



## **2022 SOUTH AUSTRALIAN PATHWAY STATE TEAM SELECTION POLICY & KEY DATES**

This policy covers the selection of crews and coaches to represent South Australia at the 2022 Pathway Regatta in May. The role of the Rowing SA State Team Selection Panel (STSP) is to select the best performing crews and coaches to represent South Australia at this regatta.

The objective of this State Team Selection Policy is to provide a framework that underpins this aim, by selecting the athletes and coaches who will give South Australia the greatest chance of achieving its best performance at the Pathway Regatta. All crew and coach selections are to be submitted by the Selection Panel for endorsement by the Rowing SA Board.

The 2022 State Team Selection Panel consists of:

- Jason Lane
- Andrew Stunell
- Fearnley Szuster
- Peta White

Will Mailing will carry out a formal consultative role as coxswain advisor to the Selection Panel as well as provide mentoring to coxswains.

### **NOMINATION CRITERIA**

Nominating individuals must:

1. Still be under the age of 19 as at 31 December 2022.
2. Still be enrolled as a fulltime school student during the time of competition (May 2022).
3. Be a current financial and registered member of Rowing SA, or another State Rowing Association.
4. Adhere to the Rowing Australia Rules of Racing, State and Territory of Origin (7.3, Rule Book 2018 edition).
5. Nominate by the due dates stated in the selection criteria (see Appendix 1 for key dates).
6. Agree to abide by all Rowing SA Policies.
7. Be available for training sessions (except for extenuating circumstances e.g. competing at an interstate rowing event) and all selection events as outlined (see Appendix 1 for key dates).
8. Be available between 1 May 2022 and 8 May 2022 to attend the Pathway Regatta (specific dates TBC).
9. Attend a face-to-face State Team briefing on Monday 13 December (invitation to be sent to all nominees upon nominating).
10. Nominate for either bow side or stroke side. Athletes will initially be considered for the side on which they nominate, further trialling will be subject to the sectors' discretion.
11. All athletes will be required to provide their personal best 2km ergo time performed between 1 January 2021 and the date of their nomination.
12. Athletes will be required to confirm their competency rowing sweep and have their coach endorse their 2km ergo time and sweep competency.

### **SELECTION CRITERIA**

1. Nominating athletes will be required to train as part of the pathway training squad at the STSP's discretion.
2. Athletes will be required to attend selection events at the discretion of the STSP. Invitations to selection events will be distributed based on performances at selection events and training within the pathway training squad.
3. Athletes will be selected in crews based on results from the seat racing as highest priority. If two athletes are considered approximately equal after this event, a countback of results will take place beginning with the next highest priority event and continuing down.
4. The final crews may be required to perform a speed trial to be considered for recommendation to the Rowing SA Board.

Please refer to Appendix 1 for a summary of the selection process and key dates.

## **COXSWAIN CRITERIA**

The following may be considered for selection:

1. Target weight of 55kg for April seat racing.
2. Voice recording of a race submitted with nomination.
3. Voice recording and GPS tracking during a race or training day.
4. Crew/athlete feedback.
5. Coxswain advisor/consultant feedback.

Coxswains must demonstrate an ability to achieve weight. e.g. previous history and/or weight management plan. Coxswain performance will be assessed during all state team trainings.

## **EXEMPTIONS**

1. Athletes with school commitments during selection events may apply for special consideration to the selectors.
2. In the case of illness or injury, athletes will be required to undergo an examination by a medical practitioner or other relevant health professional, and the following additional requirements may apply:
  - Athletes may be required to see a designated health professional for ongoing injury or illness monitoring/treatment.
  - Athletes will be required to provide medical clearance to return to the selection process.
  - Athletes will be required to consent to the provision of confidential information from any such practitioner or professional to the selectors.
3. Athletes with medical exemptions will only proceed through the selection process at the selectors' discretion and with appropriate medical clearance.
4. Athletes with medical exemptions will be required to complete testing to progress to the next stage of the selection process, subject to selectors' discretion.

## **COACHES SELECTION CRITERIA**

1. Coaches must have experience in managing and coaching a crew.
2. Nominations will be considered based on the applicant's recent coaching record and achievements.
3. Coaches for the Pathway training days will be invited and assigned by the STSP, observations will be made during the Pathway Training days.
4. The nominated lead coaches of the winning first eights at the 2022 Head of the River will be recommended as those crew's lead coaches for the 2022 Pathway Regatta, regardless of whether those coaches have nominated for a 2022 State Pathway coach position.

Coaches must:

- Have the necessary communication skills to successfully communicate aims, objectives and the required commitment to the athletes.
- Hold minimum NRCAS L1 accreditation, but desirable to hold NRCAS L2 accreditation or equivalent qualifications or experience.
- Have a current 'Working With Children Check' (WWCC) screening clearance to satisfy SA legislative requirements, and any other requirements as requested by Rowing SA.
- Be a compatible coach to work with the nominated crew.
- Demonstrate a commitment to the Rowing SA Code of Conduct and the Rowing Australia Coach Code of Ethics.
- Attend an interview as part of the selection process.
- Not show preference nor favour their own athletes.

## PATHWAY TRAINING DAYS

- Nominating athletes must attend at least one pathway training day (see Appendix 1 for key dates).
- Registration for each training day will open 28 days prior to the training day and will close 7 days prior to the training day.
- See Appendix 2 for an indicative schedule of the training days.

## PATHWAY SEAT RACING

- Athletes will be invited to attend seat racing based on the following:
  - Submitted 2km ergo score;
  - Performance during training days;
  - Results from State Team selection events from the 2022 Men's and Women's Youth Eight selections.
- Coxswains will be invited to attend seat racing based on the following:
  - Submitted voice recording with nomination;
  - Performance during training days;
  - Results from State Team selection events from the 2022 Men's and Women's Youth Eight selections.

## WINNING HEAD OF THE RIVER FIRST EIGHTS

- The STSP reserves the right to send more than one Women's and Men's Pathway Eight's to the 2022 Pathway Regatta.
- The winning Schoolgirl and Schoolboy First Eights from the 2022 Head of the River Regatta will be extended an invitation to represent South Australia at the 2022 Interstate Pathway Regatta, regardless of whether all athletes have nominated or attended selection events.
- Athletes in these crews who are unavailable to compete at the 2022 Interstate Pathway Regatta will be replaced with highest ranked nominated athletes selected through seat racing.

## SELECTORS' DISCRETION

1. The selectors are obliged to follow the selection criteria and processes.
2. The selectors may apply a standard which calls for a value judgment and overall assessment of the relevant criteria.
3. The exercise of their discretion must be rational, logical, defensible, accountable, and most importantly, fair to all athletes.
4. Nominations submitted after the due date will be accepted at the discretion of the selectors.

## CODE OF BEHAVIOUR

We seek to provide a safe and fair environment for everyone involved in State Team Selection. To achieve this, we require certain standards of behaviour of athletes, their coaches, officials, administrators, parents/guardians (of child participants) and spectators. All athletes, their coaches, officials, administrators, parents/guardians and spectators must abide by the Rowing Australia Member Protection Policy dated 30 June 2020 - <https://rowingaustralia.com.au/wp-content/uploads/2020/07/RA-MPP-Version-9.pdf>

In addition:

- Athletes and their coaches are not to interfere with the selector's process during selection events.
- Should an athlete, coxswain or coach have a concern with the selection process they should email the selection panel at [stsp@rowingsa.asn.au](mailto:stsp@rowingsa.asn.au).

## APPEAL PROCESS

Should an athlete, coxswain or coach consider that, to their detriment, natural justice has not been applied during the selection process, then that athlete can lodge in the first instance an appeal to the Rowing SA State Team Selectors **within 48 hours** of being notified that they are no longer part of the trial or selection process, or that they have not been selected into a crew, if it is considered that the established criteria and processes have not been followed.

RSA appeals process refer to RSA By-Laws Section 14 – <https://rowingsa.asn.au/wp-content/uploads/2018/08/By-Laws.pdf>

EMAIL CONTACT FOR SA STATE SELECTION PANEL 2021/22: [stsp@rowingsa.asn.au](mailto:stsp@rowingsa.asn.au)

## APPENDIX 1 – PATHWAY REGATTA CREW SELECTION PROCESS & KEY DATES

Priority	Date	Requirement	Event	Location	Boat	Notes
	Monday 13 September		Coach, athlete and coxswain nominations open			<a href="#">Athletes and Coxswains: NOMINATE HERE</a> <a href="#">Coaches: NOMINATE HERE</a>
	Sunday 12 December		Coach, athlete and coxswain nominations close			
	Monday 13 December 6.30pm	Mandatory	Face to Face briefing, Q&A	Venue TBC		Invitation to be sent to your email address following your nomination submission
2	1 January - 28 January	Mandatory	2km Ergo Test	Own Club and supervised by your coach		<a href="#">Link to submit result</a>
2	Sunday 30 January	Attendance at one training day is mandatory	Pathway Training Day	Murray Bridge		See Appendix 2
2	Sunday 20 February		Pathway Training Day	Murray Bridge		See Appendix 2
1	Saturday 9 April - Sunday 10 April	Invitation	Pathway Seat Racing	West Lakes		Coxswains to be at target weight of 55kg
	Monday 11 April – Saturday 30 April	Invitation	Pathway Training	West Lakes		Sessions to be advised
	Sunday 1 – Sunday 8 May (specific dates TBC)	Invitation	Pathway Regatta	Penrith, NSW		

## APPENDIX 2 – PATHWAY TRAINING DAY INDICATIVE SCHEDULE

<b>Location</b>	Murray Bridge Rowing Centre, Murray Cods Drive, Murray Bridge
<b>TIME</b>	<b>EVENT</b>
6:30am	Arrival time
6:45am	Group briefing by STSP
7:00-8:45am	Row 1
8:45am	Crew debrief
9:00-10:00am	Breakfast with video analysis
10:15-11:45am	Row 2
11:45am	Crew debrief
12:00pm	Talk by former National Team Representative
12:30pm	Pick up