

ROWING SA – SAFETY POLICY

Updated January 2016

Rowing SA Responsibilities

Rowing SA has the responsibility to develop and maintain a culture of safe practice in rowing and to support everyone involved in the sport in their efforts to achieve this.

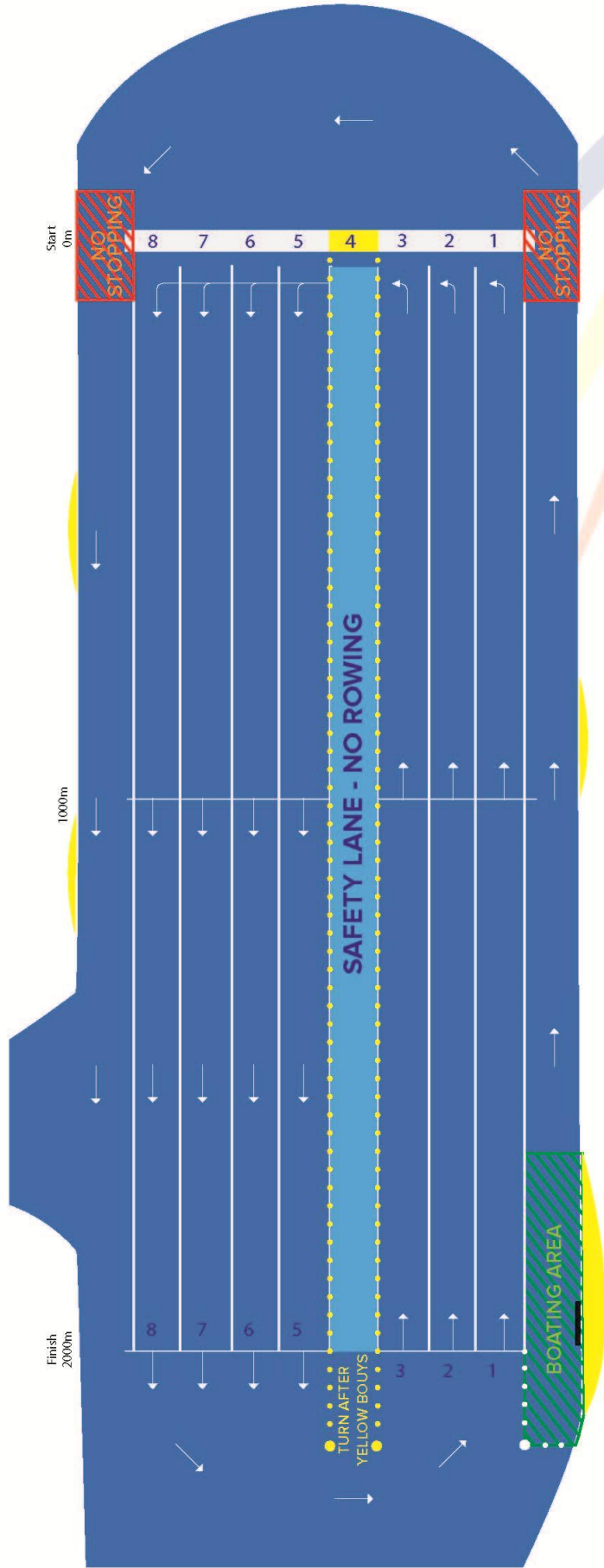
Rowing SA Safety Policy Includes:

1. West Lakes Rowing Course – Training Map
2. West Lakes Rowing Course – Regatta Map
3. Rowing Boat Light Rules
4. Incident Reporting Forms

Personal Responsibilities

Everyone involved in rowing has a Duty of Care to ensure their actions both on and off the water are conducted in a manner which does not compromise the safety of others. Adults also have a personal responsibility for their own safety.

ROWING TRAINING MAP - A.M. RAMSAY REGATTA COURSE, WEST LAKES



GENERAL COURSE RULES

- Stationary or slower boats must give way to overtaking boats by moving out of their lane (except in the designated 'BOATING AREA')
- When turning, crews must row directly across the course and give way to all oncoming traffic
- It's the duty of ALL crews to ensure that they avoid collisions
- Use your voice and warn other crews of any approaching hazards
- All boats must have lights on both the bow and stern from dusk till dawn

BOATING AREA (Lane 0, 1750m- 2050m)

- Crews boating ON or OFF the course have right of way in this area
- Crews rowing through this area should slow down and expect to be impeded, or preferably choose Lanes 1, 2 or 3 to travel past this area

SAFETY LANE (Rowing Lane 4)

- No rowing in this lane marked by yellow buoys
- Can only be used to cross the course or if avoiding collisions

CYCLING for coaches only

- **EXTREME CAUTION**
- Many children and residents use this path
- Pedestrians have right of way
- Light, bell and helmet are mandatory, as per normal DPTI Rules
- **NO STOPPING ZONES**
- Due to the restricted area adjacent to the Starting Pontoon, no stopping within 30m of the eastern or western ends of the Start Pontoon

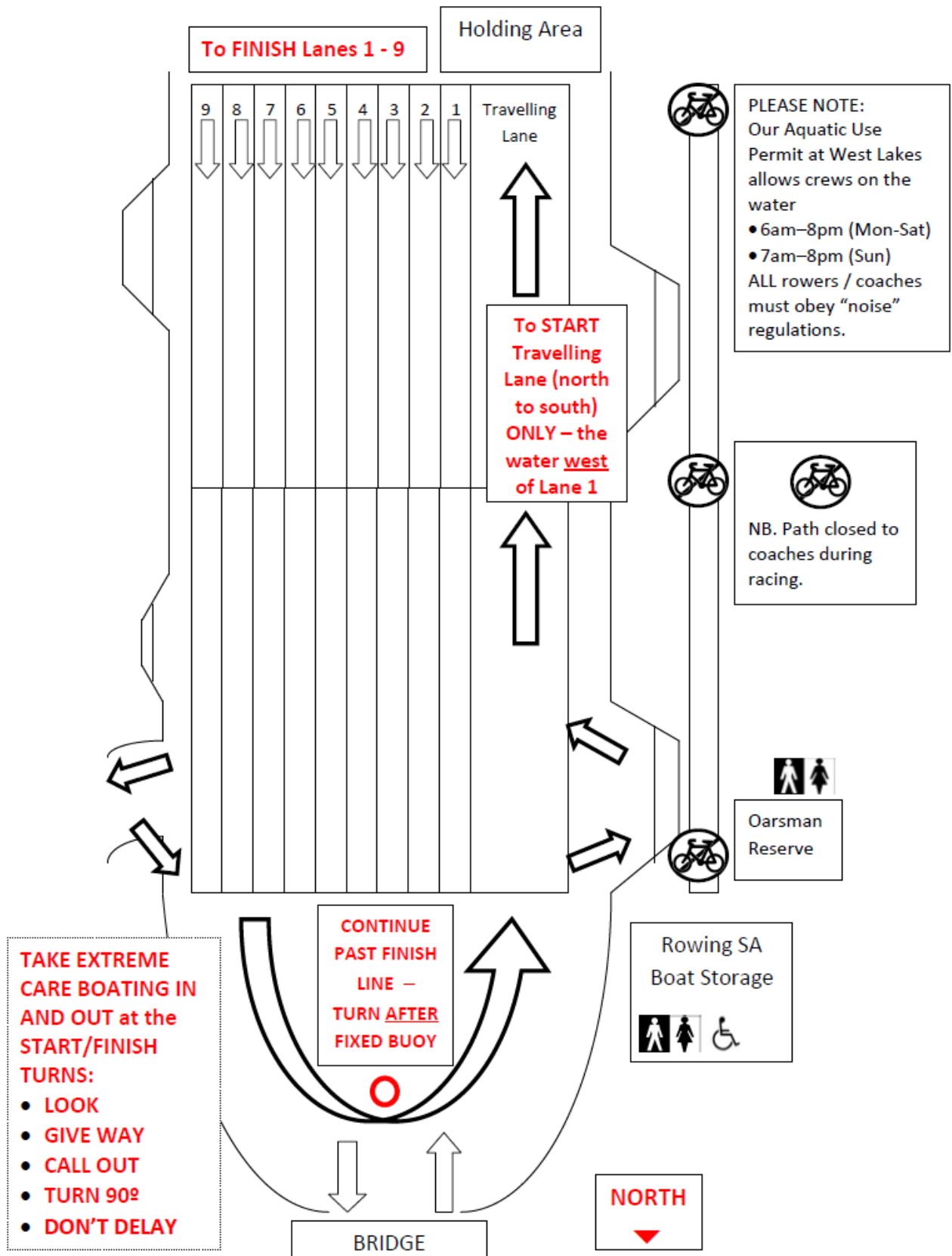
NOISE RESTRICTIONS

- ALL rowers/coaches must obey local 'noise' regulations. Please keep noise to a minimum before 7am
- No power megaphones at any time

IT'S EVERYONE'S RESPONSIBILITY TO FOLLOW, AS WELL AS TO POLICE, THESE RULES. THEY ARE TO ENSURE EVERYONE'S SAFETY ON THE WATER

Please report any infractions and incidents to course@rowing.sa.asn.au
For more information, please refer to WEST LAKES SAFETY POLICY on the Rowing SA Website

WEST LAKES ROWING COURSE RACING RULES FOR ROWING CREWS



WEST LAKES ROWING BOAT LIGHT RULES

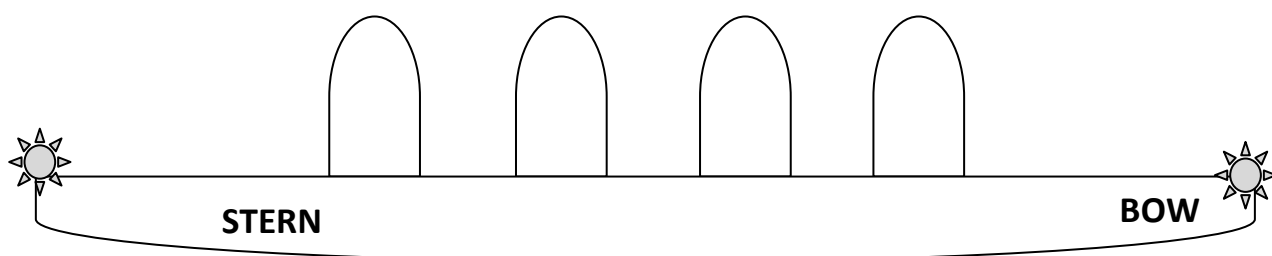
All crews rowing at West Lakes must show light(s) if operating at night or in restricted visibility.

Even a boat that does not travel between dusk and dawn may still need to show lights, for example during a rain shower or in dark cloud cover.

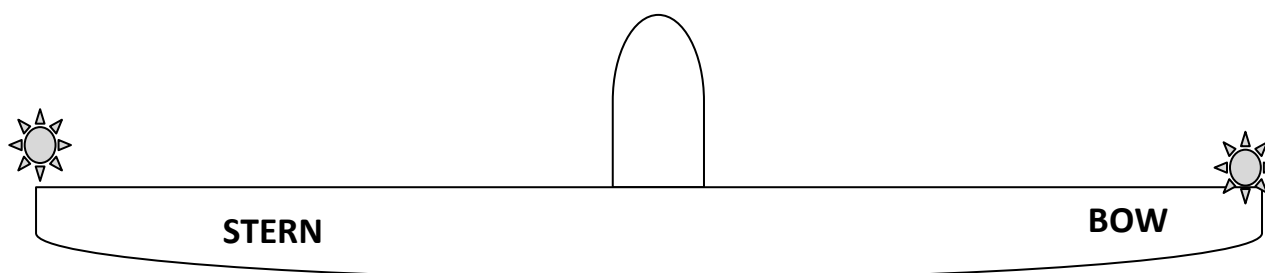
COMPULSORY LIGHT SETUP

It is compulsory to have the following lights fitted to illuminate the rowing boat in low light situations.

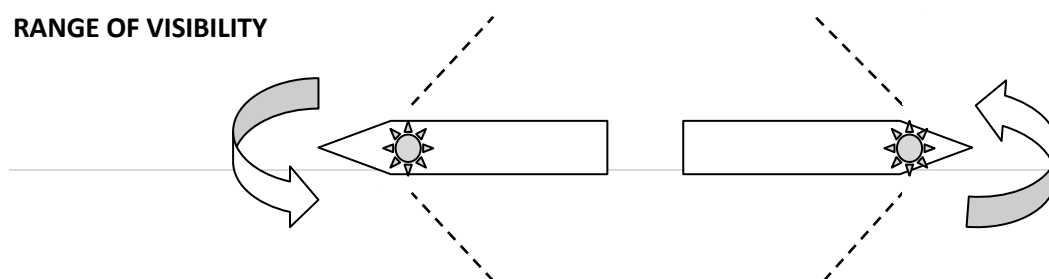
- Two all-round white lights, one attached to the boat at or near the forward or bow end, and one attached to the boat at or near the stern end.
- A continuous white light is considered acceptable if is visible in clear conditions from a distance of 1 kilometre
- A flashing white light is considered acceptable if it flashes at least once per second and is visible in clear conditions from a distance of 1 kilometre
- Notwithstanding the above it is considered acceptable for a light to be masked so as not to interfere with the vision of the vessel's occupants, provided at least one light is visible from any direction (see diagram below)



OR



RANGE OF VISIBILITY



ROWING SA – INCIDENT REPORTING

This form is to be completed in the event of an on-water or off-water incident; a rower(s) injury during bone fide training and/or competition; and equipment damage. This form is also to be completed to report near misses of incidents where by a rower or rower could have been injured during bone fide training and/or competition.

1.0 PERSONAL DETAILS

1.1 Person 1 involved in incident

Surname: _____ First Name: _____ Mobile: _____

Email: _____ Address: _____

Suburb: _____ Postcode: _____ Club/School: _____

1.2 Person 2 involved in incident

Surname: _____ First Name: _____ Mobile: _____

Email: _____ Address: _____

Suburb: _____ Postcode: _____ Club/School: _____

1.3 Other persons involved in incident

Provide details as requested above on a separate sheet of paper and attach to this form when submitting to Rowing SA.

2.0 INCIDENT PARTICULARS

2.1 Nature of Incident (*tick all that apply*)

- Collision between rowing vessels
- Collision between rowing vessel & fixed structure (i.e. bank/jetty/etc)
- Collision between rowing vessel & powered vessel
- Rowing vessels not obeying water way rules
- Powered vessels not obeying water way rules
- Obstructions present on rowing course
- Other _____

2.2 Vessel Particulars Involved

- Number of rowing vessels _____
- Type of rowing vessel (e.g. 1x, 2- 4+, etc) _____
- Number of powered vessels involved _____
- Type of powered vessels (e.g. ferry, barge, speed boat, etc) _____
- Other non-powered vessels (e.g. canoe/kayak)
- Registration Number _____
- Vessel Name _____
- Other _____

2.3 Incident Contributors (tick all that apply in your opinion contributed to the incident)

- | | |
|--|---|
| <input type="checkbox"/> Strong current | <input type="checkbox"/> Choppy/rough water |
| <input type="checkbox"/> Rain | <input type="checkbox"/> Strong wind |
| <input type="checkbox"/> Fog/haze | <input type="checkbox"/> Equipment failure |
| <input type="checkbox"/> Flood | <input type="checkbox"/> Safety lights absent |
| <input type="checkbox"/> Excessive speed | <input type="checkbox"/> Poor judgement |

Other (specify details) _____

3.0 INJURY

Describe in detail any injuries and required treatment (i.e. first aid required or ambulance called) as a result of the incident. Include the number of any fatalities, if occurred:

4.0 INCIDENT DETAILS

Date of Incident: ___/___/_____

Please describe in **accurate detail and in typed print**, what happened. Include sequence of events, failure of equipment, inappropriate equipment, etc. to help describe the incident. Diagrams may be used. Use the box below, or additional sheets if required.

5.0 WITNESSES

No witnesses

Name	Address	Telephone

Signature of person completing report

Report Date: ___/___/___

Submit entire form to Rowing SA by: Email: manager@rowingsa.asn.au
Fax: 08 8242 3162 Mail: 100 Military Road, West Lakes Shore SA 5020.

6.0 INCIDENT ACTION (*Rowing SA use only*)

Action Description	By Who	Target Date	Finish Date