOUTH AUSTRALIAN STATE TEAM SELECTION POLICY - 2020**

This policy covers the selection of crews and coaches to represent South Australia at the 2020 Rowing Australia Interstate Regatta and Pathway Regatta. The role of the Rowing SA State Team Selection Panel is to select the best performing crews and coaches to represent South Australia at these regattas.

The objective of this State Team Selection Policy (STSP) is to provide a framework that underpins this aim, by selecting the athletes and coaches that will give South Australia the greatest chance of achieving its best performance at the Interstate Regatta and Pathway Regatta. (Refer Appendix 3 for a list of the Interstate Regatta events). All crew and coach selections are to be submitted by the Selection Panel for endorsement by the Rowing SA Board.

The 2020 State Team Selection Panel consists of:

- Jason Lane (SASI Head Coach)
- Christine MacLaren
- Fearnley Szuster
- Andrew Stunell

### **SELECTION CRITERIA**

Nominating individuals must:

1. Be a current financial and registered member of Rowing SA, or another State Rowing Association.
2. Adhere to the Rowing Australia Rules of Racing, State and Territory of origin (7.3, Rule Book 2018 edition).
3. Nominate by the due dates stated in the selection criteria. Nominations submitted after the due dates will be accepted at the discretion of the selectors (see Appendices for key dates).
4. Agree to abide by all Rowing SA Policies.
5. Be available for weekly training, selection events, camps and racing as outlined, refer Appendix 4. (Weekly Friday training 5.30-7.15am).
6. Complete the online State Team briefing process (which will be sent to all nominees).

### **BASIS FOR SELECTION OF ATHLETES**

1. Athletes will be invited to selection events based on performance at mandatory selection events.
2. Youth athletes nominating for senior selection should complete the senior selection requirements – However if they are removed from the senior selection process, they may be considered to continue under the youth selection requirements.
3. Athletes will be selected in crews based on results from the seat racing as highest priority, however if two athletes are considered approximately equal after this event, a count -back of results will take place beginning with the next highest priority event and continuing down.
4. The final crews may be required to perform a speed trial to be considered for recommendation to the Rowing SA Board.
5. Once selected all athletes must commit to racing at the National Championships in Club crews prior to the Interstate Regatta.

Please refer to Appendices 1 and 2 for a summary of the selection process and Appendix 4 for key dates.

Please note: Men's Single Scull, Women's Single Scull, PR3 Men's Single Scull, and PR3 Women's Single Scull selection will be initially based on placings at the NSW State Championships in their corresponding category, however performance at National Championships may also be considered.

### **LIGHTWEIGHT ATHLETES CRITERIA**

For the Interstate Regatta, male athletes are not permitted to exceed 72.5kg with a crew average of 70kg and female athletes are not permitted to exceed 59kg with a crew average of 57kg.

1. Lightweight nominees are to comply with the nominated weight limits at all selection events (please see selection event table Appendix 1).
2. Lightweight athletes not committed to racing at crew average weight (M=70kg / W=57kg) must advise selectors of their nominated weight on nomination.
3. Lightweight athletes must demonstrate an ability to achieve and perform at the selection weight. eg. previous history and / or weight management plan. Selection is conditional on adherence to the plan through to the Interstate Regatta.

## COXSWAIN CRITERIA

The following may be considered for selection:

1. Target weight of 55kg for December seat racing.
2. A voice recording of a race submitted with nomination.
3. GPS tracking during Friday state training sessions.

Coxswains must demonstrate an ability to achieve weight. eg. previous history and / or weight management plan.

Coxswains performance will be assessed during all state team training.

## PARA ATHLETES EVENT CRITERIA

Para-athletes must be classified and be granted a National Review, National Confirmed, International Review or International Confirmed Sport Class Status for Para Rowing to be eligible to for selection.

## EXEMPTIONS

1. Interstate-based SA State of Origin athletes may be considered for selection without attending the selection events in SA. Such nominees will be considered on the basis of their results in corresponding National Selection events. Athletes based at the National Training Centre will be granted exemption from State Team Selection Trials.
2. Athletes with school or work travel commitments during selection events may apply for special consideration to the selectors.
3. In the case of illness or injury, athletes will be required to undergo an examination by a medical practitioner or other relevant health professional, and the following additional requirements may apply:
  - Athletes may be required to see a designated health professional for ongoing injury or illness monitoring/treatment.
  - Athletes may be required to provide medical clearance to return to the selection process.
  - Athletes will be required to consent to the provision of confidential information from any such practitioner or professional to the selectors.
4. Athletes with medical exemptions will only proceed through the selection process at the selectors' discretion and with appropriate medical clearance.
5. Athletes with medical exemptions may be required to complete testing at the selectors' discretion.

## COACHES SELECTION CRITERIA

1. Coaches must have experience in managing and coaching a crew.
2. Nominations will be considered based on the applicant's coaching record and results achieved.

Coaches must:

- Have the necessary communication skills to successfully communicate aims, objectives and the required commitment to the athletes.
- Hold minimum NCAS L1 accreditation, but desirable to hold NCAS L2 accreditation or equivalent qualifications or experience.
- Have a current 'Working With Children Check' (WWCC) screening clearance (or equivalent valid DHS/DCSI screening check) to satisfy SA legislative requirements, and any other requirements as requested by Rowing SA.
- Be a compatible coach to work with the nominated crew.
- Demonstrate a commitment to the Rowing SA Code of Conduct and the Rowing Australia Coach Code of Ethics.
- Attend an interview as part of the selection process.

## SELECTORS' DISCRETION

1. The selectors are obliged to follow the selection criteria and processes.
2. The selectors may apply a standard which calls for a value judgment and overall assessment of the relevant criteria.
3. The exercise of their discretion must be rational, logical, defensible, accountable, and most importantly, fair to all athletes.

## APPEAL PROCESS

Should an athlete, coxswain or coach consider that, to their detriment, natural justice has not been applied during the selection process, then that athlete can lodge in the first instance an appeal to the Rowing SA State Team Selectors **within 48 hours** of being notified that they are no longer part of the trial or selection process, or that they have not been selected into a crew, if it is considered that:

1. The selectors have acted in a biased fashion and/or
2. The established criteria and processes have not been followed.

RSA appeals process refer to RSA By-Laws Section 14 – <https://rowingsa.asn.au/wp-content/uploads/2018/08/By-Laws.pdf>

EMAIL CONTACT FOR SA STATE SELECTION PANEL 2019/20: [stsp@rowingsa.asn.au](mailto:stsp@rowingsa.asn.au)

## APPENDIX 1

### SENIOR CREW SELECTION PROCESS for :

KINGS CUP

PENRITH CUP

PRESIDENTS CUP

PR3 Men's Single

QUEENS CUP

VICTORIA CUP

NELL SLATTER  
TROPHY

PR3 Women's Single

Priority	Date		Event	Location	Boat	Notes
	Fri 11 <sup>th</sup> October		Senior Athlete / coxswain nominations close			Athletes invited to training squads based on submitted September 5km erg performance Erg to be completed during September, and verified by coach
5	Sat 26 <sup>th</sup> October	Encouraged performance	4.8km TT	West Lakes	1x/2-	Weight recorded Results may be considered for invite to December trials
3	Mon 4 <sup>th</sup> - Fri 8 <sup>th</sup> November	Mandatory performance	Erg - TBC	Central location TBC		Weight recorded
4	Sat 9 <sup>th</sup> November	Encouraged performance	4.8km TT	West Lakes	1x/2-	Weight recorded Results may be considered for invite to December trials
2	Fri 13 <sup>th</sup> & Sat 14 <sup>th</sup> December	Mandatory	2km small boat race 4.8TT	West Lakes	2km race 1x TT 2- or 1x	Weights to align with National tba 2-1 hours prior to first race
1	Sun 15 <sup>th</sup> & Mon 16 <sup>th</sup> December	Invitation	Seat racing	West Lakes	tbc	Weights to align with National tba 2-1 hours prior to first race  <b>Please ensure availability until 12pm on both days</b>
	Mon 20 <sup>th</sup> January	Mandatory	2km erg	Central location TBC		
	Fri 7 <sup>th</sup> - Sun 9 <sup>th</sup> February	Mandatory	M1x, W1x, PR3M1x, PR3W1x	Penrith - NSW State Champs	1x	SINGLE SCULLER NOMINEES ONLY
	Fri 21 <sup>st</sup> February	Mandatory	Final crew selection	West Lakes	state boat	LM 70kg LW 57kg 2-1 hours prior to first race
	Mon 23 <sup>rd</sup> - Sun 29 <sup>th</sup> March	Mandatory	M1x, W1x, PR3M1x, PR3W1x	Penrith - National Champs	1x	SINGLE SCULLER NOMINEES ONLY

## APPENDIX 2

### YOUTH CREW AND PATHWAY CREW SELECTION PROCESS for:

**BICENTENARY CUP - Men's Youth Eight      WILKINSON CUP - Women's Youth Eight      SA PATHWAY Eight (male & female)**

Date		Event	Location	Boat	Notes
Fri 13 <sup>th</sup> December		Nominations close	Online		Nominate best 2km erg 2018/19
Training as directed by coach		Training 8+	TBC	8+	As nominations received, coach will include athlete in squad
Sat 14 <sup>th</sup> December	Mandatory	2km racing - 8+	West Lakes	8+/4+	8+/4+
Mon 16 <sup>th</sup> – Fri 20 <sup>th</sup> December	Mandatory Invitation Only	Training and seat racing	West Lakes	8+	Please be available 7am-12pm
Mon 20 <sup>th</sup> January	Mandatory	2km erg	TBC		
Sat 1 <sup>st</sup> February	Mandatory	2km race	West Lakes	8+	
Sun 2 <sup>nd</sup> February	Mandatory	Final seat racing	West Lakes		

## APPENDIX 3

Event	Trophy	Age
Men's Eight	Kings Cup	Senior
Women's Eight	Queens Cup	Senior
Men's Youth Eight	Wilkinson Cup	U21      31/12/2020
Women's Youth Eight	Bicentenary Cup	U21      31/12 2020
Men's Lightweight Coxless Four	Penrith Cup	Senior
Women's Lightweight Coxless Quad	Victoria Cup	Senior
Men's Single Scull	Presidents Cup	Senior
Women's Single Scull	Nell Slatter Cup	Senior
PR3 Men's Single Scull		Senior
PR3 Women's Single Scull		Senior

## APPENDIX 4

Key dates		Notes
Fri 11 <sup>th</sup> October	Coach nominations close	Online
Fri 11 <sup>th</sup> October	Senior athlete/coxswain nominations close	Online
Fri 18 <sup>th</sup> - Tues 22 <sup>nd</sup> October	Coach interviews	
Tues 29 <sup>th</sup> October	Coach appointments	
Tues 29 <sup>th</sup> October	Senior training squads announced	
Fri 1 <sup>st</sup> November	Senior state training commences	Continuing every Friday
Fri 13 <sup>th</sup> December	Youth & Pathway nominations close	
Sat 14 <sup>th</sup> December	Youth & Pathway seat racing	
Fri 20 <sup>th</sup> December	State Squad or crews announced	
Mon 20 <sup>th</sup> January	2km erg	
Sat 1 <sup>st</sup> February	Youth & Pathway 2km racing	
Sun 2 <sup>nd</sup> February	Final Youth & Pathway seat racing	
Fri 21 <sup>st</sup> February	Final senior crew selection trials	
Mon 24 <sup>th</sup> February	State Team & Pathway Team announcement	
TBC	State Team Presentation Dinner	